

KNIGHTHAWKS

ROCHESTER

Saturday | March 29, 2025 | **KNIGHTHAWKS POST-GAME REPORT** | NLL 2024-25 Regular Season | Week 18



ROCHESTER KNIGHTHAWKS

POSTGAME REPORT

Segar & Sciortino Field at the Blue Cross Arena | 1 War Memorial Square | Rochester, NY 14614
 RochesterKnighthawks.com/media | @KnighthawksPR



SAN DIEGO SEALS
 8-7 | .533 PCT

Season Series
 2024-25 | 0-1

All-Time vs. ROC
 2-1

2024-25
 Road **3-4**
 Last 5 Games **3-2**

ROCHESTER KNIGHTHAWKS
 9-7 | .563 PCT

Season Series
 2024-25 | 1-0

All-Time vs. SD
 1-2

2024-25
 Home **3-4**
 Last 5 Games **5-0**

SCORING SUMMARY

	1st	2nd	3rd	4th	OT	Final
SEALS	3	2	6	2	--	13
KNIGHTHAWKS	5	4	4	1	--	14

ADDITIONAL INFORMATION AVAILABLE AT WWW.ROCHESTERKNIGHTHAWKS.COM/MEDIA

TOP NOTES & STORYLINES

Tonight's win was the first in franchise history over San Diego and the fifth straight for the Knighthawks. After putting up 14 goals tonight, Rochester has totaled 82 goals over its current five-game win streak.

Ryan Lanchbury reached the 100-point mark for the first time in his pro career, doing so in the first quarter after factoring in on three of Rochester's first five goals. His first point of the night was a milestone one, representing both his 150th career assist and 200th career point.

With **Lanchbury** joining **Connor Fields** in the century club, the Knighthawks are now one of only two teams this season (Buffalo) to have multiple players record 100 or more points.

Ryan Smith reached the 40-goal mark for the second straight year, scoring three times in the opening half, including once on the power-play.

Smith finished the night with a team-high five goals, including the game-winner with 11 seconds remaining in regulation. He's now scored at least four goals in three of his last four games. Rochester is 4-1 win this season when Smith scores four or more goals in a game.

Smith remains the team's leading goal-scorer with 43 on the season and is just three goals away from tying his career-high of 46 he set last season. He holds the all-time (45) and single-season (15) franchise records for power-play goals.

Connor Fields scored twice in the second quarter, with his second being the 200th goal of his pro career. He also added three assists to bring his season total to 110 points, becoming just the fourth player in league history with at least three 110-point seasons. This comes two weeks after becoming the first American-born player in league history to record three consecutive 100-point seasons.

Tonight was the 238th career regular-season game for Knighthawks head coach **Mike Hasen**, who surpasses Paul Day, his former assistant coach in Rochester, for third all-time in NLL history in career games coached.

Hasen is now 114-124 all-time over 14 combined seasons in Rochester.

BY THE NUMBERS

San Diego Seals	Rochester Knighthawks
2-for-3 (66.7%).....	Power-Play1-for-3 (33.3%)
2-for-3 (66.7%).....	Penalty Kill1-for-3 (33.3%)
53	Shots on Goal 60
46	Goaltender Saves40
18-for-31 (58.1%).....	Face-Offs13-for-31 (41.9%)



TONIGHT'S THREE STARS OF THE GAME

- 1st Ryan Smith - Rochester Knighthawks**
5 G | 1 A | 13 SOG | 4 LB
- 2nd Ryan Benesch - San Diego Seals**
2 G | 5 A | 8 SOG | 5 LB
- 3rd Ryan Lanchbury - Rochester Knighthawks**
1 G | 6 A | 9 SOG | 0 LB



MEDIA RELATIONS DEPARTMENT

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