



2025-26 Knighthawks

PLAYER PROFILES

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29 | TYLER BILES | 6-1 | 209 lbs.

IR

DEFENSE

Shoots: Left | Georgetown, Ontario | August 21, 1998 |
Sixth-Year Pro

ACQUIRED

Selected by the Rochester Knighthawks in the fourth round (49th overall) of the 2019 NLL Entry Draft. Re-signed a three-year deal with the Knighthawks on November 4, 2025.

CAREER HIGHLIGHTS

Entering his sixth season in the NLL and sixth with the expansion-era Knighthawks ... Won his third straight Mann Cup with the Six Nations Chiefs in 2025 ...

24-25 - Set the new single-game franchise record for penalty minutes with 27 on 2/22/25 at Calgary, breaking his own previous record ... Set a career high for Loose Ball recoveries in a game with six against the Buffalo Bandits on December 28, 2024

21-22 - Scored his first pro goal in 15-7 win over Calgary on 4/22/22 ...

19-20 - racked up nine penalty minutes and 15 loose ball recoveries in his six games played ...

JUNIOR – Played for the Junior “A” Brampton Excelsiors under Pat O’Toole and Mike Hasen... Since 2015, he has appeared in 78 combined junior games with Brampton and Halton Hills (Junior “B”), recording one goal and 16 assists for 17 points ... In 2018, he played for the Ontario champion Excelsiors and competed in the Minto Cup.

REGULAR SEASON								PLAYOFFS					
SEASON	TEAM	GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2019-20	Rochester	6	0	0	0	9	15	--	--	--	--	--	--
2020-21	COVID												
2021-22	Rochester	18	1	2	3	61	35	--	--	--	--	--	--
2022-23	Rochester	16	0	2	2	24	37	1	0	0	0	0	2
2023-24	Rochester	14	0	1	1	19	31	1	0	1	1	4	3
2024-25	Rochester	14	0	4	4	37	35	1	0	0	0	0	2
Totals		68	1	9	10	150	153	3	0	1	1	4	7

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37 | DAN COATES | 6-0 | 195 lbs.

DEFENSE

Shoots: Right | St. Catharines, Ontario | April 6, 1987 |

13th-Year Pro

TEAM CAPTAIN

DRAFTED

Originally selected by the Colorado Mammoth in the first round (eighth overall) pick in the 2011 NLL Entry Draft.

ACQUIRED

Signed a two-year deal with the Rochester Knighthawks on August 5, 2021. Re-signed a one-year deal with the Knighthawks on July 16, 2024.

CAREER HIGHLIGHTS

Entering his 13th NLL season and fifth with the expansion-era Knighthawks ... Named the second team captain in franchise history.

24-25 – Led the Knighthawks to their third consecutive playoff berth.

23-24 - Recorded his 100th career point with his second of two assists at Saskatchewan on 12/9/23.

22-23 - Scored the game-winning goal in his return to the lineup in the 19-18 win at Georgia on 3/12/23 after missing the previous seven games due to injury.

21-22 - In his first season with Rochester in 2021-22, he paced all defensemen with 13 assists and 23 caused turnovers... He was just one of five players to appear in all 18 games ... Scored his first goal as a Knighthawk and added an assist against Toronto on 4/09/22 ... Recorded his first two points as a Knighthawk with a pair of assists against Georgia on 1/21 ... Made his Knighthawks debut at New York on 12/04.

GEORGIA - Acquired by the Georgia Swarm on July 6, 2020, but was unable to appear in a game following the cancellation of the 2020-21 NLL season due to the COVID-19 pandemic.

COLORADO - He spent nine seasons with the Colorado Mammoth, during which he compiled 75 points (15+60), 492 loose ball recoveries and 139 caused turnovers in 128 career games ... Departed the Mammoth ranked second in franchise history in caused turnovers (139), fourth in face-off wins (477) and games played (128) and seventh in loose balls (492) ... A four-year captain, also added six points (1+5) and 28 loose balls in 10 postseason contests while leading the team to an



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unprecedented eight straight playoff appearances from 2012-2019, including a pair of trips to the Western Division Final over a three-year span.

MANN CUP – Won three Mann Cups with Six Nation’s Chiefs in 2013, 2014, and 2016.

CANISIUS - Prior to turning pro, played his collegiate lacrosse at nearby Canisius College ... Appeared in 50 games with the Griffins during his four-year career at Canisius (2008-11), helping the program capture its first Metro Atlantic Athletic Conference Tournament Championship ... The first defender in program history to garner All-MAAC First Team distinction, finished his collegiate career with 113 ground balls and 40 caused turnovers to go along with two goals and four assists.

REGULAR SEASON								PLAYOFFS					
SEASON	TEAM	GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2011-12	Colorado	16	3	7	10	18	94	1	0	1	1	0	2
2012-13	Colorado	13	0	7	7	15	50	1	0	2	2	0	4
2013-14	Colorado	18	2	14	16	14	71	1	1	1	2	0	3
2014-15	Colorado	18	1	11	12	10	63	1	0	0	0	0	2
2015-16	Colorado	16	3	6	9	25	66	1	0	0	0	0	2
2016-17	Colorado	17	3	2	5	18	48	3	0	1	1	0	6
2018-19	Colorado	18	1	10	11	10	68	2	0	0	0	2	9
2019-20	Colorado	12	2	3	5	12	34	--	--	--	--	--	--
2020-21	COVID												
2021-22	Rochester	18	1	13	14	4	109	--	--	--	--	--	--
2022-23	Rochester	11	2	5	7	4	61	1	0	0	0	0	6
2023-24	Rochester	10	0	7	7	2	46	1	0	1	1	0	2
2024-25	Rochester	8	0	4	4	4	38	1	0	0	0	0	1
Totals		175	18	89	107	136	748	13	1	6	7	2	37



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55 | Mitchell Dunham | 6-5 | 220 lbs.

DEFENSE

Shoots: Left | Hamilton, Ontario | December 22, 2001 | Rookie

DRAFTED

Selected by the Rochester Knighthawks with the 47th overall pick of the 2025 NLL Entry Draft.

ACQUIRED

Signed a three-year contract with the Rochester Knighthawks on October 29, 2025.

CAREER HIGHLIGHTS

25-26 – Elevated from the practice squad to the active roster after Tyler Biles was moved to IR 12/12/25.

Prior to being drafted spent his Senior season of college lacrosse with the University of Richmond. In 2025 he led the Spiders in caused turnovers (37) and scooped up 48 ground balls. In that season, he helped the Spider's reach the NCAA Quarterfinal where they took the eventual champions Cornell Big Red down to the wire in a one-goal game.

Before joining the Spiders, Dunham spent three seasons at Mount St. Mary's. As a sophomore and junior he earned First-Team All-MAAC honors. He tallied 187 ground balls and 86 caused turnovers for the Mount.

Drafted by the Utah Archers in the third round of the Premier Lacrosse League Draft in 2025.



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10 | CONNOR FIELDS | 6-0 | 180 lbs.

FORWARD

Shoots: Left | East Amherst, New York | October 10, 1995 | Seventh-Year Pro

DRAFTED

Originally selected by the San Diego Seals in the first round (10th overall) of the 2018 NLL Entry Draft.

ACQUIRED

Acquired by the Rochester Knighthawks along with goaltender Riley Hutchcraft and the first overall pick in the 2022 NLL Entry Draft from the Las Vegas Desert Dogs during the 2022 Expansion Draft. Signed a three-year contract with the Knighthawks on August 11, 2022. Signed a four-year contract extension with the Knighthawks through the 2028-29 season on August 29, 2024.

CAREER HIGHLIGHTS

Enters his seventh season in the NLL and fourth with the expansion-era Knighthawks ... The Reigning NLL MVP has recorded at least one point in each of his 56 career games with Rochester ...

25-26 – Fields opened this season with a six-point performance (4+2) he notched a second quarter hat trick to help the Knighthawks to a dominant 15-7 win over the San Diego Seals on 12/14/25.

RECORDS – His 471 career points currently rank him seventh in scoring all-time amongst American players ... (**'25**) Became the first American-born player in league history – and just the second overall behind Buffalo's Dhane Smith – to record three consecutive 100-point seasons ... (**'24**) First player since John Tavares in 2001 to record more than 115 points and 150 loose ball recoveries in the same season ... Additionally, became just the second American-born player in league history, joining Philadelphia's Joe Resetarits, to reach the 100-point mark in back-to-back seasons ... Set the NLL's single-season record for shots with 267, surpassing the original mark of 255 set by Toronto's Tom Schreiber.

POTWs – Recorded an 11-point effort (6+5) against Albany on 3/9/24 ... Recorded 11 points (4+7) at Saskatchewan on 12/9/23 ... Recorded a team-high 10 points (4+6) in his Knighthawks debut at Georgia on 12/03/22.

24-25 - Became just the fourth player in league history to have at least three 110-point seasons Notched five points (3+2), including his 200th career goal, in the 14-13 win over San Diego on



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3/29/25 ... Recorded his 400th career point as part of an eight-point effort against Colorado on 1/25/25.

23-24 - Led the Knighthawks in goals (55) assists (64) and points (120) ... Named the team's Offensive MVP for second straight season ... Ranked second in the NLL in goals and fourth in overall scoring while pacing all forwards in shots (267) and loose ball recoveries (158) ... Saved his best performance for the final weekend of the season, totaling 16 points (11+5) in a pair of must-win games which secured the team a playoff berth for the second straight year ... Single-handedly led Rochester to its most dominant win in franchise history on 4/21/24 against Philadelphia 12-3, scoring a franchise-record seven goals, including all four in the second quarter Set the single-game franchise record for points (14) in the 19-15 win at Panther City on 3/3/24 ... Had a streak of 24 straight games with two or more goals spanning two seasons from 12/2/22 to 2/3/24 ... Set the single-game franchise record with 21 shots on goal at San Diego on 12/29/23.

22-23 - Named the Knighthawks Offensive MVP and a Second Team All-League selection ... Closed out his first season in Rochester leading the Knighthawks in all offensive categories, including goals (52), assists (60) and points (112) ... Finished second in the league in goals and fifth in scoring while leading all forwards with 142 loose ball recoveries ... One of just three players, joining New York's Jeff Teat and Saskatchewan's Robert Church, to have 50 goals and 50 assists, marking the first time since 2002 the NLL had three different players reach the marks in the same season ... Reached 300 career loose ball recoveries and became just the second American-born player (Roy Colsey, 2001) in league history to score 50 goals in a season against Georgia on 4/22/23 ... Also became just the third player ever and first since Athan Iannucci in 2008 to record more than 100 points and 130 loose balls in the same season ... Became the first player in franchise history to record 100 points in a season following his third 10-point effort (2+8) of the season in the 14-12 loss to Albany on 4/8/23... Also became just the third American-born player to reach the 100-point mark in a season, a feat previously accomplished by only Joe Resetarits (2018 and 2021-22) and Tom Schreiber (2022-23) ... Recorded his 100th point of the season on his 100th career goal ... Surpassed 200 career points with two goals and three assists at Las Vegas on 3/25/23.

BUFFALO - Completed his third NLL season in 2021-22 with 67 points (32+35) in 18 games for the Buffalo Bandits, good for third on the team in scoring ... Also added 16 points (7+9) in six playoff contests while leading the Bandits to their second NLL Finals appearance in three years ...

FIELD - Helped bring the Utah Archers to back-to-back Premier Lacrosse League (PLL) championships in 2023 and 2024 ... Three-time PLL All-Star selection (2019, 2023 and 2024) ... Named a Finalist for the Eamon McEneaney Attackman of the Year Award following the 2023 season ... Two-time PLL First Team All-Pro selection (2019, 2023), including as a rookie in 2019 when he tied for second in the PLL in goals.



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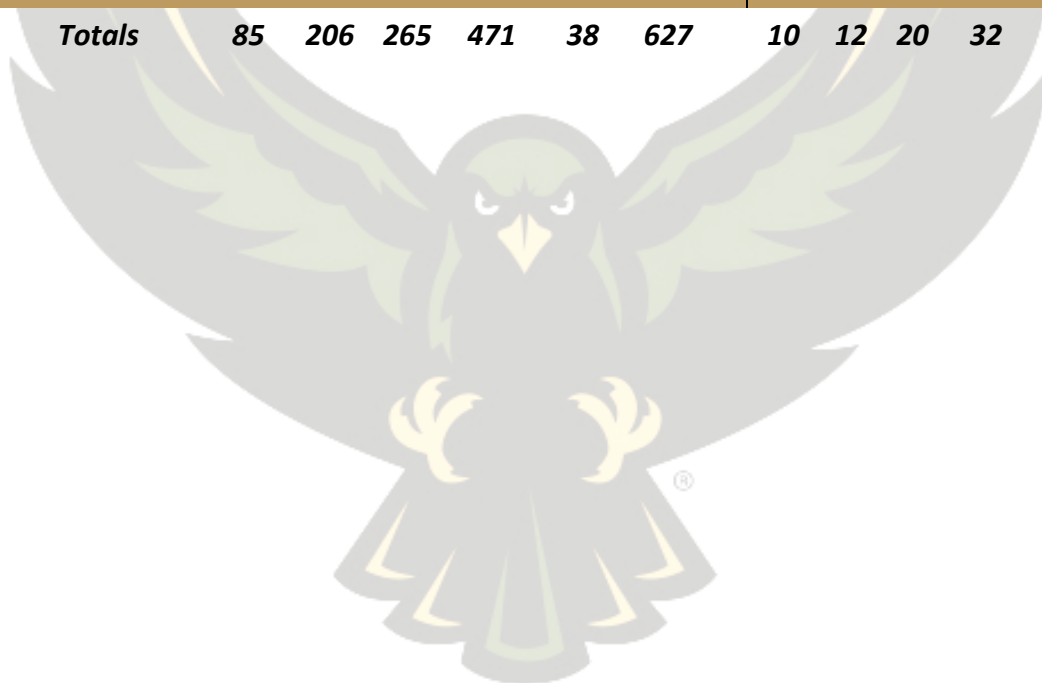


ALBANY – In 69 games as a Great Dane, scored 199 goals and 165 assists for 364 points, also scooped up 137 groundballs. Three-year Tewaaraton Nominee from 2016-18, finalist in **2017**. His 364 points ranked second all-time in NCAA Division I when he graduated in 2018.

REGULAR SEASON

PLAYOFFS

SEASON	TEAM	GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2018-19	San Diego	2	2	3	5	0	8	1	1	0	1	0	4
2019-20	San Diego	12	18	26	44	2	73	--	--	--	--	--	--
2020-21	COVID												
2021-22	Buffalo	18	32	35	67	2	97	6	7	9	16	0	29
2022-23	Rochester	17	52	60	112	12	142	1	1	4	5	0	7
2023-24	Rochester	18	56	64	120	10	159	1	1	3	4	0	8
2024-25	Rochester	18	46	77	123	12	148	1	2	4	6	0	6
Totals		85	206	265	471	38	627	10	12	20	32	0	54



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47 | Clifford Gaston | 5-9 | 165 lbs.

FORWARD

Shoots: Right | Welland, Ontario | August 2, 2001 | Rookie

DRAFTED

Selected by the Rochester Knighthawks with the 85th overall pick of the 2025 NLL Entry Draft.

ACQUIRED

Signed a three-year contract with the Rochester Knighthawks on October 29, 2025.

CAREER HIGHLIGHTS

Prior to being drafted, spent four years at the Rochester Institute of Technology as an attackman. Finished his career with the second-most goals (229) and points (315) in program history, only behind NLL Champion Ryan Lee. He won an NCAA championship with the Tigers as a freshman and never missed an NCAA semifinal round in four years of college.

A two-time USILA First-Team All-American, Gaston played in 79 career games for the Tigers. Of those 79 he scored at least six goals in 12 of those games. On four occasions he had seven goals, as a freshman in the NCAA semifinals against Tufts, as a junior in the playoffs against Bowdoin, and twice in his senior year against Dickinson and Skidmore.



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6 | BRAD GILLIES | 6-1 | 200 lbs.

DEFENSE

Shoots: Right | Oakville, Ontario | June 14, 1991 | 10th-Year Pro

DRAFTED

Originally selected by the previous Rochester Knighthawks franchise in the first round (9th overall) of the 2015 NLL Entry Draft.

ACQUIRED

Signed a three-year contract with the Rochester Knighthawks as a free agent on August 17, 2022. Re-signed a one-year contract with the Rochester Knighthawks on October 31, 2025.

CAREER HIGHLIGHTS

Enters his 10th season in the NLL and fourth with the Knighthawks.

24-25 – In 17 games last season Gillies blocked 11 shots, caused 10 turnovers and scooped up 44 loose-ball recoveries. On January 4th against Georgia he had an “all over the floor” stat line, he notched a goal, an assist, six loose-ball recoveries, two caused turnovers and two blocks as the Knighthawks defeated the Swarm.

23-24 - Named Chopper’s Community Champ for his dedication and service to the Rochester community ...

22-23 - Reached 400 career loose ball recoveries with six at Philadelphia on 4/2/23 ... Appeared in his 100th professional game against Philadelphia on 3/19/23 ... Recorded his second career hat trick – and first in the regular season – in the 11-10 overtime win over New York on 2/25/23, Netted his third goal of the game with 58 seconds remaining in overtime, ending the second-longest game in NLL history.

ORIGINAL KNIGHTHAWKS - In 59 games with previous Knighthawks, Gillies recorded 50 points (22+28) and was a three-time winner of the team’s community service award ...

RIT - Prior to turning pro, Gillies was a four-year starter at the Rochester Institute of Technology (R.I.T.) from 2012-2015 ... A mainstay on the Tigers midfield, he tallied 97 career points on 27 goals and 70 assists in 83 career games, helping the Tigers to four Liberty League titles and four trips to the NCAA Division III Tournament, including a championship game appearance in 2013 ... A 2015



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USILA Honorable Mention Division III All-American selection and a second team All-Liberty League pick... A co-captain in 2015, Gillies played in all 22 games, tallying career highs in points with 53, goals with 11 and led the team with 42 assists... He left the program as a three-time Liberty League All-Academic selection and a USILA Academic All-America selection in 2015

JUNIOR - Two-time Minto Cup winner at the junior level, winning championships in 2009 and 2012 with Orangeville,

FIELD - Played one game with the Rochester Rattlers (MLL) in 2017.

REGULAR SEASON								PLAYOFFS					
SEASON	TEAM	GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2015-16	Rochester	6	2	2	4	0	24	--	-	-	--	--	--
2016-17	Rochester	18	8	7	15	6	90	--	-	-	--	--	--
2017-18	Rochester	17	8	11	19	6	65	--	-	-	--	--	--
2018-19	Rochester	18	4	8	12	0	89	5	4	1	5	0	22
2019-20	Halifax	11	2	3	5	4	33	--	-	-	--	--	--
2020-21	COVID												
2021-22	Halifax	17	4	5	9	4	49	1	1	0	1	0	1
2022-23	Rochester	17	7	6	13	0	57	1	0	0	0	0	0
2023-24	Rochester	18	1	3	4	4	37	1	0	0	0	0	0
2024-25	Rochester	17	2	3	5	6	44	1	1	0	1	0	3
Totals		139	38	48	86	30	488	9	6	1	7	0	26



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81 | MATT GILRAY | 6-3 | 206 lbs.

TRANSITION

Shoots: Right | Oshawa, Ontario | May 11, 1995 | Seventh-Year Pro

ALTERNATE CAPTAIN

DRAFTED

Originally selected by the Buffalo Bandits in the first round (third overall) of the 2018 NLL Entry Draft.

ACQUIRED

Acquired by the Rochester Knighthawks along with a fourth-round pick in 2020 from the Buffalo Bandits in exchange for the 19th overall pick in the 2020 NLL Entry Draft, a first-round pick in 2021 and a second-round pick in 2023 on September 17, 2020. Re-signed a three-year contract with the Rochester Knighthawks on August 29, 2022.

CAREER HIGHLIGHTS

Enters seventh season in the NLL and fifth with the expansion-era Knighthawks ...

24-25 - Reached 600 career loose ball recoveries at Halifax on 1/18/25 ...

23-24 - Named the Knighthawks Defensive MVP after setting the single-season franchise record with 174 loose ball recoveries, which ranked fourth in the league ... Finished 10th amongst all NLL transition players in scoring with 21 points (7+14) while appearing in all 18 games.

22-23 - Recovered his 300th career loose ball against New York on 2/25/23.

21-22 - Recovered 69 loose balls in his first year with the team ... Scored his first two goals as a Knighthawk against Georgia on 1/21 ... Made his Knighthawks debut at New York on 12/04 ...

BANDITS – In two seasons with Buffalo, played in 33 games between the regular season and playoffs, totaled 165 LBs and 22 CTs.

BUCKNELL - Played his collegiate lacrosse at Bucknell University, where he was a two-time team captain and an All-Patriot League Second Team selection in each of his last three years ... In 53 games with the Bison, he totaled 10 points (5+5) and 149 ground balls, including eight points (4+4) during his sophomore season ...



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BREWSTER - Was a four-year letter-winner in both lacrosse and hockey while attending Brewster Academy in New Hampshire ... As a member of the lacrosse team, he was part of three NNELL championship teams and was named a 2014 All-America selection after setting a single-season school record for points by a defenseman with 26 (10+16) ... Also named among Inside Lacrosse's top 100 recruits following his senior season, during which he served as team captain ...

MSL – Four-time Mann Cup champion with the Peterborough Lakers under Mike Hasen and Pat O'Toole.

FIELD - Two seasons with the Boston Cannons of Major League Lacrosse.

INTERNATIONAL

Won gold with Team Canada at the 2024 World Box Lacrosse Championships in Utica in September ... appeared with Team Canada at the 2018 FIL World Lacrosse Championship

REGULAR SEASON

PLAYOFFS

SEASON	TEAM	GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2018-19	Buffalo	18	3	2	5	11	69	4	0	2	2	0	15
2019-20	Buffalo	11	5	7	12	2	81	--	--	--	--	--	--
2020-21	COVID												
2021-22	Rochester	12	6	3	9	16	69	--	--	--	--	--	--
2022-23	Rochester	18	10	17	27	2	154	1	0	1	1	0	7
2023-24	Rochester	18	7	14	21	8	174	1	0	0	0	0	10
2024-25	Rochester	18	7	12	19	22	127	1	0	1	1	2	8
PRO TOTALS		95	38	55	93	61	674	7	0	4	4	2	40



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8 | Nathan Grenon | 5-10 | 175 lbs.

FORWARD

Shoots: Left | Stittsville, Ontario | September 25, 1999 |

Fifth-Year Pro

DRAFTED

Originally selected by Panther City Lacrosse Club 11th overall in the 2021 NLL Entry Draft

ACQUIRED

Signed a one-year deal with the Rochester Knighthawks on November 14, 2025.

CAREER HIGHLIGHTS

Entering his fifth year in the league, The Knighthawks are Grenon's fifth stop in his NLL career.

24-25 – Played in two games with Ottawa at the beginning of the season, was released, then picked up by the Toronto Rock where he played eight games.

FIREWOLVES – Played the longest season of his career, helping the FireWolves to an NLL championship appearance. Played in 15 regular season games. Had two four-point games that season, 2+2 against Philadelphia on 12/16/2023 and four assists against Colorado on 2/17/2024.

PANTHER CITY – Played his first two NLL seasons with Panther City where he tallied 33 goals and 29 assists in 29 games. He notched at least four points five times in his career in Texas. His best game came against Saskatchewan in 2022 when he tallied one goal and six assists against the Rush.

SENIOR – In 2023-24, played for the Cobourg Kodiaks. He put up 27 goals and 30 assists in 18 games.

JUNIOR – Notched 48 goals and 59 assists in 57 games between the Toronto Beaches and Brampton Excelsiors in Junior "A". In his final season, played 19 games under Mike Hasen and Pat O'Toole with the Excelsiors. He scored 29 goals and 28 assists. In 2016, played Junior "B" for the Nepean Knights where he put up 37 goals and 23 assists in 16 games.

NCAA – Played four years of offensive midfield at Mercyhurst University.



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SEASON	TEAM	REGULAR SEASON						PLAYOFFS					
		GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2021-22	Panther City	16	19	18	37	22	44	--	--	--	--	--	--
2022-23	Panther City	13	14	11	25	8	46	1	0	1	1	2	2
2023-24	Albany	15	12	18	30	16	35	5	2	3	5	4	8
	Ottawa	2	1	0	1	2	7						
2024-25	Toronto	8	6	5	12	12	23	--	--	--	--	--	--
PRO TOTALS		54	52	52	104	60	155	6	2	4	6	6	10



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49 | RYLAN HARTLEY | 5-11 | 165 lbs.

GOALTENDER

Shoots: Right | Orangeville, Ontario | May 23, 1998 | Sixth-Year Pro

DRAFTED

Originally selected by the San Diego Seals in the second round (15th overall) of the 2018 NLL Entry Draft.

ACQUIRED

Selected by the Rochester Knighthawks in the third round of the 2019 NLL Expansion Draft. Re-signed a two-year contract with the Knighthawks on November 3, 2025

CAREER HIGHLIGHTS

Enters his sixth season in the NLL and sixth with the expansion-era Knighthawks ...

25-26 – Opened the season with the best game of his career., breaking a franchise record and a career high with 58 saves on the night. He also added one primary assist to his stat line on the Sunday matinee.

24-25 - Surpassed 2,000 career minutes played at Saskatchewan on 2/15/25 ...

23-24 - Backstopped the Knighthawks to their best win in franchise history with a 30-save effort in the 12-3 win over Philadelphia in the regular season finale on 4/21/24 ... Became just the ninth goaltender in league history to allow three goals in a game, which also set a franchise record ...

22-23 - Named the Knighthawks' Unsung Hero after starting all 18 games during the 2022-23 regular season ... One of just four netminders to play more than 1,000 minutes in the crease ... Finished third in minutes (1,049) and saves (713) while his 10 wins tied for fourth ... Surpassed the 1,000-save mark for his pro career with 45 against Philadelphia on 3/19/23 ... Set the franchise's single-game saves record with a season and career-high 55 saves at Toronto on 3/04/23 ... Posted a career-long six-game win streak from 12/03 to 1/20 ... Named the NLL's Player of the Week for Week 2 after making a career-high 50 saves in an 11-7 win over Toronto on 12/10/22

21-22 - Completed his second season with the Knighthawks in 2021-22, showing a 2-6 record and 312 saves with a .770 save percentage in 10 games ... Missed the last five games (3/12-4/09) of



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the season due to injury ... Made a season-high 48 saves at Buffalo on 2/5/22 ... Earned his first start/win of the season while also racking up 17 PIM at Albany on 12/18/21 ... Earned his first pro win with a 47-save effort in Rochester's 13-12 victory over the New York RipTide on 2/29/20 ... Made his professional debut on 1/19/20 against the Philadelphia Wings ... Appeared in five games during his rookie campaign and racked up 212:17 minutes in the crease ... Went 1-3 over his five appearances with a 14.7 goal-against average and a .767 save percentage ...

SAN DIEGO - Was a member of the San Diego Seals during the 2018-19 season ... Declared early for the 2018 NLL Entry Draft.

JUNIOR "A" - Orangeville Northmen for five summers (2015-19) ... Led the Northmen to back-to-back berths in the Ontario Finals (2008 and 2019) ... In 2019, he led the OLA in wins (16) and saves (550) ... Finished third in goals-against average (6.15) and fourth in save percentage (.822) ... Backstopped the team to a 2019 Minto Cup title ... Was the 2018 Dennis McIntosh Award winner as the Ontario Lacrosse Association (OLA) Junior "A" Most Valuable Player ... Led the league in wins (12), goals-against average (6.63), saves (585) and save percentage (.817).

JUNIOR "B" - He posted a .862 save percentage and 4.13 goals against average during the 2016 regular season ... Led Orangeville to a Founders' Cup championship with an .839 save percentage and a 5.27 goals-against average in the playoffs.

REGULAR SEASON								PLAYOFFS				
SEASON	TEAM	GP	W	L	GAA	SV%	SVS	GP	W	L	GAA	SV%
2019-20	Rochester	6	1	3	14.70	.767	171	--	--	--	--	--
2020-21	COVID											
2021-22	Rochester	10	2	6	12.29	.770	312	--	--	--	--	--
2022-23	Rochester	18	10	7	11.61	.778	713	1	0	1	17.76	.694
2023-24	Rochester	7	2	1	9.71	.786	121	1	0	1	9.09	.816
2024-25	Rochester	9	6	2	10.79	.774	294	1	0	1	17.91	.645
PRO TOTALS		50	21	19	11.70	.775	1,611	3	0	3	14.29	.729



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16 | GRAYDON HOGG | 5-9 | 180 lbs.

FORWARD

Shoots: Left | Oshawa, Ontario | October 21, 2000 | Second-year pro

ACQUIRED

Selected by the Rochester Knighthawks in the first round (15th overall) of the 2023 NLL Entry Draft. Signed a one-year contract with the Knighthawks on July 31, 2024.

CAREER HIGHLIGHTS

Enters his second season in the NLL and second with the expansion-era Knighthawks.

24-25 - Recorded his first four-goal game at Las Vegas on 3/7/25, scoring four times on five shots in the first half of a 21-13 win ... Made his professional debut and recorded his first pro point with an assist at Vancouver on 12/13/24.

ALBANY - Concluded a five-year collegiate career at the University at Albany, producing 112 goals and 44 assists for 156 points while also gathering 71 loose balls in 61 games since the start of 2020 ... Was a three-time America East All-Conference Second Team selection and a First Team All-America East honoree ... In 2024, Hogg was named a First Team All-America East, AE All-Academic, and AE All-Tournament selection as he finished second amongst all Great Danes in assists (15) and third in both goals (27) and points (42) ... In addition to helping the team to a 10-8 record and the program's 10th America East championship title, helped the club in earning a trip to the NCAA Tournament.

JUNIOR "A" - Spent five seasons with the Whitby Warriors (Ontario Junior A Lacrosse League) ... In 55 regular season contests, totaled 112 points (49+63) since the start of the 2016 campaign ... Also notched nine points (4+5) in 13 postseason games.

REGULAR SEASON

PLAYOFFS

SEASON	TEAM	LEAGUE	GP	G	A	PTS	PI M	LB	G P	G	A	PTS	PI M	L B
2024-25	Rochester	NLL	13	14	10	24	6	39	0	0	0	0	0	0
PRO TOTALS			13	14	10	24	6	39	0	0	0	0	0	0



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1 | RILEY HUTCHCRAFT | 6-0 | 210 lbs. GOALTENDER

Shoots: Right | Toronto, Ontario | June 5, 1997 |
Eighth-Year Pro

DRAFTED

Originally selected by the Toronto Rock in the second round (30th overall) of the 2017 NLL Entry Draft.

ACQUIRED

Acquired by the Rochester Knighthawks along with forward Connor Fields and the first overall pick in the 2022 NLL Entry Draft from the Las Vegas Desert Dogs. Re-signed a two-year contract with the Knighthawks on November 3, 2025.

CAREER HIGHLIGHTS

Enters his eighth season in the NLL and fourth with the expansion-era Knighthawks ... Named Major Series Lacrosse's 2023 Defender of the Year after posting an 8-8 record with a 10.17 goals-against average in 16 games for the Brooklin Lacrosse Club ...

25-26 – Played his 100th NLL game against San Diego on 12/14/25.

24-25 - Reached 1,000-save mark for his career at after making 32 saves and earning his fourth win of the season at Las Vegas on 3/7/25 ...

23-24 - Named the team's Unsung Hero for the 2023-24 season ... Made a season-high 52 saves in the 18-12 win over Albany on 3/9/24 ... Posted his second 47-save effort of the season in the 19-15 win at Panther City on 3/3/24 ... Made 47 saves at against Buffalo on 1/13/24 ... Earned his first pro win with a 28-save effort in the 14-13 season-opening win over Calgary on 12/2/23.

22-23 - Made his Knighthawks debut when he entered the game with 10:27 remaining in the fourth quarter at Halifax on 1/27/23, finishing with four saves on eight shots against.

TORONTO - Posted an 0-1 record with 19 saves along with a 7.89 goals-against average and a .826 save percentage during the 2021-22 season with the Toronto Rock ... In four seasons with the Rock, he recorded a 6.43 goals-against average and a .698 save percentage



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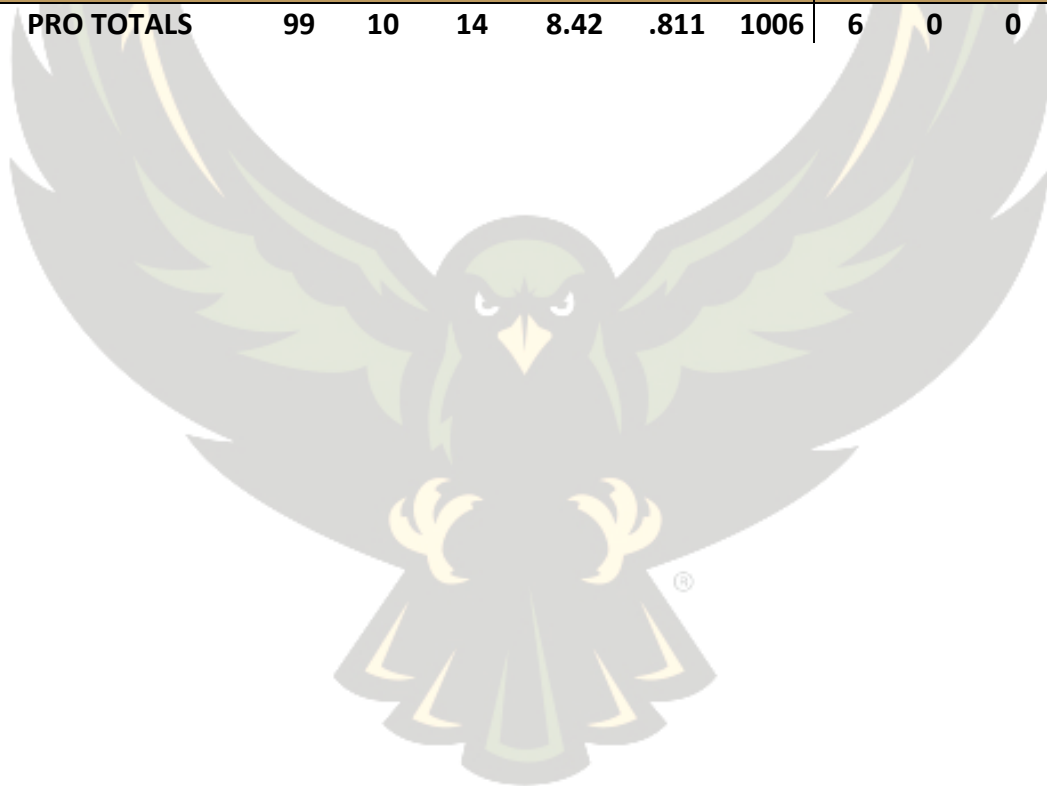


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SEASON	TEAM	REGULAR SEASON						PLAYOFFS				
		GP	W	L	GAA	SV%	SVS	GP	W	L	GAA	SV%
2017-18	Toronto	3	0	0	8.00	.846	11	--	--	--	--	--
2018-19	Toronto	18	0	0	5.27	.861	31	--	--	--	--	--
2019-20	Toronto	11	0	0	5.18	.667	2	--	--	--	--	--
2020-21	COVID											
2021-22	Toronto	15	0	1	7.89	.826	19	3	0	0	0	0
2022-23	Rochester	18	0	1	11.02	.735	25	1	0	0	32.20	.545
2023-24	Rochester	17	6	7	12.95	.756	530	1	0	0	0.00	1.000
2024-25	Rochester	17	4	5	11.24	.790	388	1	0	0	5.19	.857
PRO TOTALS		99	10	14	8.42	.811	1006	6	0	0	30.00	.629



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32 | TAYLOR JENSEN | 6-2 | 180 lbs.

DEFENSE

Shoots: Right | New Westminster, British Columbia | December 20, 1998 | Third-Year Pro

ACQUIRED

Signed a one-year contract with the Rochester Knighthawks as an undrafted free agent on August 14, 2023. Re-signed a three-year contract with the Knighthawks on October 31, 2025.

CAREER HIGHLIGHTS

Enters his third season in the NLL and third with the expansion-era Knighthawks ...

24-25 – Finished his second season third on the Knighthawks in loose-ball recoveries (120) ... Notched career highs in loose-ball recoveries (13) and points (3) against San Diego on 3/29/25

23-24 - Scored his first professional goal in the 12-3 win over Philadelphia on 4/21/24 ... Made his professional debut at Halifax on 1/27/24, recording an assist for his first pro point to go along with five loose ball recoveries

RIT - Played three seasons at Rochester Institute of Technology from 2021 to 2023 ... Two-time USILA First-Team All-American and the 2023 Liberty League Defensive Player of the Year ... Also named the USILA Long Stick Midfielder of the Year in 2023 and earned First Team All-Liberty League honors in back-to-back seasons ... As a graduate student in 2023, Jensen, who served as co-captain, was named R.I.T.'s Athlete of the Year ... In 64 career games with the Tigers, he produced 27 points (9+18) and gathered 211 loose balls recoveries while leading the Tigers to consecutive Division III NCAA National Championships in 2021 and 2022 ... Paced the team with a career-best 91 ground balls and 41 caused turnovers to go along with nine points (3+6) while starting in all but one game ... In 2022, he led all Tigers with 47 caused turnovers and ranked second with 78 loose ball recoveries before closing out the season as the most outstanding player of the Liberty League Tournament ... Named Co-Defensive Player of the Year in 2022 ...

Junior College - Played two years of lacrosse at Nassau Community College.



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SEASON	TEAM	REGULAR SEASON						PLAYOFFS					
		GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2023-24	Rochester	13	1	4	5	6	65	1	0	0	0	0	4
2024-25	Rochester	18	3	7	10	10	120	1	0	0	0	0	9
PRO TOTALS		31	4	11	15	16	185	2	0	0	0	0	13



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13 | Nathan Kapp | 5-11 | 205 lbs.

TRANSITION

**Shoots: Right | Middleton, Wisconsin | April 27, 2001 |
Rookie**

ACQUIRED

Signed a three-year contract with the Rochester Knighthawks as an undrafted free agent on November 1, 2025

CAREER HIGHLIGHTS

Prior to signing, spent five years at Jacksonville University where he set the school record for faceoff wins and ground balls. His career faceoff percentage was .554 through over 1600 faceoff attempts. As a graduate student, Kapp went 240-408 from the dot and scooped up 120 ground balls.



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7 | RYAN LANCHBURY | 6-1 | 175 lbs.

FORWARD

**Shoots: Right | Burlington, Ontario | April 6, 1998 |
Fourth-Year Pro**

DRAFTED

Originally selected by the Georgia Swarm in the first round (second overall) of the 2021 NLL Entry Draft.

ACQUIRED

Acquired by the Rochester Knighthawks from the Georgia Swarm in exchange for a 2024 first-round pick as well as conditional first-round compensatory pick on December 7, 2023. Re-signed a two-year contract with the Knighthawks on July 18, 2024.

CAREER HIGHLIGHTS

Enters his fourth season in the NLL and third with the expansion-era Knighthawks.

25-26 – Led the Knighthawks in points to open the season in San Diego. Scored twice, dished out seven assists and scooped up four loose balls.

24-25 - Recorded his 150th assist and 200th point while reaching the 100-point mark for the season for the first time in his pro career with a seven-point (1+6) outing against San Diego on 3/29/25 ... Reached 100 career assists at Halifax on 1/18/25 ... Named the Gatorade Canada NLL Player of the Week for Week 6 after a nine-point effort in the 16-9 win at Georgia on 1/4/25.

23-24 - Recorded his 100th pro point as part of a seven-assist effort in the 12-3 win over Philadelphia on 4/21/24 ... Set the single-game franchise record with 12 assists, including seven primary helpers, in the 18-12 win over Albany on 3/9/24 ... Scored twice and added two assists in his Knighthawks debut at Saskatchewan on 12/9/23.

GEORGIA - Spent his rookie season with the Georgia Swarm, recording 16 points (6+10) in 10 games in 2022-23.

RICHMOND - The most decorated player in history to come out of the University of Richmond, where he set school records for goals (162), assists (131) and points (293) over five seasons with the Spiders and was a two-time First Team All-Southern Conference selection ... Lanchbury, who started in 69 of his 70 career games at Richmond, recorded a point in 54 straight games, the



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fourth-longest point streak in the nation, on his way to becoming Richmond's all-time scoring leader ... He totaled 247 points (134+114) during that span, earning a nomination for the Tewaaraton Award as the nation's top collegiate player ... As a senior in 2021, Lanchbury was named a First Team All-Conference selection as well as the Southern Conference Player of the Year, becoming the first player in program history to earn the honors.

AVON OLD FARMS - Prior to attending Richmond, was an accomplished two-sport high school athlete in both lacrosse and hockey at Avon Old Farms preparatory school in Connecticut ... A 2017 Under Armour All-American, he set single-season records with 62 goals and 38 assists as a senior while captaining the Winged Beavers to Founders League championships in 2014, 2015 and 2017 as well as a Western New England title in 2015 ... He also won a New England Championship in hockey in 2017.

SENIOR – Led the Snake Island Muskies in scoring en route to winning a President's Cup in 2025. Resume also includes two seasons of Senior 'A' ball in Major Series Lacrosse with Oakville and Brooklin, over which he's produced 102 points on 36 goals and 66 assists in 18 combined games.

SEASON	TEAM	REGULAR SEASON						PLAYOFFS					
		GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2022-23	Georgia	10	6	10	16	0	32	--	--	--	--	--	--
2023-24	Rochester	17	20	66	86	6	71	1	0	1	1	0	3
2024-25	Rochester	18	27	89	116	8	80	1	0	7	7	0	2
PRO TOTALS		45	53	165	218	14	183	2	0	8	8	0	5



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54 | **IAN LLORD** | 6-3 | 220 lbs.

DEFENSE

Shoots: Left | St. Catharines, Ontario | June 9, 1985 |
19th Year Pro

DRAFTED

Originally selected by the Buffalo Bandits in the fourth round (42nd overall overall) of the 22005 NLL Entry Draft.

ACQUIRED

Signed a one-year deal with the Rochester Knighthawks as an unrestricted free agent on September 12, 2024. Re-signed a one-year contract with the Rochester Knighthawks on October 30, 2025.

CAREER HIGHLIGHTS

Enters his 19th season in the NLL and second with the expansion-era Knighthawks ... Won the treble in 2013; NLL Champions Cup with Rochester, Mann Cup with Six Nations, and President's Trophy with St. Catharines.

25-26 – Led the Knighthawks with three blocked shots in the season opener in San Diego. Also scored the final Rochester goal of the game in transition.

24-25 - Broke the single-season franchise record for blocked shots (31) against San Diego on 3/29/25 ... Set the new record at 37 against Toronto on 4/19/25.

NLL - Joining the NLL in 2007, Llord, who played parts of seven seasons with the previous Knighthawks franchise, has totaled 21 goals and 59 assists for 80 points over 249 career games between Philadelphia, Colorado, Rochester, and Buffalo while also adding 814 loose ball recoveries ... Has appeared in 29 postseason contests, notching six points (0+6) and 63 loose balls ... A three-time NLL champion, winning his first with Buffalo in 2008 before helping the original Knighthawks franchise to back-to-back titles in 2013 and 2014 during Rochester's historic run of three straight championships.

MSL - Also a six-time Mann Cup winner in Major Series Lacrosse, having won his first as a rookie with the Brampton Excelsiors in 2007, his second in 2013 as a member of the Six Nations Chiefs followed by four straight titles with the Peterborough Lakers from 2017 to 2022 ...

JUNIOR - In 2003, he won a Minto Cup as a member of the Junior 'A' St. Catharines Athletics, helping the team to its second championship over a three-year span.



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REGULAR SEASON								PLAYOFFS					
SEASON	TEAM	GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2006-07	Philadelphia	11	2	6	8	18	49	--	--	--	--	--	--
2007-08	Buffalo	15	5	12	17	26	71	3	0	1	1	28	10
2008-09	Buffalo	14	1	6	7	23	50	2	0	0	0	8	8
2009-10	Buffalo	12	1	7	8	53	44	1	0	0	0	0	1
2010-11	Buffalo	10	0	1	1	4	32	2	0	0	0	6	6
2011-12	Buffalo	14	1	4	5	12	36	1	0	1	1	0	2
2012-13	Rochester	14	1	2	3	34	42	3	0	0	0	0	4
2013-14	Rochester	16	0	1	1	19	33	6	0	2	2	4	7
2014-15	Rochester	17	1	5	6	38	59	4	0	0	0	4	9
2015-16	Rochester	17	1	1	2	8	60	--	--	--	--	--	--
2016-17	Rochester	18	4	3	7	16	78	--	--	--	--	--	--
2017-18	Rochester	18	2	4	6	31	71	4	0	2	2	0	12
2018-19	Rochester	9	0	0	0	8	24	--	--	--	--	--	--
	Colorado	6	0	1	1	4	21	2	0	0	0	4	3
2019-20	Philadelphia	12	0	1	1	18	20	--	--	--	--	--	--
2020-21	COVID												
2021-22	Philadelphia	15	2	0	2	20	37	1	0	0	0	2	1
2022-23	Philadelphia	13	0	2	2	13	31	--	--	--	--	--	--
2023-24	Philadelphia	18	0	3	3	22	56	--	--	--	--	--	--
2024-25	Rochester	18	1	2	3	18	54	1	0	0	0	0	3
PRO TOTALS		267	22	61	83	385	868	30	0	6	6	56	66

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12 | THOMAS McCONVEY | 6-4 | 210 lbs.

FORWARD

**Shoots: Left | Toronto, Ontario | October 21, 2000 |
Third-Year Pro**

ACQUIRED

Selected by the Rochester Knighthawks in the first round (first overall) of the 2022 NLL Entry Draft. Re-signed a three-year contract with the Knighthawks on November 4, 2025.

CAREER HIGHLIGHTS

Enters his third season in the NLL and third with the expansion-era Knighthawks ...

25-26 – Led the Knighthawks with four goals and five assists in their season opener against San Diego on 12/14/25. Also came up with four loose ball recoveries.

24-25 – Ranked fourth in points on the Knighthawks with 76 (31+45). Reached the 100-point mark for his career at Calgary on 2/22/25 ... Set a single-game career record for points with 10 (4+6) against Halifax on 1/11/25.

23-24 - Finished his first pro season ranked third amongst all NLL rookies in goals (28), points (52) and shots (169) and fourth in assists (24) while appearing in all but one game for Rochester ... Named to the All-Rookie team ... Recorded the fourth-most power-play points amongst all first-year players, ranking second in power-play goals (6) and fourth in power-play assists (6) ... Named the Gatorade Canada NLL Rookie of the Week for Week 14 after scoring six goals and adding an assist for seven points in the 19-15 win at Panther City on 3/3/24 ... Scored his first three goals in the 16-14 win at Saskatchewan on 12/9/23 ... Recorded six shots in his professional debut against Calgary on 12/2/23.

VIRGINIA - The recipient of the Lt. Donald MacLaughlin Jr. Award as the nation's top midfielder, was one of three University of Virginia players to be named a United States Intercollegiate Lacrosse Association (USILA) First Team All-American in 2023 ... He was also an Inside Lacrosse First Team All-American as well as a USA Lacrosse Magazine Second Team All-American selection ... The seventh player in program history to garner the honor and second under the tutelage of head coach Lars Tiffany ... Carried a 52-game point streak into his graduate season at Virginia, the longest in the nation ... Started all 17 games for the Cavaliers, scoring 28 goals and adding 24 assists for 52 points ... Named an All-ACC selection.



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VERMONT - Prior to transferring to Virginia, played four years at the University of Vermont, where he was a three-time USILA and Inside Lacrosse All-American ... One of the most decorated players in program history, assembled one of the most dominant offensive performances as a senior in 2022, setting a program-record with 60 goals, becoming the first player in school history to score more than 50 in a season ... He also added 14 assists for a career-high 74 points while starting in all 19 games for the Catamounts, earning him America East Offensive Player of the Year and ECAC Offensive Player of the Year honors ... Just the second player in Vermont history to be tabbed the top player by America East ... Scored 12 goals in the America East championship on his way to being named the Most Outstanding Player during Vermont's run to its second straight conference championship ... In 52 career games with Vermont, totaled 174 points (127+47), finishing seventh all-time in scoring in program history ... Recorded at least one point in every game over his four-year career, including a hat trick in eight straight games during his final season ... A two-time America East All-Conference First Team selection (2021-22) and a two-time All-New England First Team selection (2021-22), McConvey was also named to the America East All-Rookie Team following a productive 32-point campaign as a freshman in 2019 ...

ST. MICHAELS - Before attending Vermont, helped St. Michael's College School to four straight Ontario provincial championships ... A two-year team captain, he amassed 207 points over his final two seasons and was named team MVP as a senior in 2018.

JUNIOR A - Played three seasons of Junior 'A' ball with the Mimico Mountaineers from 2017 to 2019, during which he totaled 188 points (82+106) in 60 games ... In 2019, led the Ontario Junior Lacrosse League in goals (48) and points (105) in only 20 games ... Selected eighth overall by the Waterdogs in the 2023 PLL Collegiate Draft, recording six points (4+2) in four games during his rookie season

INTERNATIONAL

Internationally, he captained Team Canada to a silver medal at the 2022 World Lacrosse Men's U-21 Championship in Limerick, Ireland

SEASON	TEAM	REGULAR SEASON							PLAYOFFS					
		GP	G	A	PTS	PIM	LB		GP	G	A	PTS	PIM	LB
2023-24	Rochester	17	28	24	52	4	91		1	0	1	1	0	2
2024-25	Rochester	18	31	45	76	20	90		1	3	1	4	0	4
PRO TOTALS		35	59	69	128	24	181		2	3	2	5	0	6



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20 | **BRAD McCULLEY** | 6-1 | 200 lbs.

IR

FORWARD

Shoots: Left | Victoria, British Columbia | January 13, 1997 | Fifth-Year Pro

DRAFTED

Originally selected by the Buffalo Bandits in the first round (ninth overall) of the 2020 NLL Entry Draft.

ACQUIRED

Acquired by the Rochester Knighthawks from the Vancouver Warriors in exchange for a 2027 third-round draft pick and a 2026 sixth-round pick on March 4, 2025. Re-signed a two-year contract with the Rochester Knighthawks on October 29, 2025.

CAREER HIGHLIGHTS

Enters his fifth season in the NLL and second with the expansion-era Knighthawks ...

VAN/BUF - Yet to make his season debut after being a midseason acquisition from the Warriors in 2024-25 ... After appearing in three games to open the season with the Buffalo Bandits, was dealt to Vancouver on Jan. 11 2024, where he would close out the campaign with 16 points (6+10) and 26 loose ball recoveries in 13 games for the Warriors ... Has appeared in 36 career NLL games with Vancouver and Buffalo, totaling 56 points (20+36) and 64 loose ball recoveries ... Also contributed six points (3+3) in three playoff games to help the Bandits claim the 2023 NLL Championship ... Prior to turning pro, played three seasons at the collegiate level at Robert Morris University, where he finished sixth on the team in goals in each of his final two seasons and was a four-time NEC Academic Honor Roll recipient (2017-2020) ...

WLA - A member of the Western Lacrosse Association's (WLA) Victoria Shamrocks since 2022, having amassed 38 points (25+13) in 23 games ... Made his WLA debut in 2019 for the Langley Thunder, leading the team in scoring with 37 points while recording 20 goals in 18 games as a rookie ...

JUNIOR - In 2016, earned Rookie of the Year honors for both the Victoria Junior Shamrocks and the British Columbia Junior 'A' Lacrosse League ... The year prior, he was named the Provincial Tournament MVP in addition to garnering team MVP honors while leading Victoria to a Provincial Championship in 2015.



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2025-26 Knighthawks

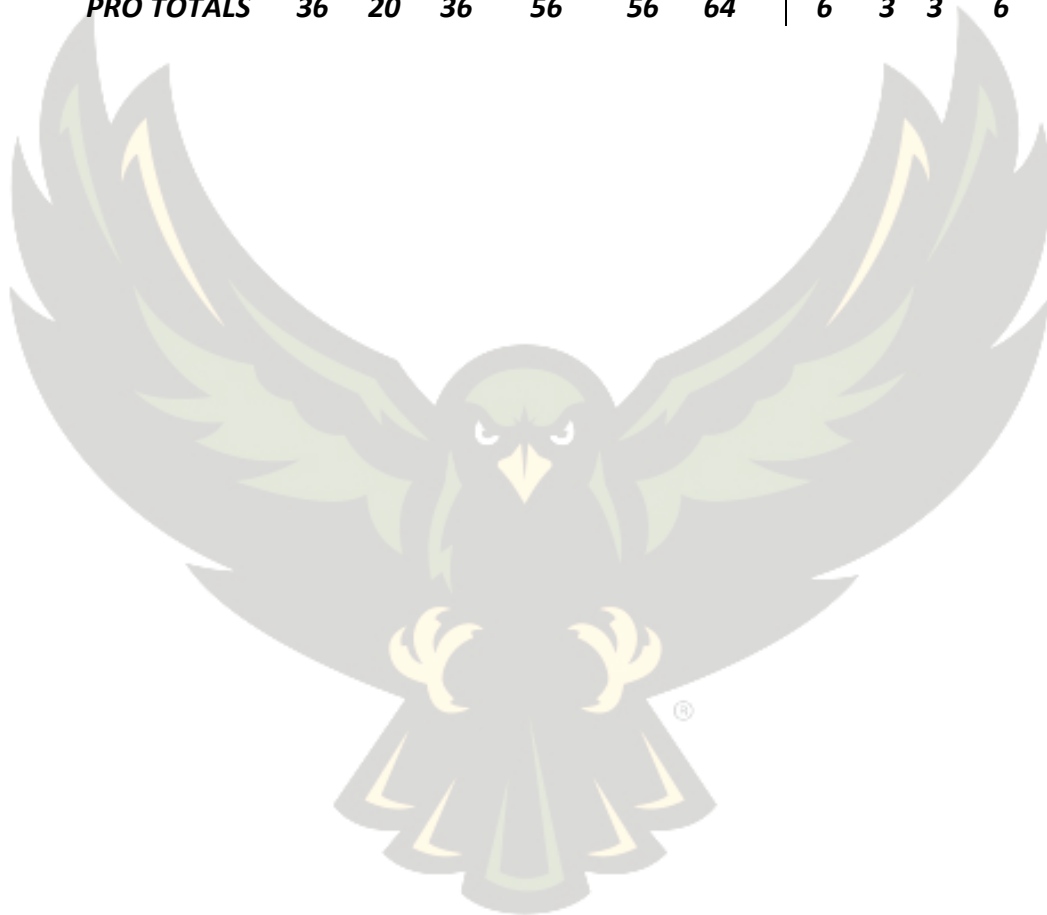
PLAYER PROFILES

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PLAYOFFS

REGULAR SEASON

SEASON													
N	TEAM	GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2021-22	Buffalo	5	1	2	3	9	10	0	0	0	0	0	0
2022-23	Buffalo	15	11	20	31	23	26	6	3	3	6	4	7
2023-24	Buffalo	3	2	4	6	7	2	0	0	0	0	0	0
	Vancouver	13	6	10	16	17	26	0	0	0	0	0	0
PRO TOTALS		36	20	36	56	56	64	6	3	3	6	4	7



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PLAYER PROFILES

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26 | JOSH MEDEIROS | 6-0 | 195 lbs.

TRANSITION

Shoots: Left | Brampton, Ontario | February 1, 1997 | Fifth-Year Pro

ACQUIRED

Acquired by the Rochester Knighthawks with the eighth pick in the 2024 National Lacrosse League Dispersal Draft of the Panther City Lacrosse Club roster of players. Re-signed a three-year contract with the Rochester Knighthawks on November 4, 2025.

CAREER HIGHLIGHTS

Enters his fifth season in the NLL and second with the expansion-era Knighthawks ...

25-26 – Led the Knighthawks in transition with two assists in the season opener in San Diego on 12/14/25. Also added two blocks and one caused turnover.

24-25 – Notched six goals and six assists in his first season as a Knighthawk. In 17 games, he scooped up at least six loose-ball recoveries six times.

PCLC - Completed his third season with Panther City in 2023-24 recording eight points (4+4) and adding 78 loose ball recoveries while appearing in all 18 games ... In 52 career NLL appearances, all with Panther City, has totaled 48 points (33+15) and 249 loose balls... Also appeared in one NLL playoff contest in 2023 after a productive regular season which saw him establish career-highs in all offensive categories, including goals (21), assists (7) and points (28), to finish as the team's top scoring defenseman.

JUNIOR "A" - Played Jr. 'A' ball for his hometown Brampton Excelsiors, where he was a member of the 2018 team that won the Iroquois Trophy as Ontario champions and participated in the 2018 Minto Cup ... In 60 career games for Brampton, Medeiros contributed 17 points on four goals and 13 assists.

REGULAR SEASON

PLAYOFFS

SEASON	TEAM	GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2021-22	Panther City	16	8	4	12	8	80	0	0	0	0	0	0
2022-23	Panther City	18	21	7	28	26	91	1	0	0	0	2	4
2023-24	Panther City	18	4	4	8	22	78	1	0	0	0	0	3
2024-25	Rochester	17	6	6	12	20	75	1	0	0	0	0	4
PRO TOTALS		69	39	21	60	76	324	3	0	0	0	2	11



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88 | JAKE PISENO | 5-9 | 180 lbs.

DEFENSE

Shoots: Right | Liverpool, New York | March 16, 2001 | Second-year pro

ACQUIRED

Selected by the Rochester Knighthawks in the second round (35th overall) of the 2023 NLL Entry Draft. Re-signed a two-year contract with the Rochester Knighthawks on October 31, 2025.

CAREER HIGHLIGHTS

Enters his second season in the NLL and second with the expansion-era Knighthawks ...

25-26 – Scored on a fastbreak to help carry on a seven-goal run in the second half of the season opener against San Diego on 12/14/25.

24-25 - Scored his first professional goal while adding six loose ball recoveries in his NLL debut at Halifax on 1/18/25 ... Averaged 4.75 LB recoveries through eight appearances.

ALBANY - Concluded a five-year collegiate career at the University at Albany where he was a two-time America East Defensive Player of the Year in 2024 and 2023 ... Registered 39 points on 20 goals and 19 assists while also gathering 291 loose balls in 66 games for the Great Danes ... Named the America East Championship's Most Outstanding Player after being an absolute game-changer in games against Merrimack and Vermont, scoring three goals and collecting nine ground balls ... As a senior in 2024, was named the recipient of the prestigious William C. Schmeisser Award, presented annually by the United States Intercollegiate Lacrosse Association (USILA) to the top defensive player in Division I men's lacrosse ... First player in program history to earn the honor ... Led the Great Danes to their first conference title since 2018 and finished third in the nation with 2.44 caused turnovers per game while piling up 79 groundball recoveries ... Four-time America East All-Conference selection, including First Team laurels in his final two seasons ... Also a First Team All-American selection by USILA, USA Lacrosse and Inside Lacrosse ... Nominated for the conference's prestigious Man of the Year Award., which recognizes a senior male student-athlete who has distinguished himself throughout his collegiate career in the areas of academic achievement, athletic excellence, service, and leadership ... Selected as one of 25 individuals in men's college lacrosse as a Tewaaron Award Nominee.



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UCBLL - Played for the Mearns Cup champion Hawkeyes of the UCBLL in 2023 and was named First Team All-NCBS selection.

FIELD - Drafted ninth in the 2024 Premier Lacrosse League (PLL) Entry Draft by Rochester Knighthawks legends Tim Soudan to the Denver Outlaws... Selected as a PLL All Star in each of his two seasons in the league ... Named the 2025 Brodie Merrill Long Stick Midfielder of the Year in the PLL. Helped Denver to their first PLL Championship appearance.

INTERNATIONAL

Played in all eight games at the 2023 World Lacrosse Championship with Haudenosaunee, totaling two goals, four assists, and 11 ground balls ... Named the Best Defender, All-World while claiming a bronze medal.

SEASON	TEAM	REGULAR SEASON						PLAYOFFS					
		GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2024-25	Rochester	8	2	1	3	6	38	0	0	0	0	0	0
PRO TOTALS		8	2	1	3	6	38	0	0	0	0	0	0



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17 | RYLAND REES | 6-2 | 195 lbs.

IR

TRANSITION

Shoots: Right | Port Coquitlam, British Columbia | June 7, 1997
Sixth-Year Pro

ALTERNATE CAPTAIN

ACQUIRED

Selected by the Rochester Knighthawks in the first round (second overall) of the 2019 NLL Entry Draft. Re-signed a two-year contract with the Knighthawks on July 17, 2024.

CAREER HIGHLIGHTS

Enters his sixth season in the NLL and sixth with the expansion-era Knighthawks ...

24-25 – In 16 games last year, Rees tallied 79 loose-ball recoveries while helping lead the team to their third consecutive playoff berth.

23-24 - Named Chopper's Community Champ for his dedication and service to the Rochester community during the 2023-24 season ... Recorded his 300th career loose ball recovery against Buffalo on 1/13/24 ...

22-23 - Name the team's Defensive MVP for the third straight year in 2022-23 ...

21-22 - Led all Knighthawks defensive players with a career-high 11 goals and 15 points while being one of four players to appear in all 18 games last season for Rochester ... He also finished eighth among all NLL transition players with a team-best 118 loose ball recoveries on his way to earning team Defensive Player of the Year honors for the second straight year ... Matched his career-high with his fourth goal of the season in just five games at Philadelphia on 1/22 ...

19-20 - In his first season with the Knighthawks in 2019-20, Rees recorded 11 points on four goals, seven assists and a team-high 75 loose ball recoveries while being one of just four rookies to appear in all 12 games with Rochester during their inaugural season ... Tied for 10th in scoring among all NLL rookies and second behind only teammate Corey Highfield for most points among all first-year transition players ... Earned All-Rookie Team Honors for the 2019-20 season ... Named Rochester's Defensive Player of the Year in their inaugural season ...

FIELD - Plays for the Redwoods in the Premier Lacrosse League ... previously played with the Waterdogs Lacrosse Club, winning a PLL Championship in 2022 ... In the quarterfinal game against the Whipsnakes Lacrosse Club, Rees had two caused turnovers and four groundballs with one



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penalty ... In 2019, he played with the Boston Cannons of Major League Lacrosse (MLL) ... Named to the 2019 MLL All-Star team ... Was selected by the Boston Cannons of the 2019 MLL Entry Draft with the 27th overall pick.

WLA - In the summer of 2019, he played for the Burnaby Lakers of the Western Lacrosse Association (WLA) ...

STONY BROOK - Played his college lacrosse at Stony Brook University ... The two-time team captain was the 2019 America East Defensive Player of the Year and a First Team All-Conference selection in both 2018 and 2019 ... As a senior, he led the Seawolves in both ground balls (40) and caused turnovers (16) ... In 2018, he was also named to the America East All-Championship Team ... Led the team in ground balls (45) and caused turnovers (24) ... During his sophomore campaign, Named to the All-America East First Team and finished the year with a team-best 44 ground balls and 11 caused turnovers. ... In 2016, he appeared in all 16 games, starting as a long-stick midfielder ... Recorded 45 ground balls and 15 caused turnovers en route to America East All-Rookie Team honors ...

JUNIOR "A" - Had an outstanding Junior "A" career with Port Coquitlam, where he played from 2014-18 ... In his final season of junior ball, he was traded to Coquitlam and helped the Adanacs win the 2018 Minto Cup.

INTERNATIONAL

Named an alternate for Team Canada that won gold at the 2024 World Box Lacrosse Championships in Utica in September ... Played for Team Canada at 2018 World Field Lacrosse Championship and won a silver medal ... He also won silver with Team Canada at the 2016 U19 World Field Lacrosse Championship ... Before college, he was a 2015 graduate of Terry Fox Secondary ... Youngest member of U19 Team British Columbia ... Adrenaline All-American ... Earned school's Award of Distinction ... One of 63 players invited to U19 Team Canada camp ... U16 and U19 Tournament All-Star Team.

PERSONAL

His uncle, Jordan Gagner, played in the Canadian Football League ... Grandfather, Ronald Hemmerling, is in the BC Lacrosse Hall of Fame



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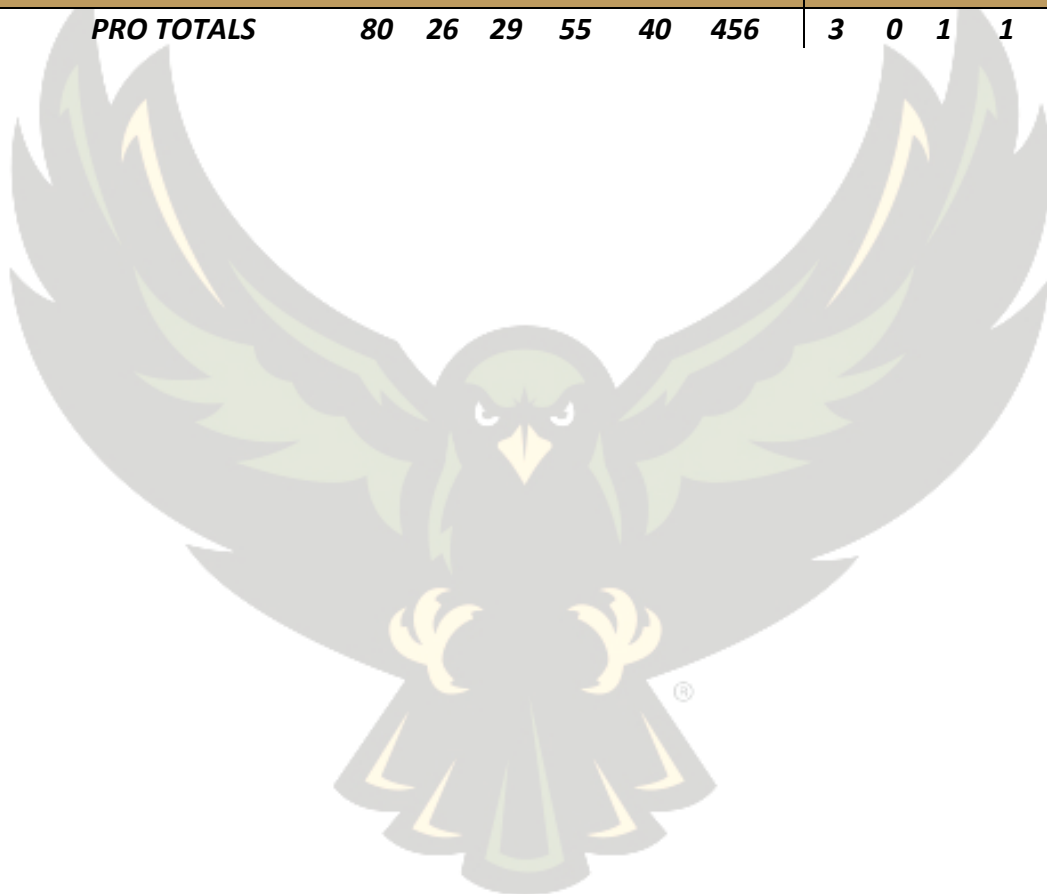
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SEASON	TEAM	REGULAR SEASON						PLAYOFFS					
		GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2019-20	Rochester	12	4	7	11	0	75	--	--	--	--	--	--
2020-21	COVID												
2021-22	Rochester	18	11	4	15	14	118	--	--	--	--	--	--
2022-23	Rochester	16	7	9	16	8	82	1	0	0	0	2	2
2023-24	Rochester	18	1	6	7	8	102	1	0	1	1	10	2
2024-25	Rochester	16	3	3	6	10	79	1	0	0	0	0	4
PRO TOTALS		80	26	29	55	40	456	3	0	1	1	12	8



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43 | RYAN SMITH | 6-2 | 220 lbs.

FORWARD

Shoots: Right | Burlington, Ontario | December 23, 1997 | Fifth-Year Pro

ALTERNATE CAPTAIN

ACQUIRED

Selected by the Rochester Knighthawks in the first round (third overall) of the 2020 NLL Entry Draft. Signed a two-year contract with the Knighthawks on June 2, 2022. Re-signed a five-year contract with the Knighthawks on October 30, 2025.

CAREER HIGHLIGHTS

Enters his fifth season in the NLL and fifth with the expansion-era Knighthawks ... At Least 30 goals every season played

25-26 – Put up a dominant performance in his first game of the year as one of four Knighthawks with at least six points in the season opener against San Diego. He notched three goals and four assists along with four loose-ball recoveries.

24-25 - Named the Gatorade Canada NLL Player of the Week for Week 18 following a six-point performance in the 14-13 win over San Diego on 3/29/25 ... Scored the game-winning goal with 11 seconds remaining in regulation to cap a five-goal night ... Recorded his 150th career assist and 300th career point at Ottawa on 3/15/25 ... Scored his 150th career goal at Las Vegas on 3/7/25 ...

23-24 - Reached 100 career goals, 100 career assists and 200 points following a 10-point effort in the 18-12 win over Albany on 3/9/24 in only his 45th career game ... Has scored three goals or more in nine of his 11 appearances this season ... Opened the 2023-24 campaign with back-to-back six-point performances, including a hat trick in each ...

22-23 - Finished the 2022-23 season second on the team in scoring with 75 points on 33 goals and 42 assists ... Recorded his 100th pro point as part of a three-point effort against Halifax on 2/11/23 ... Scored a career-high five goals, becoming the third player in franchise history to do so, and added four assists to match a career-best nine points in the 15-12 win over Buffalo on 1/20/23 ...

21-22 - Finished second among NLL rookies in goals (35) and third in points (59) while also leading all first-year players with a franchise record eight power-play goals ... He ranked third among rookies in power-play scoring with 15 points ... Named to the NLL All-Rookie Team for the 2021-22 season



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... Recorded his sixth hat trick of the season along with a team-high 16 shots on goal against Toronto on 4/09/22 ... Named the NLL Rookie of the Week for the second time after recording a season-high nine points, including his first four-goal game, in the 17-16 overtime loss at Georgia on 3/04/22... Recorded his first career hat trick and added two assists in the 16-7 win at Albany on 12/18/21 ... Made his professional debut at New York on 12/04/21 ...

RMU - The most decorated player in history to come out of Robert Morris University ... As a fifth-year graduate student in 2021, set career-highs with 48 goals and 71 points, while also establishing single-season records for points (71), points-per-game (5.46) and goals-per-game (3.69) ... Recorded hat tricks in 11 of his 13 appearances and registered multiple-assist outings on seven different occasions ... Finished the season ranked second nationally in goals-per-game and fourth in points-per-game en route to earning All-America Honorable Mention accolades from USILA, Inside Lacrosse, US Lacrosse Magazine and College Crosse ... Over his illustrious five seasons with the Colonials, Smith scored 142 goals and totaled 217 points in 69 career games, all of which are most in program history ... Ranks second all-time in career points-per-game (3.14) and games started (59) and third in goals-per-game (2.06) and assists (75) ... Three-time All-Northeast Conference selection and remains the only player in RMU history to win NEC Rookie of the Year honors ... In the 2020 season opener, Smith broke the RMU single-game record for points (10) and tied it for goals (8) in the 22-10 win at Canisius ... Finished his junior season with 10 hat tricks and ranked fifth in the NEC in goals-per-game (2.35) and points-per-game (3.53) while ranking third overall in team scoring ... One of his most impressive seasons came in 2017 as a freshman after leading all RMU rookies in scoring and ranking third on the team in goals (20) and fourth in points (28) ...

MSL - In 2019, Smith also saw action in 18 games for the Oakville Rock of Major Series Lacrosse, recording 49 points with 22 goals and 27 assists, including two game-winning goals and four power-play goals ... Last Summer he put up 55 goals in 25 games for the Six Nations Chiefs. He won the Mike Kelley award as the Mann Cup MVP after tallying 14 goals and 12 assists in the Final against the Salmonbellies.

FIELD - Drafted by the Chaos Lacrosse Club in the fourth round (30th overall) of the 2021 Premier Lacrosse League College Draft ... During his rookie season, scored seven goals with two assists in five games before scoring a two-point goal in three playoff contests to lead Chaos to its first PLL championship

INTERNATIONAL

Won gold with Team Canada in his international debut at the 2024 World Box Lacrosse Championships in Utica in September



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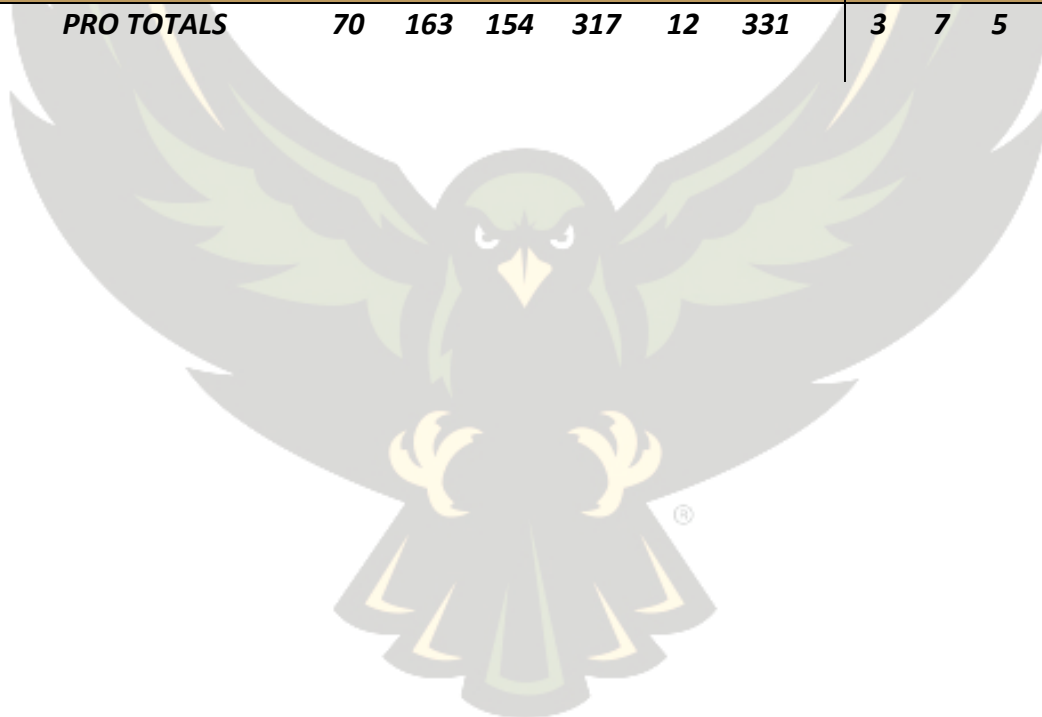
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SEASON	TEAM	REGULAR SEASON						PLAYOFFS					
		GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2021-22	Rochester	17	35	24	59	0	67	--	--	--	--	--	--
2022-23	Rochester	17	33	42	75	0	84	1	1	3	4	0	1
2023-24	Rochester	18	46	53	99	8	77	1	3	0	3	0	5
2024-25	Rochester	18	49	35	84	4	103	1	3	2	5	0	2
PRO TOTALS		70	163	154	317	12	331	3	7	5	12	0	8



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55 | Adam Thistlethwaite | 6-1 | 190 lbs.

DEFENSE

Shoots: Left | Cobourg, Ontario | February 23, 2002 | Rookie

DRAFTED

Selected by the Rochester Knighthawks with the 24th overall pick of the 2025 NLL Entry Draft.

ACQUIRED

Signed a three-year contract with the Rochester Knighthawks on October 29, 2025.

CAREER HIGHLIGHTS

25-26 – Made his NLL debut in the Knighthawks season opener against San Diego on 12/14/25 and tallied two loose-ball recoveries.

Prior to being drafted, Thistlethwaite spent four years at the University of Albany as a midfielder where he played in 28 games. He scored two goals and two assists while scooping up 12 ground balls in that time.

He's spent the last two summers under Knighthawks Head Coach Mike Hasen with the Peterborough Lakers in Major Series Lacrosse. In 25 games of Senior 'A' Thistlethwaite he has tallied four goals and five assists.

Before playing in the MSL, he spent parts of five seasons with the Junior "a" Peterborough Lakers where he played in 60 games.



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PLAYER PROFILES

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74 | Jeremy Thompson | 6-5 | 220 lbs.

DEFENSE

Shoots: Right | Onondaga Nation | January 3, 1987 | 14th- year pro

DRAFTED

Selected ninth overall in the 2011 NLL Entry Draft by the Buffalo Bandits. (One pick after Dan Coates)

ACQUIRED

Signed a one-year contract with the Rochester Knighthawks on November 17, 2025.

CAREER HIGHLIGHTS

Entering his 14th season, Thompson joins the Knighthawks with the second-most faceoff wins in NLL History (2560) and ranks fifth all-time in loose-ball recoveries (1900).

He Lead's the NLL in playoff faceoff wins with 268 over his career.

25-26 – Scooped up 10 loose-ball recoveries in his Knighthawks debut on 12/14/25. Also added one caused turnover in the season opener.

GEORGIA – Spent his last three seasons with the Georgia Swarm. Played in 54 games between the regular season and playoffs and took 1,195 faceoffs.

PCLC – Member of Panther City in their inaugural season. That year he put up 17 points and 146 loose-ball recoveries and was 52% from the faceoff dot. That season he won the NLL Teammate of the Year award for his influence in the locker room on the new franchise.

RUSH – Thompson spent the best years of his career with the Rush, first in Edmonton for three seasons and then moving with the team to Saskatchewan. He helped the rush to four straight NLL championships from 2015-18, the took home the cup three times in that four-year span ... In eight years with the Rush, he totaled 1,284 loose-ball recoveries, 1,731 faceoff wins for 53%, 135 caused turnovers, and 113 points (45+68).

SENIOR – Won three Mann Cups with the Six Nations Chiefs in 2016, 2023, and 2024. Last summer played with brother's Hiana (Jerome), and Miles for the Kahnawake Mohawks In the Three Nation's Senior Lacrosse League.



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NCAA – Played two seasons of Junior College at Onondaga Community College where he won two NJCAA national championships in 2007 and 2009. Transferred to Syracuse University to finish school. In two seasons there he served as the primary faceoff specialist and led all Orange midfielders in points as a senior.

SEASON	TEAM	Regular Season						Playoffs					
		GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2011-12	Buffalo	14	3	6	9	25	72	--	-	-	--	--	--
2012-13	Edmonton	16	7	5	12	32	131	1	0	2	2	0	6
2013-14	Edmonton	18	9	8	17	23	165	3	0	0	0	2	25
2014-15	Edmonton	18	8	7	15	41	181	5	3	1	4	7	34
2015-16	Saskatchewan	18	7	13	20	6	174	4	1	1	2	4	37
2016-17	Saskatchewan	18	5	12	17	18	179	4	4	1	5	4	44
2017-18	Saskatchewan	18	6	9	15	26	164	4	1	3	4	4	24
2018-19	Saskatchewan	18	3	7	10	28	208	1	0	0	0	0	8
2019-20	Saskatchewan	10	0	7	7	20	82	--	-	-	--	--	--
2020-21	COVID												
2021-22	Panther City	17	4	13	17	13	146	--	-	-	--	--	--
2022-23	Georgia	18	4	5	9	27	168	--	-	-	--	--	--
2023-24	Georgia	18	2	4	6	12	128	1	0	0	0	0	10
2024-25	Georgia	16	2	4	6	28	102	1	0	0	0	0	7
PRO TOTALS		217	60	100	160	299	1900	24	9	8	17	21	178



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44 | CHAD TUTTON | 6-2 | 220 lbs.

DEFENSE

**Shoots: Left | Courtice, Ontario | August 31, 1992 |
10th-Year Pro**

DRAFTED

Originally selected by the Georgia Swarm in the first round (fifth overall) of the 2015 NLL Entry Draft.

ACQUIRED

Signed a two-year deal with the Rochester Knighthawks as an unrestricted free agent on September 4, 2024.

CAREER HIGHLIGHTS

Enters his 10th season in the NLL and second with the Knighthawks.

25-26 – Led Knighthawks defenders with three blocked shots in the season opener in San Diego. Also added three loose-ball recoveries, and one caused turnover.

24-25 - Reached 100 career points and 700 career loose ball recoveries against Saskatchewan on 12/21/24 ...

PHILADELPHIA - Completed his second season with the Philadelphia Wings in 2023-24, recording four goals and 15 assists while appearing in 17 games ... Topped all Wings defensemen in assists and points while finishing second with 107 loose balls ... Since joining the NLL in 2016, has totaled 33 goals and 64 assists for 97 points over 128 games between Philadelphia and the Georgia Swarm while also adding 679 loose ball recoveries ...

GEORGIA - Has appeared in four postseason contests, all with Georgia, notching four points (1+3) and 16 loose balls ... The University of North Carolina product exploded onto the NLL scene as a rookie, finishing his first pro season in 2016 with 14 goals, eight assists, 22 points, 90 loose balls, and 24 caused turnovers ... Was one of four Swarm players named to the 2016 NLL All-Rookie Team ...

MSL - A four-time Mann Cup champion with the Peterborough Lakers (MSL) having been a member of the team from 2015-19 and then again from 2022-23 ... Was named the club's Most Improved Player in 2018.



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UNC - Prior to turning pro, completed a four-year collegiate career with the Tar Heels from 2011-2015 ... First Canadian recruited by Joe Breschi ... In 49 career games, he recorded 89 points (71+18) to go with 49 loose balls recoveries.

INTERNATIONAL

Represented Team Canada at the 2012 FIL Under-19 Men's Field World Championships in Turku, Finland ... In 2009, he played for the Canadian National Box Lacrosse silver medalists in the Founders Cup as a member of Clarington Green Gaels and the previous year was on the Canadian national gold medal championship team (Team Ontario Box Lacrosse) ... Additionally, was a member of the gold medal-winning Whitby Warriors at the Ontario Summer Games before leading Whitby to three straight provincial championships in 2006, 2007, and 2008.

SEASON	TEAM	REGULAR SEASON						PLAYOFFS					
		GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2015-16	Georgia	18	14	8	22	36	90	1	0	2	2	4	4
2016-17	Georgia	18	4	7	11	14	74	1	1	1	2	0	3
2017-18	Georgia	10	0	7	7	22	37	1	0	0	0	0	5
2018-19	Georgia	18	4	7	11	17	77	1	0	0	0	2	4
2019-20	Georgia	12	0	1	1	18	65	--	--	--	--	--	--
2020-21	COVID												
2021-22	Georgia	17	2	6	8	6	104	--	--	--	--	--	--
2022-23	Philadelphia	18	5	13	18	25	124	--	--	--	--	--	--
2023-24	Philadelphia	17	4	15	19	28	107	--	--	--	--	--	--
2024-25	Rochester	18	5	9	14	22	93	1	0	0	0	0	3
PRO TOTALS		141	38	73	111	188	771	5	1	3	4	6	19



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42 | KYLE WATERS | 6-4 | 236 lbs.

FORWARD

Shoots: Right | Orangeville, Ontario | March 27, 1999 | Fifth-Year Pro

DRAFTED

Originally selected by the Calgary Roughnecks in the first round (sixth overall) of the 2021 NLL Entry Draft.

ACQUIRED

Acquired by the Rochester Knighthawks along with the 16th and 35th overalls picks in the 2023 NLL Entry Draft from the Calgary Roughnecks in exchange for Thomas Hoggarth and Thomas Vela. Re-signed a two-year contract with the Knighthawks on October 31, 2025.

CAREER HIGHLIGHTS

Enters his fifth season in the NLL and third with the expansion-era Knighthawks ...

24-25 - Reached 100 career points at Las Vegas on 3/7/25 ...

23-24 - Named the Knighthawks Teammate of the Year for the 2023-24 season ... Recorded four points (1+3) in his Knighthawks debut in the season-opening win against his former team on 12/2/23

CALGARY - Completed his second pro season with the Calgary Roughnecks in 2022-23, recording 25 points on eight goals and 17 assists while appearing in all but two games ... He also added 14 loose ball recoveries and 48 shots on goal ... In 28 career NLL games, all with Calgary, has totaled 42 points (15+27) and 37 loose balls ...

DETROIT MERCY - Prior to turning pro played two years of collegiate lacrosse at the University of Detroit Mercy, where he notched 16 points (5+11) in five games for the Titans ... Led the team with five goals and finished second in assists and points before the remainder of the season was canceled due to the COVID-19 pandemic ... In his collegiate debut, he scored five goals, including the game-winner, and added six assists in the 15-14 win over Jacksonville ... The five goals were the most scored by a Titan in his collegiate debut, earning him MAAC Rookie and Offensive Player of the Week honors ... Also a two-time MAAC Honor Roll selection and named to the 2020 MAAC All-Academic Team ...

JUNIOR - Two-time Founders Cup champion, having guided his hometown Orangeville Northmen to Junior 'B' titles in 2016 and again in 2018 ... In 80 career games with Orangeville over the course of seven seasons,



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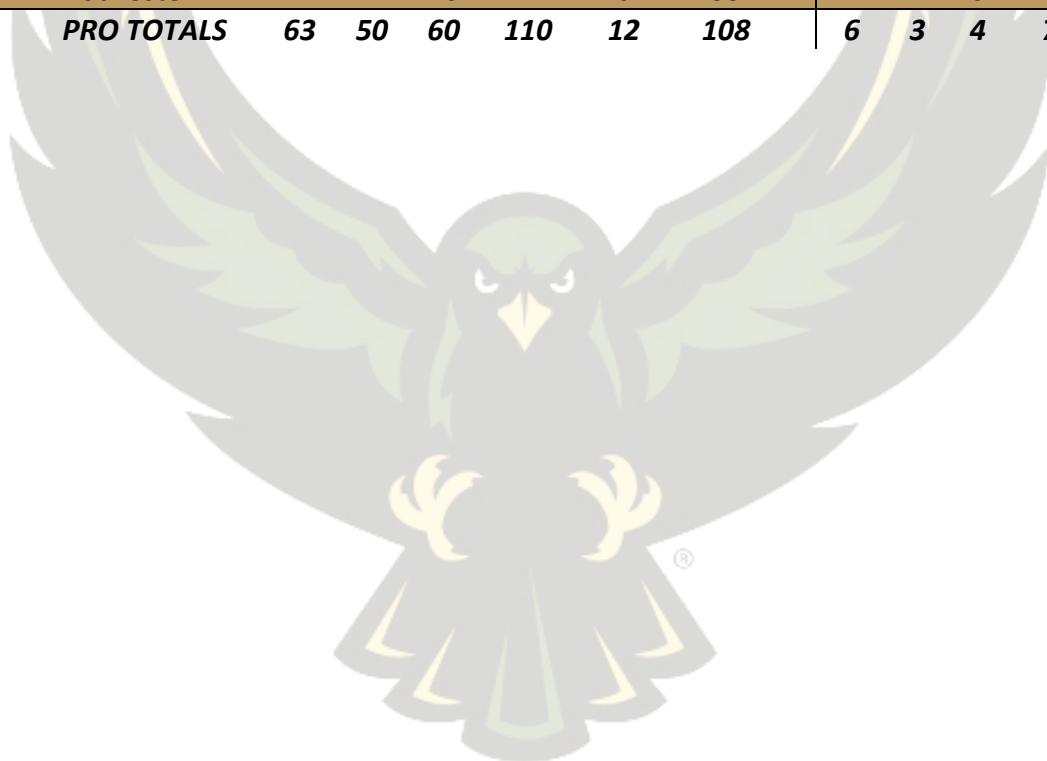
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he totaled 221 points (111+110) while also adding 155 points (77+78) in 56 postseason appearances ... Concluded his junior career by winning a Minto Cup in 2019 after scoring 42 goals for the second straight year and amassing 97 points in 20 games for Orangeville.

SEASON	TEAM	REGULAR SEASON						PLAYOFFS					
		GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2021-22	Calgary	12	7	10	17	2	23	--	--	--	--	--	--
2022-23	Calgary	16	8	17	25	2	14	4	1	4	5	0	6
2023-24	Rochester	18	21	23	44	2	38	1	1	0	1	0	2
2024-25	Rochester	17	14	10	24	6	33	1	1	0	1	0	1
PRO TOTALS		63	50	60	110	12	108	6	3	4	7	0	9



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28 | Zed Williams | 6-3 | 235 lbs.

FORWARD

Shoots: Right | Cattaraugus Territory | May 23, 1995 | Eighth-Year Pro

DRAFTED

Selected fourth overall in the 2017 NLL Entry Draft by the Georgia Swarm.

ACQUIRED

Traded for on August 21, 2025, along with a second-round selection in the 2025 NLL Entry Draft from the Colorado Mammoth in exchange for Rochester's first and second round picks.

CAREER HIGHLIGHTS

Entering his eighth season in the NLL and first with the Knighthawks.

25-26 – Played in his 100th NLL game while making his Knighthawks debut on 12/14/25 in San Diego.

COLORADO – Spent four seasons with the Mammoth and went to two championships, winning in 2022. Over his career in Colorado, scored 102 goals and 102 assists in 60 games for an average of 3.4 points per game. He also scooped up 260 loose balls in those 60 games. He was built for playoff lacrosse. In two post seasons with the Mammoth, Zed scored 32 goals and 33 assists in 14 games. That averages to 3.93 points per game. To win the championship in 2022, Williams played some of his best lacrosse near home in Buffalo. Over the three finals games Zed scored four goals in each contest and added nine assists.

GEORGIA – Played three seasons with the swarm, totaling 39 games in Georgia. He broke out in 2019 when he played his first full NLL season. That year he tallied 22 goals and 23 assists, fifth, on a team with Lyle Thompson, Shayne Jackson, and Randy Staats. Also played in one playoff game that season against the Toronto Rock.

COLLEGE – Prior to being drafted, Williams spent four years at the University of Virginia. He played midfield until his senior year when he shifted to attack. As a Senior, he tallied 27 goals and set a Virginia single-season record with 25 assists. He also added 54 groundballs for the second consecutive season. Throughout his time with the Cavaliers, Williams played offensive midfield and wing on faceoffs. He had more than 40 ground balls in each of his last three seasons.



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FIELD – Williams was drafted by the Rochester Rattlers in the third round of the 2017 Major League Lacrosse Entry Draft. He currently plays for the Philadelphia Waterdogs in the Premier Lacrosse League. In 2020 he was the PLL's second ever MVP after putting up 20 goals and three assists in six games in their bubble tournament.

SEASON	TEAM	REGULAR SEASON						PLAYOFFS					
		GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2017-18	Georgia	9	5	3	8	4	41	--	--	--	--	--	--
2018-19	Georgia	18	22	23	45	11	69	1	1	0	1	0	2
2019-20	Georgia	12	18	12	30	4	57	--	--	--	--	--	--
2020-21	COVID												
2021-22	Colorado	16	20	25	45	13	54	7	20	17	37	2	37
2022-23	Colorado	17	37	34	71	19	91	7	12	16	28	4	30
2023-24	Colorado	17	30	25	55	18	75	--	--	--	--	--	--
2024-25	Colorado	10	15	18	33	6	40	--	--	--	--	--	--
PRO TOTALS		99	142	140	182	75	427	15	33	33	66	6	69

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