

29 | TYLER BILES | 6-1 | 209 lbs.

DEFENSE

Shoots: Left | Etobicoke, Ontario | August 21, 1998 | Fourth-Year Pro

ACQUIRED

Selected by the Rochester Knighthawks in with the Knighthawks on 't'

CAREER

Entering his thi in 18 games win season in 2019-2 season, he set care for the Junior "A" Hills (Junior "B"), re competed in the Mint

A use assists for 17 points ... In 2018, he played for the Ontario champion Excelsiors and

a two-year deal

			E F	REG	ULA	R SE/	SON			PL	AYO	FFS		
SEASON	TEAM	LEAGUE	GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2019-20	Rochester	NLL	6	0	0	0	9	14						
2021-22	Rochester	NLL	18	1	2	3	61	35						
2022-23	Rochester	NLL	16	0	2	2	24	37	1	0	0	0	0	2
	PRO TOTAL	S	40	1	4	5	94	87	1	0	0	0	0	2







57 | DOUG BUCHAN | 6-3 | 284 lbs.

GOALTENDER

Shoots: Right | St. Catharines, Ontario | Sept., 20, 1994 | Fifth-Year Pro

DRAFTED

Originally selected by the Saskatchewan Rush in the second round (18th overall) of the 2015 NLL Entry Draft.

ACQUIRED

Acquired by the Rochester Knighthawks from the Buffalo Bandits in exchange for Rochester's third-round pick in the 2026 NLL Entry Draft on January 5, 2024. Signed a one-year contract with the Knighthawks for the remainder of the 2023-24 season on January 8, 2024.

CAREER HIGHLIGHTS

Spent the last four seasons in Buffalo, where he totaled 32 saves over 54 minutes in a combined 23 appearances ... Made his NLL debut with the Philadelphia Wings during the 2018-19 campaign, appearing in 17 games and posting a .749 save percentage with a 13.17 goals-against average ... Also added five assists in just over 810 minutes of game action in 2018-19 ... Led all Major Series Lacrosse goaltenders in save percentage (.844) and goals-against average (6.27) in nine games for the Peterborough Lakers in 2018 ... His 8-1 record ranked second in the league and Buchan won in his only playoff appearance that year ... In 2022, Buchan backstopped the Lakers to their fourth straight MSL tittle and Mann Cup, earning the John "Shooter" Davis Award as Most Valuable Player of the MSL Playoffs.

			- F	REG	ULA	١R	SEAS	ON		E F		YOF	FS	
SEASON	TEAM	LEAGUE	GP	W	L	T	GAA	SV%	SVS	GP	W	L	GAA	SV%
2018-19	Philadelphia	NLL	17	2	11	0	13.17	.749	532					
2019-20	Buffalo	NLL	10	0	0	0	4.94	.880	22					
2021-22	Buffalo	NLL	13	0	0	0	20.04	.625	10	6	0	0	0.00	.000
2022-23	Buffalo	NLL	0	0	0	0	0.00	.000	0					
	PRO TOTALS		40	2	11	0	13.00	.751	564	6	0	0	0.00	.000







DAN COATES | 6-0 | 195 lbs.

EFENSE

Shoots: Right | St. Catharines, Ontario | April 6, 1987 | 11th-Year Pro

TEAM CAPTAIN

DRAFTED

Originally selected by the Colorado Mamm

ACQUIR

Re-signed a c August 5, 202

CAREER H

Entering his 11th N assists at Saskatche return to the lineup PHYSICALLY UNABLE TO PERFORM LIST ream captain in franchise history ... Scored the game-winning goal in his Jurgia on 3/12/23 after missing the previous seven games due to injury ... In his first

ighthawks on

season with Rocheste single-season franchise record for assists by a defenseman with 13 ... He was just one of five players to appear in all 18 games ... Scored his first goal as a Knighthawk and added an assist against Toronto on 4/09/22 ... Recorded his first two points as a Knighthawk with a pair of assists against Georgia on 1/21 ... Made his Knighthawks debut at New York on 12/04 ... Acquired by the Georgia Swarm on July 6, 2020, but was unable to appear in a game following the cancellation of the 2020-21 NLL season due to the COVID-19 pandemic ... He spent nine seasons with the Colorado Mammoth, during which he compiled 75 points (15+60), 492 loose ball recoveries and 139 caused turnovers in 128 career games ... Posted his best season during the 2014-15 campaign when he scored one goal and posted career-highs in assists (11) and points (12) in 18 games ... Departed the Mammoth ranked second in franchise history in caused turnovers (139), fourth in face-off wins (477) and games played (128) and seventh in loose balls (492) ... A four-year captain, also added six points (1+5) and 28 loose balls in 10 postseason contests while leading the team to an unprecedented eight straight playoff appearances from 2012-2019, including a pair of trips to the Western Division Final over a three-year span ... Prior to turning pro, played his collegiate lacrosse at nearby Canisius College ... Appeared in 50 games with the Griffins during his four-year career at Canisius (2008-11), helping the program capture its first Metro Atlantic Athletic Conference Tournament Championship ... The first defender in program history to garner All-MAAC First Team distinction, finished his collegiate career with 113 ground balls and 40 caused turnovers to go along with two goals and four assists.

				REC	GULA	R SE	ASON			PL/	YC	IFFS		
SEASON	TEAM	LEAGUE	GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2011-12	Colorado	NLL	16	3	7	10	18	94	1	0	1	1	0	2
2012-13	Colorado	NLL	13	0	7	7	15	50	1	0	2	2	0	4
2013-14	Colorado	NLL	18	2	14	16	14	71	1	1	1	2	0	3
2014-15	Colorado	NLL	18	1	11	12	10	63	1	0	0	0	0	2





@ROCKNIGHTHAWKS

2015-16	Colorado	NLL	16	3	6	9	25	66	1	0	0	0	0	2
2016-17	Colorado	NLL	17	3	2	5	18	48	3	0	1	1	0	6
2018-19	Colorado	NLL	18	1	10	11	10	68	2	0	0	0	2	9
2019-20	Colorado	NLL	12	2	3	5	12	34						
2021-22	Rochester	NLL	18	1	13	14	4	109						
2022-23	Rochester	NLL	11	2	5	7	4	61	1	0	0	0	0	6
	PRO TOTALS		157	18	78	96	130	664	11	1	5	6	2	34









PENT EISTRAT | 6-0 | 195 lbs.

FORWARD

Shoots: Right | Toronto, Ontario | July 28, 1999 | Second-Year Pro

ACOUIRED

Selected by the Rochester Knighthawks in " with the Knighthawks on Am

CAREER

NLL

Entering his sec on 12/29/23, r career at Rochest Championships in 1 and was also a Secu his final three seaso (2+9) in five playoff c a two-year deal

st San Diego

RACTICE SQUAD Jver a five-year collegiate wuck-to-back NCAA Division III National wice named a USILA Honorable Mention All-American A three-time Liberty League All-Academic selection in each of +/4) in 48 games with the Mississauga Tomahawks while also posting 11 points ... runed 22 goals and 21 assists for 43 points with the Brampton Excelsiors in 2019 ... In 10 postseason

contests, he registered 18 points (6+12).







TURNER EVANS | 5-9 | 170 lbs.

FORWARD

Shoots: Left | Peterborough, Ontario | September 11, 1993 | Seventh-Year Pro

DRAFTED

Originally selected by the Toronto Rock

ACQUIR

Re-signed two Diego Seals in e

CAREER H Entering his seven.

against New York o

NJURED RESERVE ... ora Knighthawks ... Recovered his 300th career loose ball mark as part of a six-point effort against Panther City on 1/7/23 ...

^rrom the San

... und points (46) in 15 games with Rochester during the 2021-22 campaign ... ranked

Established career-hi fifth in acals, assists a while tying for second on the team with four power-play goals ... Earned his second five-point effort of the season with a hat trick and two assists in the 15-13 win over Albany on 2/12/22 ... Posted a team-high five points (2+3) at Toronto on 1/29/22 ... Surpassed 100 career assists as part of a five-point effort (1+4) at Albany on 12/18/21 ... Appeared in all 12 games with the Knighthawks during the 2019-20 season ... His 28 points and 16 assists ranked fourth on the team, while his career-high 20 penalty minutes ranked third ... Finished sixth on the San Diego Seals with 45 points ... Was the Seals' first selection in the 2018 Expansion Draft ... Spent his first three seasons with the Toronto Rock, where he posted 72 points and 103 loose balls in 26 career games ... The lefty forward missed the 2018 season with an injury ... In 2017, he posted career-highs in assists (37) and loose balls (74) ... Has posted 45 points in his last two seasons of action ... Played collegiately at Ohio State ... He played in 59 games for the Scarlet and Gray and ended his career with 97 points on 54 goals and 43 assists ... A 2014 First Team All-ECAC selection, he was honored as a USILA Scholar All-American in 2015 ... As a senior in 2015, he had 21 points, with nine agais and 12 assists, while playing in all 19 games ... He was a four-time Ohio State Scholar-Athlete and three-time Academic All-Big Ten choice ... He has played his entire junior and senior career in Peterborough ... In 2011, he was seventh scoring and a Second Team All-Star

for the Junior "A" Lakers ... In 2013, he finished sixth in scoring and was selected as a First Team All-Star ... He would earn Second Team honors in 2014 as he finished fifth in scoring in the Junior "A" circuit ... At the Senior "A" level, he has won Mann Cups with the Peterborough Lakers in 2017, 2018, 2019 and 2022





			AW	
-1				

			R	EGL	ILAR	SEAS	ON		F	LA	YOF	FS		
SEASON	TEAM	LEAGUE	GP	G	Α	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2016	Toronto	NLL	12	12	15	27	2	34						
2017	Toronto	NLL	14	8	37	45	6	74						
2018-19	San Diego	NLL	18	19	26	45	5	63	1	3	1	4	0	1
2019-20	Rochester	NLL	12	12	16	28	19	52						
2021-22	Rochester	NLL	15	14	32	46	2	49						
2022-23	Rochester	NLL	18	8	31	39	2	63	1	0	1	1	0	4
	PRO TOTALS		89	73	157	230	37	336	2	3	2	5	0	5



NLL





CONNOR FARRELL | 6-2 | 240 lbs. TRANSITION/FACE-OFF SPECIALIST

Shoots: Right | Holtsville, New York | March 25, 1997 | Fourth-Year Pro

DRAFTED Originally selected by #

ACQUIR

Acquired by th Signed a two-ye

CAREER HI

RELEASED FROM CONTRACTe expansion-era Knighthawks ... The face-off specialist completed his fifth Entering his first su campaign with the C ut the Premier Lacrosse League in 2023 ... Since the start of 2019, appeared in 32 games, showing eight points (_____ 10 go with 334 loose ball recoveries and winning 532 of his 948 face-offs for a 56.1 winning-percentage ... A two-time PLL All-Star (2022, 2023) and recipient of the Dave Huntley Sportsmanship Award in 2019 ... Continued his prowess at the faceoff stipe during the 2020 PLL Championship Series in 2020, where he posted a .62% win percentage and picked up 34 ground balls ... Was named a finalist for the Paul Cantabene Faceoff Athlete of the Championship Series ... Finished the 2019 PLL season with the second-highest face-off percentage and fourth-highest ground balls (84) ... One of three finalists for the 2019 PLL Rookie of the Year after being selected 22nd overall by Chrome LC in the 2019 Collegiate Draft ... Prior to turning pro, completed a four-year collegiate career at Long Island University (NCAA) from 2016-2019, registering 23 points on 12 goals and 11 assists in 50 career games ... In addition to being a three-time All-ECC First Team honoree, he also added 507 ground balls while showing a .728 face-off winning percentage ... In his final season with the Pioneers, he finished first in the nation in face-off winning percentage (.814) as well as ground balls per game (16.75), both of which were new NCAA Division II records for a single season ... Established an NCAA Division II single-game record with 30 ground balls against Merrimack on Mar. 9, 2019.



nugust 4, 2023.



10 | CONNOR FIELDS | 6-0 | 180 lbs. FORWARD

Shoots: Left | East Amherst, New York | October 10, 1995 | Fifth-Year Pro

DRAFTED

Originally selected by the San Diego Seals in the first round (10th overall) of the 2018 NLL Entry Draft.

ACQUIRED

Signed a three-year contract with the Rochester Knighthawks on August 11, 2022. Acquired by Rochester along with goaltender Riley Hutchcraft and the first overall pick in the 2022 NLL Entry Draft from the Las Vegas Desert Dogs during the 2022 Expansion Draft.

CAREER HIGHLIGHTS

Enters his fifth season in the NLL and second with the expansion-era Knighthawks ... Had a streak of 24 straight games with two or more goals spanning two seasons from 12/2/22 to 2/3/24 ... Set the single-game franchise record with 21 shots on goal at San Diego on 12/29/23 ... Set the single-game franchise record with a career-high 11 points (4+7) at Saskatchewan on 12/9/23, earning him Gatorade Canada Player of the Week honors for Week 2 ... Had six points (4+2), including the game-winning goal, in the season-opening win over Calgary on 12/2/23 ... Named the Knighthawks Offensive MVP and a Second Team All-League selection ... Closed out his first season in Rochester leading the Knighthawks in all offensive categories, including goals (52), assists (60) and points (112) ... Finished second in the league in goals and fifth in scoring while leading all forwards with 142 loose ball recoveries ... One of just three players, joining New York's Jeff Teat and Saskatchewan's Robert Church, to have 50 goals and 50 assists, marking the first time since 2002 the NLL had three different players reach the marks in the same season ... Reached 300 career loose ball recoveries and became just the second American-born player (Roy Colsey, 2001) in league history to score 50 goals in a season against Georgia on 4/22/23 ... Also became just the third player ever and first since Athan lannucci in 2008 to record more than 100 points and 130 loose balls in the same season ... Became the fifth player during the 2022-23 season and the first player in franchise history to record 100 points in a season following his third 10-point effort (2+8) of the season in the 14-12 loss to Albany on 4/8/23 ... Factored in on 10 of Rochester's 12 goals, including his 15th straight multi-goal effort of the season, to lead the team in scoring for the 13th time in 15 games ... Also became just the third American-born player to reach the 100-point mark in a season, a feat previously accomplished by only Joe Resetarits (2018 and 2021-22) and Tom Schreiber (2022-23) ... Recorded his 100th point of the season on his 100th career goal ... Surpassed 200 career points with two goals and three assists at Las Vegas on 3/25/23 ... Set the new single-season record for assists (42) with four in the 9-8 overtime loss to Philadelphia on 3/19/23 ... Recorded his second 10-point effort of the season with five goals and five assists in the 19-18 win at Georgia on 3/12/23 ... Established a new career-high in points (76) while setting the new single-season record in goals (38) and recording his 100th career assist ... Set the franchise's new single-season scoring record (66 points) following a seven-point performance at Toronto on 3/04/23 ... Scored four again and averaged more than seven points per game through each of his first four games of the season ... Name the NLL's Player of the Week for Week 12 after recording a team-high 10 points (4+6) in his Knighthawks debut at Georgia on 12/03/22 ... Became the third player in team history to record 10 points in a game ... Completed his third NLL season in 2021-22





with 67 points (32+35) in 18 games for the Buffalo Bandits, good for third on the team in scoring ... Also added 16 points (7+9) in six playoff contests while leading the Bandits to their second NLL Finals appearance in three years ... In 32 career NLL games with Buffalo and San Diego, Fields has totaled 116 points (52+64) and 178 loose ball recoveries

			R	EGUL	.AR S	EASO	Ν			PL	AYO	FS		
SEASON	TEAM	LEAGUE	GP	G	A	PTS	PIM	LB	G	P G	A	PTS	PIM	LB
2018-19	San Diego	NLL	2	2	3	5	0	8	1	1	0	1	0	4
2019-20	San Diego	NLL	12	18	26	44	2	71						
2021-22	Buffalo	NLL	18	32	35	67	2	97	6	7	9	16	0	29
2022-23	Rochester	NLL	17	52	60	112	12	142	1	1	4	5	0	7
	NLL TOTALS		49	104	124	228	16	320	8	9	13	22	0	40





6 | BRAD GILLIES | 6-1 | 200 lbs.

DEFENSE

Shoots: Right | Oakville, Ontario | June 14, 1991 | Eighth-Year Pro

DRAFTED

Originally selected by the previous Rochester Knighthawks franchise in the first round (9th overall) of the 2015 NLL Entry Draft.

ACQUIRED

Signed a three-year contract with the Rochester Knighthawks on August 17, 2022 as a free agent.

CAREER HIGHLIGHTS

Enters his eighth season in the NLL and second with the expansion-era Knighthawks ... Reached 400 career loose ball recoveries with six at Philadelphia on 4/2/23 ... Appeared in his 100th professional game against Philadelphia on 3/19/23 ... Recorded his second career hat trick – and first in the regular season – in the 11-10 overtime win over New York on 2/25/23 ... Netted his third goal of the game with 58 seconds remaining in overtime, ending the second-longest game in NLL history ... Scored four goals and added five assists for nine points in 17 games with the Halifax Thunderbirds in 2021-22 ... In 59 games with previous Knighthawks, Gillies recorded 50 points (22+28) and was a three-time winner of the team's community service award ... Prior to turning pro, Gillies was a four-year starter at Rochester Institute of Technology (R.I.T.) from 2012-2015 ... A mainstay on the Tigers midfield, he tallied 97 career points on 27 goals and 70 assists in 83 career games, helping the Tigers to four Liberty League titles and four trips to the NCAA Division III Tournament, including a championship game appearance in 2013 ... A 2015 USILA Honorable Mention Division III All-American selection and a second team All-Liberty League pick, Gillies is tied for 28th all-time with 219 career ground balls ... A co-captain in 2015, Gillies played in all 22 games, tallying career highs in points with 53, goals with 11 and led the team with 42 assists, the eighth-best total in school history ... He left the program as a three-time Liberty League All-Academic selection and a USILA Academic All-America selection in 2015 ... Also a two-time Minto Cup winner at the junior level, winning championships in 2009 and 2012 with Orangeville, and played one game with the former Rochester Rattlers of Major League Lacrosse

			R	EGU	LAR	SEAS	ON			PL/	AYO	FFS		
SEASON	TEAM	LEAGUE	GP	G	А	PTS	PIM	LB	GP	G	А	PTS	PIM	LB
2016-17	Rochester	NLL	6	2	2	4	0	24						
2017-18	Rochester	NLL	18	8	7	15	6	90						
2017-18	Rochester	NLL	17	8	11	19	6	65						
2018-19	Rochester	NLL	18	4	8	12	0	89	5	4	1	5	0	22
2020-21	Halifax	NLL	11	2	3	5	4	33						
2021-22	Halifax	NLL	17	4	5	9	4	49	1	1	0	1	0	1
2022-23	Rochester	NLL	17	7	6	13	0	57	1	0	0	0	0	0
	NLL TOTALS		104	35	42	77	20	408	7	5	1	6	0	23

ROCHESTER





81 | MATT GILRAY | 6-3 | 206 lbs. TRANSITION

Shoots: Right | Oshawa, Ontario | May 11, 1995 | Fifth-Year Pro

DRAFTED

Originally selected by the Buffalo Bandits in the first round (third overall) of the 2018 NLL Entry Draft.

ACQUIRED

Re-signed a three-year contract with the Rochester Knighthawks on August 29, 2022. Acquired by the Rochester Knighthawks along with a fourth-round pick in 2020 from the Buffalo Bandits in exchange for the 19th overall pick in the 2020 NLL Entry Draft, a first-round pick in 2021 and a second-round pick in 2023 on September 17, 2020.

CAREER HIGHLIGHTS

Enters fifth season in the NLL and third with the expansion-era Knighthawks ... Set the single-season franchise record with 154 loose ball recoveries in 2022-23 ... Recorded his 300th career loose ball against New York on 2/25/23 ... Recorded a career-high six goals in 12 games during the 2021-22 season ... Totaled six of his nine points (3+3) over a four-game stretch during the final five games of the slate while also recovering 69 loose balls in his first year with the team ... Scored his first two goals as a Knighthawk against Georgia on 1/21 ... Made his Knighthawks debut at New York on 12/04 ... Had a banner year with the Buffalo Bandits in 2019-20, setting career-highs in goals (5), assists (7) and points (12) while also adding 81 loose ball recoveries in 11 games ... In 2018-19, he totaled five points (3+2) in all 18 games as a rookie for the Bandits before notching two assists during Buffalo's run to the NLL Finals ... Played his collegiate lacrosse at Bucknell University, where he was a two-time team captain and an All-Patriot League Second Team selection in each of his last three years ... In 53 games with the Bison, he totaled 10 points (5+5) and 149 ground balls, including eight points (4+4) during his sophomore season ... Before joining Bucknell, was a four-year letter-winner in both lacrosse and hockey while attending Brewster Academy in New Hampshire ... As a member of the lacrosse team, he was part of three NNELL championship teams and was named a 2014 All-America selection after setting a single-season school record for points by a defenseman with 26 (10+16) ... Also named among Inside Lacrosse's top 100 recruits following his senior season, during which he served as team captain ... Pro lacrosse experience also includes two seasons with the Boston Cannons of Major League Lacrosse and an international appearance with Team Canada at the 2018 FIL World Lacrosse Championship





			R	EGU	LAR	SEAS	ON			P	LAY	OFF	S		
SEASON	TEAM	LEAGUE	GP	G	А	PTS	PIM	LB	(GP	G	A	PTS	PIM	LB
2018-19	Buffalo	NLL	18	3	2	5	11	69	4	4	0	2	2	0	15
2019-20	Buffalo	NLL	11	5	7	12	2	81	-						
2021-22	Rochester	NLL	12	6	3	9	16	69	-	-					
2022-23	Rochester	NLL	18	10	17	27	2	154		1	0	1	1	0	7
	PRO TOTALS		59	24	29	53	31	373		5	0	3	3	0	22







27 | **TYLER HALLS** | 6-0 | 200 lbs.

TRANSITION

Shoots: Left | Caledon, Ontario | September 25, 1999 | Third-Year Pro

ACQUIRED

Re-signed a two-year contract with the Rochester Knighthawks on July 17, 2023. Signed a two-year contract as an undrafted free agent with the Knighthawks on August 10, 2021.

CAREER HIGHLIGHTS

Entering his third season in the NLL and third with the expansion-era Knighthawks ... Set the single-game franchise record with 18 face-off wins at Albany on 12/17/22 ... In his first season with Rochester, he posted three points on one goal and two assists as he appeared in 10 games ... Scored his first pro goal in the 15-12 loss to New York on 3/12 ... Made his professional debut at Toronto on 1/29 ... Halls was honored with the Knighthawks Teammate of the Year award following the 2021-22 season ... Spent the 2019-20 season on the practice squad with the Buffalo Bandits ... Played three seasons with the Orangeville Northmen of the Ontario Junior Lacrosse League (OJALL) from 2017-19 ... Registered 25 points on 11 goals and 14 assists in 51 career games ... Appeared in 34 playoff games with Orangeville, adding 10 points (3+7) ... In final season with Northmen in 2019, Halls posted a career-high six goals, six assists and 12 points while also helping the club win a Minto Cup.

			R	EGU	LAR	SEAS	ION			PL	AYO	IFFS		
SEASON	TEAM	LEAGUE	GP	G	A	PTS	PIM	LB	GP	G	А	PTS	PIM	LB
2021-22	Rochester	NLL	10	1	2	3	13	41						
2022-23	Rochester	NLL	15	0	7	7	10	86	1	0	0	0	0	5
	PRO TOTALS		25	1	9	10	23	127	1	0	0	0	0	5





11 | GREG HARNETT | 6-0 | 190 lbs.

DEFENSE

Shoots: Left | Orangeville, Ontario | June 30, 1990 | 10th-Year Pro

DRAFTED

Originally selected by the Calgary Roughnecks in the second round (11th overall) pick in the 2011 NLL Entry Draft.

ACQUIRED

Signed a one-year deal with the Rochester Knighthawks on October 4, 2023.

CAREER HIGHLIGHTS

Entering his 10th NLL season and first with the expansion-era Knighthawks ... Comes to Rochester for his 10th season in the NLL having totaled 35 points (11+24) and 316 loose-ball recoveries in 119 career games for the Calgary Roughnecks ... Also produced seven points (1+6) in 23 postseason contests with the Roughnecks, with whom he spent his first nine seasons and won an NLL championship with in 2019 ... Under contract with Buffalo in 2022-23 but did not appear in a game, finishing the season on the holdout list ... Posted six goals and 13 assists for 19 points in 37 games with the Victoria Shamrocks (WLA) from 2012-2015 ... Also logged 58 points (17+41) in 47 contests while helping the Orangeville Northmen (OJALL) to back-to-back Minto Cup Championships in 2008 and 2009.

			R	EGUL	AR S	EASO	IN			1	PL/	YOF	FS		
SEASON	TEAM	LEAGUE	GP	G	A	PTS	PIM	LB		GP	G	A	PTS	PIM	LB
2011-12	Calgary	NLL	12	0	1	1	25	25		1	0	0	0	0	2
2012-13	Calgary	NLL	14	3	4	7	22	47		2	0	1	1	4	9
2013-14	Calgary	NLL	18	1	4	5	17	35		7	1	0	1	0	6
2014-15	Calgary	NLL	18	0	5	5	30	49		4	0	0	0	2	10
2015-16	Calgary	NLL	15	3	3	6	26	48		3	0	3	3	4	18
2016-17	Calgary	NLL	8	1	1	2	50	25							
2017-18	Calgary	NLL	10	2	1	3	10	26		2	0	0	0	4	8
2018-19	Calgary	NLL	14	1	3	4	15	33		4	0	2	2	4	13
2019-20	Calgary	NLL	10	0	2	2	10	28							
2020-21	No season	COVID													
2021-22	Did Not Play	NLL													
2022-23	Did Not Play	NLL													
	PRO TOTALS		119	11	24	35	205	316	1	23	1	6	7	18	66

ROCHESTER





| RYLAN HARTLEY | 5-11 | 165 lbs. GOALTENDER

Shoots: Right | Orangeville, Ontario | May 23, 1998 | Fourth-Year Pro

DRAFTED Originally selected by the C-

ACQUIR

Re-signed a tw 2019 NLL Expan

CAREER HI

round of the

NJURED RESERVE Enters his fourth se unsion-era Knighthawks ... Named the Knighthawks' Unsung Hero after One of just four netminders to play more than 1,000 minutes in the crease ... starting all 18 game Finished third in min. (713) while his 10 wins tied for fourth ... Surpassed the 1,000-save mark for his pro career with 45 against Philadelphia on 3/19/23 ... Set the franchise's single-game saves record with a season and career-high 55 saves at Toronto on 3/04/23 ... Posted a career-long six-game win streak from 12/03 to 1/20 ... Named the NLL's Player of the Week for Week 2 after making a career-high 50 saves in an 11-7 win over Toronto on 12/10/22 ... Completed his second season with the Knighthawks in 2021-22, showing a 2-6 record and 312 saves with a .770 save percentage in 10 games ... Missed the last five games (3/12-4/09) of the season due to injury ... Made a season-high 48 saves at Buffalo on 2/5/22 ... Earned his first start/win of the season while also racking up 17 PIM at Albany on 12/18/21 ... Posted a 1-3 record with 171 saves along with a 14.70 goals-against average and a .767 save percentage in four appearances in 2019-20 ... Earned his first pro win with a 47-save effort in Rochester's 13-12 victory over the New York Rip Tide on 2/29/20 ... Made his professional debut on 1/19/20 against the Philadelphia Wings ... Appeared in five games during his rookie campaign and racked up 212:17 minutes in the crease ... Went 1-3 over his five appearances with a 14.7 goal-against average and a .767 save percentage ... Was a member of the San Diego Seals during the 2018-19 season ... Declared early for the 2018 NLL Entry Draft ... Played with the Junior "A" Orangeville Northmen for the past five summers (2015-19) ... Led the Northmen to back-to-back berths in the Ontario Finals (2008 and 2019) ... In 2019, he led the OLA in wins (16) and saves (550) ... Finished third in goals-against average (6.15) and fourth in save percentage (.822) ... Backstopped the team to a 2019 Minto Cup title ... Was the 2018 Dennis McIntosh Award winner as the Ontario Lacrosse Association (OLA) Junior "A" Most Valuable Player ... Led the league in wins (12), goals-against average (6.63), saves (585) and save percentage (.817) ... During his Junior "B" career, he posted an .862 save percentage and 4.13 goals against average during the 2016 regular season ... Led Orangeville to a Founders' Cup championship with an .839 save percentage and a 5.27 goals-against average in the playoffs.





			E F	REG	UL/	AR	SEAS	ON		E F	JLA'	YOF	FS	
SEASON	TEAM	LEAGUE	GP	W	L	Τ	GAA	SV%	SVS	GP	W	L	GAA	SV%
2015	Orangeville	OLA Jr A	1	0	0	1	6.00	.000	0	13	8	5	6.33	.818
2016	Orangeville	OLA Jr A	3	1	0	0	7.16	.842	48	15	11	2	5.27	.839
2017	Orangeville	OLA Jr A	19	9	7	1	7.70	.772	437	2	0	2	11.09	.000
2018	Orangeville	OLA Jr A	20	12	8	0	6.63	.817	585	13	8	5	5.95	.837
2019	Orangeville	OLA Jr A	20	16	3	1	6.15	.822	550	13	11	2	6.22	.838
2019-20	Rochester	NLL	6	1	3	0	14.70	.767	171					
2021-22	Rochester	NLL	10	2	6	0	12.29	.770	312					
2022-23	Rochester	NLL	18	10	7	0	11.61	.778	713	1	0	1	17.76	.694
	JUNIOR TOTALS		63	38	18	3	6.78	.808.	1,620	56	38	16	6.12	.824
	PRO TOTALS		34	13	16	0	12.19	.775	1,196		0	1	17.76	.694







8 | AUSTIN HASEN | 6-0 | 215 lbs.

FORWARD

Shoots: Right | Brampton, Ontario | October 18, 2000 | Second-Year Pro

ACQUIRED

Re-signed a two-year contract with the Rochester Knighthawks on September 12, 2023. Selected by the Rochester Knighthawks in the first round (18th overall) of the 2022 NLL Entry Draft.

CAREER HIGHLIGHTS

Enters his second season in the NLL and second with the expansion-era Knighthawks ... Recorded a career-high five points (1+4) in the 14-13 season-opening win over Calgary on 12/2/23 ... Finished sixth in rookie scoring with 25 points (4+21) while appearing in all 18 games in 2022-23 ... Notched four assists at Albany on 12/17/22 ... Named the NLL's Rookie of the Week for Week 1 after scoring twice in his professional debut at Georgia on 12/03/22 ... Completed a four-year collegiate career at Belmont Abbey College, totaling 154 points (113+41) and 45 groundballs ... Finished his senior season Crusaders in 2022 with career-highs in goals (41), assists (17) and points (58) while starting all 15 games ... Named the 2022 Conference Carolinas Offensive Player of the Year after leading the Crusaders in scoring in addition to recording 81.5 percent of his shots on goal ... He also had seven caused turnovers and 14 groundballs, earning him a spot in the 2022 USILA Senior All-Star Game ... During his first season with the Peterborough Lakers of MSL in 2022, notched 23 points on 11 goals and 12 assists in 12 games while leading the team to its fourth straight Mann Cup championship ... He also played five seasons of Junior 'A' ball with his hometown Brampton Excelsiors, recording 207 points (105+102) over 69 career games as well as 66 points (28+38) in 30 playoff appearances. He was an OLA Junior A Second Team All-Star selection following the 2019 season

INTERNATIONAL

Won a gold medal representing Team Canada at the 2019 World Junior Lacrosse championship.

PERSONAL

His father, Mike Hasen, is the current head coach of the Rochester Knighthawks.

			R	EGU	LAR	SEAS	SON			PL	AYC	IFFS		
SEASON	TEAM	LEAGUE	GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2022-23	Rochester	NLL	18	4	21	25	2	26	1	0	1	1	0	1
	PRO TOTALS		18	4	21	25	2	26	1	0	1	1	0	1







CORY HIGHFIELD | 6-2 | 200 lbs. TRANSITION

Shoots: Left | Born: Brampton, Ontario | May 16, 1996 | Fourth-Year Pro

ACOUIRED

Re-signed a two-year contract with the Rock 22 season with the Knighther ' Entry Draft. C

CAREER

Enters his fourt game in 680 day act for the 2021of the 2019 NLL

season debut, his first

mury ... Totaled three goals and threee games (3/12-4/09) due to injury ... Finished the assists in eight ga 2019-20 season le overall on the team in scoring with 13 points (9+4) in 12 games ... He ranked third on , power-play goals and led all first-year players with 42 shots ... Played collegiately at UMass-Lowell, pos. and 41 assists in 56 games from 2015-19 ... Coming off his finest season, as he registered careerhighs in goals (18), assists (20) and points (38) in 2019 ... In 2015, he was named to the America East All-Rookie Team ... In the summer of 2019, he appeared in 17 regular-season and four playoff games with the Oakville Rock, collecting 14 goals and 16 assists for 30 points ... He also suited up in two games for the Senior "B" Oakville Titans ... Had a breakout season in 2017, winning the Minto Cup with the Six Nations Arrows ... He notched 52 regular season and 37 playoff points ... In the Minto Cup, he recorded five goals and nine assists in six games ... Played Junior "B" and Junior "C" for the Halton Hills Bulldogs ... Was the first overall pick in the 2013 Junior "A" Entry Draft.

			R	EGU	ILAR	SEAS	SON		PL	.AYC)FFS			
SEASON	TEAM	LEAGUE	GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2019-20	Rochester	NLL	12	9	4	13	4	41						
2021-22	Rochester	NLL	8	3	3	6	0	25						
2022-23	Did Not Play													
	PRO TOTALS		20	12	7	19	4	66						







1 | **RILEY HUTCHCRAFT** | 6-0 | 210 lbs. GOALTENDER

Shoots: Right | Toronto, Ontario | June 5, 1997 | Sixth-Year Pro

DRAFTED

Originally selected by the Toronto Rock in the second round (30th overall) of the 2017 NLL Entry Draft.

ACQUIRED

Re-signed a two-year contract with the Rochester Knighthawks on July 14, 2023. Inked a one-year contract for the 2022-23 NLL season on August 2, 2022. Acquired by Rochester along with forward Connor Fields and the first overall pick in the upcoming 2022 NLL Entry Draft from the Las Vegas Desert Dogs

CAREER HIGHLIGHTS

Entering his sixth season in the NLL and second with the expansion-era Knighthawks ... Earned his first pro win with a 28-save effort in the 14-13 season-opening win over Calgary on 12/2/23 ... Named Major Series Lacrosse's 2023 Defender of the Year after posting an 8-8 record with a 10.17 goals-against average in 16 games for the Brooklin Lacrosse Club ... Made his Knighthawks debut when he entered the game with 10:27 remaining in the fourth quarter at Halifax on 1/27/23, finishing with four saves on eight shots against ... Posted an 0-1 record with 19 saves along with a 7.89 goals-against average and a .826 save percentage during the 2021-22 season with the Toronto Rock ... In four seasons with the Rock, he recorded a 6.43 goals-against average and a .698 save percentage

			S.F	REG	UL	AR	SEAS	ON		E F	LA	7OF	FS	
SEASON	TEAM	LEAGUE	GP	W	L	T	GAA	SV%	SVS	GP	W	L	GAA	SV%
2017-18	Toronto	NLL	3	0	0	0	8.00	.846	11					
2018-19	Toronto	NLL 🍝	18	0	0	0	5.27	.861	31					
2019-20	Toronto	NLL	41	0	0	0	5.18	.667	2					
2021-22	Toronto	NLL	15	0	1	0	7.89	.826	19	3	0	0	0	0
2022-23	Rochester	NLL	18	0	1	0	11.02	.735	25	1	0	0	32.20	.545
	PRO TOTALS		65	0	2	0	7.84	.815	88	3				







32 | TAYLOR JENSEN | 6-2 | 180 lbs.

DEFENSE

Shoots: Right | New Westminster, British Columbia | Dec. 20, 1998 | Rookie

ACQUIRED

Signed a one-year contract with the Rochester Knighthawks as an undrafted free agent on August 14, 2023.

CAREER HIGHLIGHTS

Enters his first season in the NLL and first with the expansion-era Knighthawks ... Made his professional debut at Halifax on 1/27/24, recording an assist for his first pro point to go along with five loose ball recoveries ... Completed a four-year collegiate career at Rochester Institute of Technology from 2020 to 2023 ... In 64 career games with the Tigers, he produced 27 points (9+18) and gathered 211 loose balls recoveries while leading the Tigers to consecutive Division III NCAA National Championships in 2021 and 2022 ... Two-time USILA First-Team All-American and the 2023 Liberty League Defensive Player of the Year ... Also named the USILA Long Stick Midfielder of the Year in 2023 and earned First Team All-Liberty League honors in back-to-back seasons ... As a graduate student in 2023, Jensen, who served as co-captain, was named R.I.T.'s Athlete of the Year ... Paced the team with a career-best 91 ground balls and 41 caused turnovers to go along with nine points (3+6) in while starting in all but one game ... In 2022, he led all Tigers with 47 caused turnovers and ranked second with 78 loose ball recoveries before closing out the season as the most outstanding player of the Liberty League Tournament ... Named Co-Defensive Player of the Year in 2022 ... Also played two years of lacrosse at Nassau Community College.





28 | STEPHEN KEOGH | 5-10 | 200 lbs. FORWARD

Shoots: Right | Toronto, Ontario | February 16, 1987 | 12th-Year Pro

DRAFTED

Originally selected by the previous Rocher

ACQUIR

Signed a one-

CAREER H

Enters his 12th set anussed 451 points (227+224) in 151 career games with Toron -yoal scorer and five-time 50-point getter ... Has 44 points on 21 goals and 23 ourns to Rochester for his eighth season having totaled 121 goals and 123 assists for 244 poin me previous Knighthawks organization from 2012-2019 ... Gathered 285 ground ball recoveries while also 31 points (15+18) in 15 postseason contests ... Helped the franchise win three straight NLL championships between 2012 and 2014, the only team in league history to three-peat ... As a rookie in 2012, ranked third amonast all Rochester players as he tallied 26 goals and 32 assists for 58 points in 16 games ... Added four points (0+4) in three playoff games during Rochester's first of three league titles ... During the 2022-23 campaign, recorded 26 goals and 54 points in 17 games with the Toronto Rock, ranking fourth in all offensive categories amongst all forwards ... Prior to turning pro, completed a four-year collegiate career at Syracuse University, totaling 154 points (115+39) and 88 groundballs in 68 games ... Finished his senior season with the Orange in 2011 ranked ninth on the program's all-time list in goals with 133, which included 11 game-winning tallies ... Posted 21 career hat tricks and won back-to-back Division I NCAA National Championships with Syracuse in 2008 and 2009 ... Was a two-time USILA Honorable Mention All-American ... Following his senior season, he was named the BIG EAST Player of the Year and a USILA Second Team All-American ... Also played eight seasons with the Six Nations Chiefs (MSL) from 2010-2017, scoring 131 points (59+72) in 65 regular season games ... Added 135 points (69+66) in 75 playoff games while helping the team claim the Mann Cup Championship in 2013, 2014 and 2016.





NLL Entry Draft.

@ROCKNIGHTHAWKS

			R	EGUL	AR S	EASO	IN			PL/	AYOI	FFS		
SEASON	TEAM	LEAGUE	GP	G	A	PTS	PIM	LB	GP	G	А	PTS	PIM	LB
2011-12	Rochester	NLL	16	26	32	58	14	43	3	4	4	8	0	11
2012-13	Rochester	NLL	12	13	11	24	14	25	2	1	4	5	0	5
2013-14	Rochester	NLL	16	33	38	71	28	63	6	6	4	10	5	17
2014-15	Rochester	NLL	11	13	9	22	7	32	4	7	1	8	2	11
2015-16	Rochester	NLL	18	30	26	56	16	95						
2016-17	Rochester	NLL	4	5	7	12	0	18						
	Colorado	NLL	10	14	18	32	24	22	3	0	7	7	0	7
2017-18	Colorado	NLL	15	30	24	54	6	58	1	1	2	3	2	3
2018-19	Colorado	NLL	4	3	3	6	0	8						
	Rochester	NLL	3	1	0	1	4	9						
2019-20	Halifax	NLL	12	18	16	34	8	41						
2020-21	No season	COVID												
2021-22	Halifax	NLL	13	15	12	27	2	56	1	2	/1	3	0	6
2022-23	Toronto	NLL	17	26	28	54	17	66	3	2	2	4	2	9
	PRO TOTALS	11	151	227	224	451	140	536	23	23	25	48	11	69



NLL



9 | CURTIS KNIGHT | 5-10 | 175 lbs.

FORWARD

Shoots: Right | Oshawa, Ontario | February 20, 1992 | 10th-Year Pro

ALTERNATE CAPTAIN

DRAFTED

Originally selected by the Edmonton Rush in the first round (eighth overall) of the 2012 NLL Entry Draft.

ACQUIRED

Re-signed a two-year contract with the Rochester Knighthawks on August 11, 2022. Selected by the Rochester Knighthawks in the fifth round of the 2019 NLL Expansion Draft.

CAREER HIGHLIGHTS

Entering his 10th season in the NLL and fourth with the expansion-erg Knighthawks ... Missed the first eight games of the 2023-24 season due to injury ... Notched eight points, including a team-high seven assists, and added five loose ball recoveries to surpass the 500-mark for his pro career against Panther City on 1/7/23 ... Finished second on the team in scoring with 61 points (23+38) while being one of five players to appear in 18 games during the 2021-22 campaign ... He also ranked third with 109 shots while serving as an assistant captain for the second straight year ... Notched four points (3+1) in the 15-7 win over Calgary on 4/22 ... Recorded his 400th pro point with an assist at Halifax on 4/01 ... Had five assists against Albany on 2/12 ... Scored a natural hat trick in a span of 8:20 against Buffalo on 12/11 ... In 2019-20, Knight finished second on the team with 15 goals, 31 assists and 46 points while appearing in all 12 games with the Knighthawks ... He ranked third with 114 shots while serving as an assistant captain for the team in their inaugural season ... Spent his entire career with the Rush organization (2013-19) ... Missed the 2015 season with an injury ... During the 2018-19 campaign, he won his second NLL championship in three years ... Potted two goals, including fourthguarter unassisted marker, to go with two assists and seven loose ball scoops in Rush's 15-10 win vs. Rochester in Game 3 of the NLL Cup ... He collected a career-high 76 loose balls ... Was sixth on the team in points with 48 points ... In 2017-18, he was tied for the team lead with three game-winning goals ... Notched a hat trick, including back-to-back goals 32 seconds apart with the second being the game-winner, to go with one assist and four loose balls in Rush's 17-12 win at Colorado on 1/13/18 ... He posted five points on two goals, including the game-winner, and three assists on 12/16/17 ... In 2017, he tied his career-high with 37 assists ... Named Rush's Team MVP for 2014 season ... Finished 10th in the NLL in goals (35) and eighth in power-play goals (9) in 2014 ... Notched career-highs in goals, assists (37) and points (72) ... During his Junior "A" career, he was named MVP of 2011 Minto Cup which was won by Knight's Whitby Warriors ... Canadian Lacrosse Association Player of the Year in 2012 after collecting 95 points in 20 regular-season games ... Voted a Second Team All-Star ... Winner of the Gaylord Powless Memorial Award as Most Sportsmanlike Player in the Junior "A' series ... In 2013, he finished fourth in scoring in the Ontario Lacrosse Association ... Voted a Second Team All-Star ... Won his second Minto Cup with Whitby ... In his Major Series Lacrosse career, he has played with Brooklin since the 2014 season ... In 2014, he was fifth in scoring in Major Series Lacrosse while playing for Brooklin.





				REGU	LAR S	SEASC	JN		PL/	YO	FFS			
SEASON	TEAM	LEAGUE	GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2013	Edmonton	NLL	16	19	27	46	0	51	1	1	1	2	0	4
2014	Edmonton	NLL	18	35	37	72	4	74	3	3	5	8	0	7
2016	Saskatchewan	NLL	15	22	20	42	4	51	4	2	6	8	2	12
2017	Saskatchewan	NLL	18	18	37	55	6	56	4	3	9	12	0	13
2017-18	Saskatchewan	NLL	14	15	29	44	0	42	3	3	3	6	0	16
2018-19	Saskatchewan	NLL	18	13	35	48	2	76	1	2	1	3	2	4
2019-20	Rochester	NLL	12	15	31	46	2	52						
2021-22	Rochester	NLL	18	23	38	61	4	83						
2022-23	Rochester	NLL	16	15	42	57	6	73	1	1	0	1	0	2
	PRO TOTALS		145	175	296	471	28	558	17	15	25	40	4	58









7 | RYAN LANCHBURY | 6-1 | 175 lbs.

FORWARD

Shoots: Left | Burlington, Ontario | April 6, 1998 | Second-Year Pro

DRAFTED

Originally selected by the Georgia Swarm in the first round (second overall) of the 2021 NLL Entry Draft.

ACQUIRED

Acquired by the Rochester Knighthawks from the Georgia Swarm in exchange for a 2024 first-round pick as well as conditional firstround compensatory pick on December 7, 2023.

CAREER HIGHLIGHTS

Enters his second season in the NLL and first with the expansion-era Knighthawks ... Scored twice and added two assists in his Knighthawks debut at Saskatchewan on 12/9/23 ... Comes to Rochester after spending his rookie season with the Georgia Swarm, recording 16 points (6+10) in 10 games in 2022-23 ... The most decorated player in history to come out of the University of Richmond, where he set school records for goals (162), assists (131) and points (293) over five seasons with the Spiders and was a two-time First Team All-Southern Conference selection ... Lanchbury, who started in 69 of his 70 career games at Richmond, recorded a point in 54 straight games, the fourth-longest point streak in the nation, on his way to becoming Richmond's all-time scoring leader ... He totaled 247 points (134+114) during that span, earning a nomination for the Tewaaraton Award as the nation' top collegiate player ... As a senior in 2021, led the team and ranked second in scoring in the Southern Conference with 67 points (28+39) while serving as team captain ... His 67 points were the third-most all-time in school history in a single season ... For his efforts, Lanchbury would be named a First Team All-Conference selection as well as the Southern Conference Player of the Year, becoming the first player in program history to earn the honors ... He was also named an Honorable Mention All-America by both Inside Lacrosse and the United States Intercollegiate Lacrosse Association ... During his sophomore season, set Richmond's single-season records with 52 goals and 72 points ... He finished the season ranked sixth nationally in goals and 14th in points en route to earning SoCon All-Tournament Team accolades ... Prior to attending Richmond, was an accomplished two-sport high school athlete in both lacrosse and hockey at Avon Old Farms preparatory school in Connecticut ... A 2017 Under Armour All-American, he set single-season records with 62 goals and 38 assists as a senior while captaining the Winged Beavers to Founders League championships in 2014, 2015 and 2017 as well as a Western New England title in 2015 ... He also won a New England Championship in hockey in 2017 ... Resume also includes two seasons of Senior 'A' ball in Major Series Lacrosse with Oakville and Brooklin, over which he's produced 102 points on 36 goals and 66 assists in 18 combined games ... Additionally, he's amassed an astounding 298 points (97+201) in 69 appearances at the Junior 'A' level with the Burlington Chiefs between 2015 and 2019.

			R	EGU	LAR	SEAS	SON			PL	AYC	IFFS		
SEASON	TEAM	LEAGUE	GP	G	А	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2022-23	Georgia	NLL	10	6	10	16	0	32						
	PRO TOTALS		10	6	10	16	0	32						









61 | DAN LOMAS | 5-11 | 196 lbs.

FORWARD

Shoots: Left | Burlington, Ontario | June 1, 1993 | Seventh-Year Pro

DRAFTED

Originally selected by the previous Rochester Knighthawks franchise in the second round (16th overall) of the 2016 NLL Entry Draft.

ACQUIRED

Acquired by the Rochester Knighthawks from the New York Riptide in exchange for a fourth-round selection (55th overall) in the 2023 NLL Entry Draft.

CAREER HIGHLIGHTS

Enters his seventh season in the NLL and first with the expansion-era Knighthawks ... Collected an assist in his debut with the expansion-era Knighthawks in the 14-13 season-opening win over Calgary on 12/2/23 ... Returns to Rochester after totaling 76 points (44+32) and 89 loose ball recoveries in 31 games with the Riptide over the past three seasons ... His best season with the Riptide came during the condensed 2019-20 campaign when he led the team in goals (21) and finished second in points (42) in 13 games before the remainder of the season was canceled due to the COVID-19 pandemic ... Both his goals and points were careerbests while he also added 46 loose ball recoveries on the season ... Amassed 118 points (61+57) and 146 loose ball recoveries in 50 career NLL regular-season games, including 15 appearances with the previous Knighthawks franchise ... Recorded 38 points – including a career-best 23 assists as a rookie – over parts of two seasons (2017-18) with the original Knighthawks organization ... Played his collegiate lacrosse at Division I High Point University in North Carolina, where he was a three-year captain and a two-time All-Southern Conference First Team selection ... Scored a school-record 159 goals and tallied 183 points while starting 59 of 61 career games for the Panthers, surpassing the 40-point mark in all four seasons and scoring more than 40 goals in back-to-back years ... As a senior in 2016, Lomas started all 14 games while scoring at least one goal in each on his way to being named to the All-Southern Conference First Team for the second straight year. He paced the league with 38 goals, leading to his selection by the Ohio Machine 38th overall at that year's Major League Lacrosse Draft, the highest in program history ... Also named to the Tewaaraton Watch List for the second consecutive year ... Named the Southern Conference Offensive Player of the Year following a productive junior campaign which saw him lead the conference and break his own school record with 43 goals ... Also tied his own personal single-game record on two separate occasions with a pair of six-goal efforts before leading the Panthers to a conference championship over Richmond to close out the 2015 season.



			F	17		
L			1.1			

			R	EGU	LAR	SEAS	ON			PL/	AYO	FFS		
SEASON	TEAM	LEAGUE	GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2016-17	Rochester	NLL	14	15	23	38	2	51						
2017-18	Rochester	NLL	1	0	0	0	2	1						
2018-19	Vancouver	NLL	4	2	2	4	0	5						
2019-20	New York	NLL	13	21	21	42	11	46						
2020-21	No season	COVID												
2021-22	New York	NLL	9	16	6	22	0	31						
2022-23	New York	NLL	9	7	5	12	4	12			Ξ.			
	PRO TOTALS		50	61	57	118	19	146				e		









2 | BEN MacDONNELL | 6-2 | 195 lbs.

DEFENSE

Shoots: Left | Oshawa, Ontario | September 11, 2002 | Rookie

ACQUIRED

Selected by the Rochester Knighthawks in the first round (16th overall) of the 2023 NLL Entry Draft. Signed a two-year contract with the Knighthawks on September 21, 2023.

CAREER HIGHLIGHTS

Enters his first season in the NLL and first with the expansion-era Knighthawks ... Scored his first pro goal in his professional debut at Halifax on 1/27/24 ... Appeared in one game with Robert Morris University during his sophomore season in 2022 after not playing as a freshman ... Led the Whitby Warriors to a Minto Cup championship last summer in addition to putting up seven goals and 18 points while appearing in all 14 games for the Oshawa Outlaws of the Arena Lacrosse League ... Earned All-Rookie First Team defender honors before emerging as one of the top rookies in Major Series Lacrosse with the Brooklin Lacrosse Club ... Was an accomplished two-sport athlete in both hockey and lacrosse at Maxwell Heights high school ... As a senior in 2019, he captured a pair of titles with the Ontario Federation of School Athletic Associations (OFSAA) championship and the U18 National Championship.







12 | THOMAS McCONVEY | 6-4 | 210 lbs. FORWARD

Shoots: Left | Toronto, Ontario | October 21, 2000 | Rookie

ACQUIRED

Selected by the Rochester Knighthawks in the first round (first overall) of the 2020 NLL Entry Draft. Signed a two-year contract with the Knighthawks on July 25, 2023.

CAREER HIGHLIGHTS

Entering his first season in the NLL and first with the expansion-era Knighthawks ... Scored his first three goals in the 16-14 win at Saskatchewan on 12/9/23 ... Recorded six shots in his professional debut against Calgary on 12/2/23 ... The recipient of the Lt. Donald MacLaughlin Jr. Award as the nation's top midfielder, was one of three University of Virginia players to be named a United States Intercollegiate Lacrosse Association (USILA) First Team All-American in 2023 ... He was also an Inside Lacrosse First Team All-American as well as a USA Lacrosse Magazine Second Team All-American selection ... The seventh player in program history to garner the honor and second under the tutelage of head coach Lars Tiffany ... Carried a 52-game point streak into his graduate season at Virginia, the longest in the nation ... Started all 17 games for the Cavaliers, scoring 28 goals and adding 24 assists for 52 points ... Named an All-ACC selection ... Prior to transferring to Virginia, played four years at the University of Vermont, where he was a threetime USILA and Inside Lacrosse All-American ... One of the most decorated players in program history, assembled one of the most dominant offensive performances as a senior in 2022, setting a program-record with 60 goals, becoming the first player in school history to score more than 50 in a season ... He also added 14 assists for a career-high 74 points while starting in all 19 games for the Catamounts, earning him America East Offensive Player of the Year and ECAC Offensive Player of the Year honors ... Just the second player in Vermont history to be tabbed the top player by America East ... Scored 12 goals in the America East championship on his way to being named the Most Outstanding Player during Vermont's run to its second straight conference championship ... In 52 career games with Vermont, totaled 174 points (127+47), finishing seventh all-time in scoring in program history ... Recorded at least one point in every game over his four-year career, including a hat trick in eight straight games during his final season ... A two-time America East All-Conference First Team selection (2021-22) and a two-time All-New England First Team selection (2021-22), McConvey was also named to the America East All-Rookie Team following a productive 32-point campaign as a freshman in 2019 ... Before attending Vermont, helped St. Michael's College School to four straight Ontario provincial championships ... A twoyear team captain, he amassed 207 points over his final two seasons and was named team MVP as a senior in 2018 ... Also played three seasons of Junior 'A' ball with the Mimico Mountaineers from 2017 to 2019, during which he totaled 188 points (82+106) in 60 games ... In 2019, led the Ontario Junior Lacrosse League in goals (48) and points (105) in only 20 games ... Selected eighth overall by the Waterdogs in the 2023 PLL Collegiate Draft, recording six points (4+2) in four games during his rookie season

INTERNATIONAL

Internationally, he captained Team Canada to a silver medal at the 2022 World Lacrosse Men's U-21 Championship in Limerick, Ireland







21 | ETHAN O'CONNOR | 6-1 | 185 lbs. TRANSITION

Shoots: Right | Milton, Ontario | March 15, 1991 | Ninth-Year Pro

DRAFTED

Originally selected by the Toronto Rock in the first round (ninth overall) of the 2013 NLL Entry Draft.

ACQUIRED

Signed a two-year deal with the Rochester Knighthawks on August 8, 2023.

CAREER HIGHLIGHTS

Enters his ninth season in the NLL and first with the expansion-era Knighthawks ... Scored his first goal as a Knighthawk at Saskatchewan on 12/9/23 ... Made his Knighthawks debut in the season-opening win over Calgary on 12/2/23 ... Two-time NLL champion ... Spent the previous three seasons with the Buffalo Bandits, recording 22 points (7+15) and 147 loose-ball recoveries in 50 career regular-season contests ... He also added four assists in 15 playoff contests while twice leading the Bandits to an appearance in the NLL Finals and winning his second NLL championship in 2023 ... Also a member of the Swarm's 2017 championship squad ... Played his Junior 'A' ball with the Burlington Chiefs, where he was a two-time team captain and earned First Team All-League honors in his final season ... Played four seasons of collegiate lacrosse at Hobart College, scoring one goal and adding five assists for six points in 50 games for the Statesmen ... A three-time ECAC All-Academic Team selection, he was the recipient of the Van Arsdale Award following his senior season in recognition of his superior leadership and determination.

			R	EGU	LAR	SEAS	ON			PL/	AYO	FFS		
SEASON	TEAM	LEAGUE	GP	G	Α	PTS	PIM	LB	GP	G	Α	PTS	PIM	LB
2013-14	Toronto	NLL	17	5	4	9	26	133	1	0	0	0	2	4
2014-15	Minnesota	NLL	18	3	7	10	8	98						
2015-16	Georgia	NLL	18	2	9	11	32	105	1	0	1	1	0	7
2016-17	Georgia	NLL	18	4	6	10	15	93	4	0	3	3	2	25
2017-18	Georgia	NLL	14	0	3	3	8	29	1	0	0	0	0	3
2018-19	Buffalo	NLL	18	6	7	13	4	35	3	0	1	1	2	10
2019-20	Did Not Play													
2020-21	No season	COVID												
2021-22	Buffalo	NLL	16	1	4	5	8	67	6	0	2	2	0	17
2022-23	Buffalo	NLL	16	0	4	4	6	45	6	0	1	1	2	12
	PRO TOTALS		135	21	44	65	107	605	22	0	8	8	8	78

ROCHESTER





8 | MITCH OGILVIE | 5-9 | 200 lbs.

DEFENSE

Shoots: Left | Peterborough, Ontario | June 25, 1995 | Third-Year Pro

ACQUIRED

Re-signed a two-year contract with the Rochester Knighthawks on August 29, 2023. Selected by the Rochester Knighthawks in the fourth round (54th overall) of the 2020 NLL Entry Draft

CAREER HIGHLIGHTS

Entering his third season in the NLL and third with the expansion-era Knighthawks ... Finished with two goals while appearing in eight games during the 2021-22 campaign ... Scored his first pro goal at Halifax on 4/01 ... Made his pro debut at Albany on 12/18 ... Combined for an 18-point season with his hometown Peterborough Lakers of the Ontario Junior Lacrosse League (OJALL) in 2019, including a career-high eight goals ... Spanning over three seasons from 2017-19 with Peterborough, Ogilvie collected 51 points (15+36) over 56 games.

			R	EGU	LAR	SEAS	ON			PL/	AYO	FFS		
SEASON	TEAM	LEAGUE	GP	G	Α	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2021-22	Rochester	NLL	8	2	0	2	4	40						
2022-23	Rochester	NLL	18	1	7	8	4	116	1	0	0	0	0	6
	PRO TOTALS		26	3	7	10	8	156	1	0	0	0	0	6





33 | **JOE POST** | 6-0 | 200 lbs.

RANSITION/FACE-OFF SPECIALIST

Shoots: Right | Canandaigua, New York | December 20, 1998 | Second-Year Pro

ACQUIRED

Re-signed a two-year contract with the Rochester Knighthawks on August 9, 2023. Inked a one-year contract with the Knighthawks as an undrafted free agent on March 6, 2023.

CAREER HIGHLIGHTS

Enters his second season in the NLL and second with the expansion-era Knighthawks ... Recorded his first pro point with an assist against Vancouver on 12/23/23 ... Set the single-game franchise record with 24 face-off wins in the 16-14 win at Saskatchewan on 12/9/23 ... Made his professional debut at Georgia on 3/12/23, winning 13-of-37 face-off attempts while adding six loose ball recoveries in Rochester's 19-18 win ... One of the most decorated players to come out of Division III St. John Fisher University in Rochester, where he was a two-time USILA All-America First Team selection and holds NCAA Division III all-time records for career face-off wins (1,250) and groundball recoveries (854) ... A four-time Empire 8 All-Conference honoree, he also owns the distinct ion of becoming just the second player in program history to be crowned Empire 8 Conference Player of the Year ... In 78 career games with the Cardinals, Post scored 17 goals and added 10 assists for 27 points. He also won 1,250-of-1,755 face-off attempts, good for a. 704 winning percentage ... Won more than 200 face-offs in four of his five seasons and topped the 300-mark twice, including 336 during his sophomore campaign, while helping Fisher to three straight NCAA National Championship tournament appearances ... As a graduate student in 2022, tied career-highs in goals (5) and points (7) while dominating inside the face-off circle, winning 313-of-433 face-offs for a career-best 723 winning percentage, which ranked seventh in the country ... Finished the season ranked second nationally with 237 ground balls, becoming the first player in D-III history to surpass the career 800-mark, on his way to earning USA Lacrosse Magazine and USILA All-America First Team honors for the second straight year ... Earned more than 20 face-off wins on four occasions during the season, including going 24-for-30 while recording two points (1+1) in the 30-11 win over Nazareth in the Empire 8 Championship game on May 7, 2022 ... Helped the Cardinals finish the season with a 16-3 record, leading to his selection as USILA's Co-Faceoff Specialist of the Year and Empire 8 Conference Player of the Year ... During his senior season, set career-highs in goals (5) and points (7) while winning 267-of-378 face-off attempts ... For his efforts, he was named a USILA All-America First Team and USA Lacrosse Magazine All-America Third Team selection in addition to being named to the Empire 8 All-Conference First Team and All-Tournament Team ... As a sophomore, was named to the Empire 8 All-Conference First Team after setting the program's all-time single-season record with 244 ground balls leading Empire 8 with 336 face-off wins with a .707 winning percentage ... Emerged as Fisher's primary face-off specialist as a freshman in 2019 when he led the conference in face-off wins (236) and ground balls (143) en route to earning Empire 8 All-Conference Second Team honors ... Prior to joining Fisher, was an accomplished three-sport athlete in hockey, lacrosse and football at Canandaigua Academy ... Named Canandaigua's Male Athlete of the Year in 2017 and garnered All-Greater Rochester accolades for all three sports as a senior ... Was also a two-time All-Monroe County Division II selection, including a First Team nod as a senior.



			R	EGU	LAR	SEAS	ON			PL/	AYO	FFS		
SEASON	TEAM	LEAGUE	GP	G	Α	PTS	PIM	LB	GP	G	Α	PTS	PIM	LB
2022-23	Rochester	NLL	5	0	0	0	0	28	1	0	0	0	0	6
	PRO TOTALS		5	0	0	0	0	28	1	0	0	0	0	6











17 | RYLAND REES | 6-2 | 195 lbs.

TRANSITION

Shoots: Right | Port Coquitlam, British Columbia | June 7, 1997 Fourth-Year Pro

ALTERNATE CAPTAIN

ACQUIRED

Selected by the Rochester Knighthawks in the first round (second overall) of the 2019 NLL Entry Draft. Re-signed a two-year contract with the Knighthawks on September 1, 2022.

CAREER HIGHLIGHTS

Entering his fourth season in the NLL and fourth with the expansion-era Knighthawks ... Recorded his 300th career loose ball recovery against Buffalo on 1/13/24 ... Name the team's Defensive MVP for the third straight year in 2022-23 ... Led all Knighthawks defensive players with a career-high 11 goals and 15 points while being one of four players to appear in all 18 games last season for Rochester ... He also finished eighth among all NLL transition players with a team-best 118 loose ball recoveries on his way to earning team Defensive Player of the Year honors for the second straight year ... Matched his career-high with his fourth goal of the season in just five games at Philadelphia on 1/22 ... Played last three summers (2020-2022) in the Premier Lacrosse League (PLL) with the Waterdogs Lacrosse Club, winning a PLL Championship in 2022 ... With the Waterdogs in 2021, Rees appeared in nine games and picked up 30 ground balls with seven caused turnovers and three two-point goals ... In the quarterfinal game against the Whipsnakes Lacrosse Club. Rees had two caused turnovers and four aroundballs with one penalty ... In the summer of 2020, Rees appeared in five games with the Waterdogs in their inaugural season, collecting four points and 16 ground balls ... In his first season with the Knighthawks in 2019-20, Rees recorded 11 points on four goals, seven assists and a team-high 75 loose ball recoveries while being one of just four rookies to appear in all 12 games with Rochester during their inaugural season ... Tied for 10th in scoring among all NLL rookies and second behind only teammate Corey Highfield for most points among all first-year transition players ... Earned All-Rookie Team Honors for the 2019-20 season ... Named Rochester's Defensive Player of the Year in their inaugural season ... In the summer of 2019, he played for the Burnaby Lakers of the Western Lacrosse Association (WLA) ... In 2019, he also played professional field lacrosse with the Boston Cannons of Major League Lacrosse (MLL) ... Named to the 2019 MLL All-Star team ... Was selected by the Boston Cannons of the 2019 MLL Entry Draft with the 27th overall pick ... Played his college lacrosse at Stony Brook University ... The two-time team captain was the 2019 America East Defensive Player of the Year and a First Team All-Conference selection in both 2018 and 2019 ... As a senior, he led the Seawolves in both ground balls (40) and caused turnovers (16) ... In 2018, he was also named to the America East All-Championship Team ... Led the team in around balls (45) and caused turnovers (24) ... During his sophomore campaign, he played in and started 10 games ... Named to the All-America East First Team ... Finished the year with a team-best 44 ground balls and 11 caused turnovers. ... In 2016, he appeared in all 16 games, starting as a longstick midfielder ... Recorded 45 ground balls and 15 caused turnovers en route to America East All-Rookie Team honors ... Had an outstanding Junior "A" career with Port Coguitlam, where he played from 2014-18 ... In his final season of junior ball, he was traded to Coguitlam and helped the Adanacs win the 2018 Minto Cup ... Internationally, he played for Team Canada at 2018 World Field Lacrosse Championship and won a silver medal ... He also won silver with Team Canada at the 2016 U19 World Field Lacrosse Championship ... Before college, he was a 2015 graduate of Terry Fox Secondary ... Youngest member of U19 Team British Columbia







... Adrenaline All-American ... Earned school's Award of Distinction ... One of 63 players invited to U19 Team Canada camp ... U16 and U19 Tournament All-Star Team.

PERSONAL

His uncle, Jordan Gagner, played in the Canadian Football League ... Grandfather, Ronald Hemmerling, is in the BC Lacrosse Hall of Fame

			R	REGL	ILAR	SEA	SON		PL					
SEASON	TEAM	LEAGUE	GP	G	Α	PTS	PIM	LB	GP	G	Α	PTS	PIM	LB
2019-20	Rochester	NLL	12	4	7	11	0	75						
2021-22	Rochester	NLL	18	11	4	15	14	118						
2022-23	Rochester	NLL	16	7	9	16	8	82	1	0	0	0	2	2
	PRO TOTALS		46	22	20	42	22	275	1	0	0	0	2	2





36 | DYLAN SPRENTZ | 6-1 | 190 lbs. GOALTENDER

SOUAD

Shoots: Right | Hamilton, Ontario | April 7, 1997 | Rookie

DRAFTED Undrafted

Unaramea

ACQUIRE

Signed a one-yu

CAREER H

Entering his first se .765 goals-against (... He also made 96 recorded a 7-4 mark Hamilton Bengals in Junior "B", showing a 1-0 record and 4.00 goals-against average and a .911 save percentage in 2019.







43 | RYAN SMITH | 6-2 | 220 lbs.

FORWARD

Shoots: Right | Burlington, Ontario | December 23, 1997 | Third-Year Pro

ACQUIRED

Signed a two-year contract with the Knighthawks on June 2, 2021. Selected by the Rochester Knighthawks in the first round (third overall) of the 2020 NLL Entry Draft.

CAREER HIGHLIGHTS

Enters his third season in the NLL and third with the expansion-era Knighthawks ... Opened the 2023-24 campaign with back-toback six-point performances, including a hat trick in each ... Finished the 2022-23 season second on the team in scoring with 75 points on 33 goals and 42 assists ... Reached the 30-goal mark for the second straight year ... Tied the single-game franchise record for shots with 16 at Philadelphia on 4/2/23 ... Recorded his 100th pro point as part of a three-point effort against Halifax on 2/11/23 ... Scored a career-high five goals, becoming the third player in franchise history to do so, and added four assists to match a career-best nine points in the 15-12 win over Buffalo on 1/20/23 ... Finished second among NLL rookies in goals (35) and third in points (59) while also leading all first-year players with a franchise record eight power-play goals ... He ranked third among rookies in power-play scoring with 15 points ... Named to the NLL All-Rookie Team for the 2021-22 season ... Scored four times and added an assist in the 15-7 win over Calgary on 4/22/22 ... Recorded his sixth hat trick of the season along with a team-high 16 shots on goal against Toronto on 4/09/22 ... Had four points (2+2) and a team-high 12 loose ball recoveries against New York on 3/12/22 ... Named the NLL Rookie of the Week for the second time this season after recording a season-high nine points, including his first four-goal game, in the 17-16 overtime loss at Georgia on 3/04/22 ... Notched his second hat trick of the season and added an assist in the 15-13 win over Albany on 2/12/22 ... Recorded his first career hat trick and added two assists in the 16-7 win at Albany on 12/18/21 ... Made his professional debut at New York on 12/04/21 ... The most decorated player in history to come out of Robert Morris University ... As a fifth-year graduate student in 2021, set career-highs with 48 goals and 71 points, while also establishing single-season records for points (71), points-per-game (5.46) and goals-per-game (3.69) ... Recorded hat tricks in 11 of his 13 appearances and registered multiple-assist outings on seven different occasions ... Finished the season ranked second nationally in goals-per-game and fourth in points-per-game en route to earning All-America Honorable Mention accolades from USILA, Inside Lacrosse, US Lacrosse Magazine and College Crosse ... Over his illustrious five seasons with the Colonials, Smith, who was on the Tewaaraton Award Watch List for much of the season, scored 142 goals and totaled 217 points in 69 career games, all of which are most in program history ... Ranks second all-time in career points-per-game (3.14) and games started (59) and third in goals-per-game (2.06) and assists (75) ... Three-time All-Northeast Conference selection and remains the only player in RMU history to win NEC Rookie of the Year honors ... During his senior campaign in 2020, Smith posted a team-leading 28 points (17+11) while appearing in all six games prior to the cancellation of the season due to the COVID-19 pandemic ... In the 2020 season opener, Smith broke the RMU single-game record for points (10) and tied it for goals (8) in the 22-10 win at Canisius ... For his efforts, he was named a 2020 USILA Scholar All-America ... Between 2018 and 2019. Smith totaled 90 points (57+33) while starting in 35 of 36 games over that span and earning back-to-back All-NEC Second Team honors ... Finished his junior season with 10 hat tricks and ranked fifth in the NEC in goals-per-game (2.35) and points-per-game (3.53) while ranking third overall in team scoring ... One of





his most impressive seasons came in 2017 as a freshman after leading all RMU rookies in scoring and ranking third on the team in goals (20) and fourth in points (28) ... Smith would later be named the NEC Rookie of the Year, becoming just the first player in program history to win the award, while also earning a selection to the NEC All-Rookie Team that year ... In 2019, Smith also saw action in 18 games for the Oakville Rock of Major Series Lacrosse, recording 49 points with 22 goals and 27 assists, including two game-winning goals and four power-play goals ... Drafted by the Chaos Lacrosse Club in the fourth round (30th overall) of the 2021 Premier Lacrosse League College Draft ... During his rookie season, scored seven goals with two assists in five games before scoring a two-point goal in three playoff contests to lead Chaos to its first PLL championship

			REGULAR SEASON								PLAYOFFS					
SEASON	TEAM	LEAGUE	GP	G	A	PTS	PIM	LB		GP	G	А	PTS	PIM	LB	
2021-22	Rochester	NLL	17	35	24	59	0	67								
2022-23	Rochester	NLL	17	33	42	75	0	84		1	1	3	4	0	1	
	PRO TOTALS	(34	68	66	134	0	151	- 8	1/	1	3	4	0	1	







42 | KYLE WATERS | 6-4 | 236 lbs. FORWARD

Shoots: Right | Orangeville, Ontario | March 27, 1999 | Third-Year Pro

DRAFTED

Originally selected by the Calgary Roughnecks in the first round (sixth overall) of the 2021 NLL Entry Draft.

ACQUIRED

Acquired by the Rochester Knighthawks along with the 16th and 35th overalls picks in the 2023 NLL Entry Draft from the Calgary Roughnecks in exchange for Thomas Hoggarth and Thomas Vela. Signed a two-year contract with the Knighthawks on September 21, 2023.

CAREER HIGHLIGHTS

Enters his third season in the NLL and first with the expansion-era Knighthawks ... Recorded four points (1+3) in his Knighthawks debut in the season-opening win against his former team on 12/2/23 ... Completed his second pro season with the Calgary Roughnecks in 2022-23, recording 25 points on eight goals and 17 assists while appearing in all but two games ... He also added 14 loose ball recoveries and 48 shots on goal ... In 28 career NLL games, all with Calgary, has totaled 42 points (15+27) and 37 loose balls ... Prior to turning pro played two years of collegiate lacrosse at the University of Detroit Mercy, where he notched 16 points (5+11) in five games for the Titans ... Led the team with five goals and finished second in assists and points before the remainder of the season was canceled due to the COVID-19 pandemic ... In his collegiate debut, he scored five goals, including the game-winner, and added six assists in the 15-14 win over Jacksonville ... The five goals were the most scored by a Titan in his collegiate debut, earning him MAAC Rookie and Offensive Player of the Week honors ... Also a two-time MAAC Honor Roll selection and named to the 2020 MAAC All-Academic Team ... Two-time Founders Cup champion, having guided his hometown Orangeville Northmen to Junior 'B' titles in 2016 and again in 2018 ... In 80 career games with Orangeville over the course of seven seasons, he totaled 221 points (111+110) while also adding 155 points (77+78) in 56 postseason appearances ... Concluded his junior career by winning a Minto Cup in 2019 after scoring 42 goals for the second straight year and amassing 97 points in 20 games for Orangeville.

				EGU		CEAC	PLAYOFFS							
				EGU	LAR	SEAS		PLAYUFF5						
SEASON	TEAM	LEAGUE	GP	G	A	PTS	PIM	LB	GP	G	A	PTS	PIM	LB
2021-22	Calgary	NLL	12	7	10	17	2	23						
2022-23	Calgary	NLL	16	8	17	25	2	14	4	1	4	5	0	6
	PRO TOTALS		28	15	27	42	4	37	4	1	4	5	0	6







3 | THOMAS WHITTY | 6-1 | 185 lbs.

TRANSITION

Shoots: Left | St. Catharines, Ontario | January 23, 1999 | Fourth-Year Pro

ACQUIRED

Re-signed a two-year contract with the Knighthawks on September 16, 2022. Re-signed a one-year contract for the 2021-22 season with Rochester on July 12, 2021. Signed a two-year deal with the Knighthawks on September 24, 2019. Selected by the Knighthawks in the third round (35th overall) of the 2019 NLL Entry Draft.

CAREER HIGHLIGHTS

Entering his fourth season in the NLL and fourth with the expansion-era Knighthawks ... Missed the entire 2022-23 season due to injury ... Posted one goal and seven assists for eight points in 28 career games during his first two seasons with the Knighthawks ... Recorded two assists in the 15-7 win over Calgary on 4/22 ... In his rookie season in 2019-20, Whitty registered five points (1+4) while being one of only three transition players to appear in all 12 games during Knighthawks inaugural season ... Led all Knighthawks first-year players with 12 penalty minutes while making 52 loose ball recoveries ... Declared early for the NLL Draft ... In his fourth season with the St. Catharines Athletics in 2019, posting career-highs in assists (10) and points (11) while appearing in all 20 games ... In 74 career games with St. Catharines, he amassed 26 points (5+21), including a career-best four goals during the 2017 season ... Played in the Canadian University Field Lacrosse Association (CUFLA) with the University of Guelph.

			REGULAR SEASON							PLAYOFFS					
SEASON	TEAM	LEAGUE	GP	G	Α	PTS	PIM	LB	GP	G	А	PTS	PIM	LB	
2019-20	Rochester	NLL	12	1	4	5	12	54							
2021-22	Rochester	NLL	16	0	3	3	17	84							
2022-23	Did Not Play														
	PRO TOTALS	1.0	28	1	7	8	29	138							
									-						



