



# 2023-24 PLAYER BIOS

@ROCKNIGHTHAWKS



**29 | TYLER BILES | 6-1 | 209 lbs.**  
**DEFENSE**

Shoots: Left | Etobicoke, Ontario | August 21, 1998 | Fourth-Year Pro

## ACQUIRED

Selected by the Rochester Knighthawks in the fourth round (49<sup>th</sup> overall) of the 2019 NLL Entry Draft. Re-signed a two-year deal with the Knighthawks on July 2, 2023.

## CAREER HIGHLIGHTS

Entering his third season in the NLL and third with the expansion-era Knighthawks ... Posted three points on one goal and two assists in 18 games with the Rochester Knighthawks in 2021-22 ... Scored his first pro goal in 15-7 win over Calgary on 4/22 ... In rookie season in 2019-20, Biles racked up nine penalty minutes and 15 loose ball recoveries in his six games played ... During the 2019 season, he set career-highs in goals (one), assists (seven) and points (eight) while also adding one assist in eight playoff appearances for the Junior "A" Brampton Excelsiors ... Since 2015, he has appeared in 78 combined junior games with Brampton and Halton Hills (Junior "B"), recording one goal and 16 assists for 17 points ... In 2018, he played for the Ontario champion Excelsiors and competed in the Minto Cup.

|            |           |        | REGULAR SEASON |   |   |     |     |    |  | PLAYOFFS |    |    |     |     |    |
|------------|-----------|--------|----------------|---|---|-----|-----|----|--|----------|----|----|-----|-----|----|
| SEASON     | TEAM      | LEAGUE | GP             | G | A | PTS | PIM | LB |  | GP       | G  | A  | PTS | PIM | LB |
| 2019-20    | Rochester | NLL    | 6              | 0 | 0 | 0   | 9   | 14 |  | --       | -- | -- | --  | --  | -- |
| 2021-22    | Rochester | NLL    | 18             | 1 | 2 | 3   | 61  | 35 |  |          |    |    |     |     |    |
| 2022-23    | Rochester | NLL    | 16             | 0 | 2 | 2   | 24  | 37 |  | 1        | 0  | 0  | 0   | 0   | 2  |
| PRO TOTALS |           |        | 40             | 1 | 4 | 5   | 94  | 87 |  | 1        | 0  | 0  | 0   | 0   | 2  |



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# 2023-24 PLAYER BIOS

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**37 | DAN COATES | 6-0 | 195 lbs.**  
**DEFENSE**

Shoots: Right | St. Catharines, Ontario | April 6, 1987 | 11<sup>th</sup>-Year Pro

**TEAM CAPTAIN**

## DRAFTED

Originally selected by the Colorado Mammoth in the first round (eighth overall) pick in the 2011 NLL Entry Draft.

## ACQUIRED

Re-signed a one-year deal with the Rochester Knighthawks on July 25, 2023. Signed a two-year deal with the Knighthawks on August 5, 2021.

## CAREER HIGHLIGHTS

Entering his 11<sup>th</sup> NLL season and third with the expansion-era Knighthawks ... Recorded his 100<sup>th</sup> career point with his second of two assists at Saskatchewan on 12/9/23 ... Named the second team captain in franchise history ... Scored the game-winning goal in his return to the lineup in the 19-18 win at Georgia on 3/12/23 after missing the previous seven games due to injury ... In his first season with Rochester in 2021-22, he paced all defensemen with 13 assists and 14 points and appeared in all 18 games ... Set the single-season franchise record for assists by a defenseman with 13 ... He was just one of five players to appear in all 18 games ... Scored his first goal as a Knighthawk and added an assist against Toronto on 4/09/22 ... Recorded his first two points as a Knighthawk with a pair of assists against Georgia on 1/21 ... Made his Knighthawks debut at New York on 12/04 ... Acquired by the Georgia Swarm on July 6, 2020, but was unable to appear in a game following the cancellation of the 2020-21 NLL season due to the COVID-19 pandemic ... He spent nine seasons with the Colorado Mammoth, during which he compiled 75 points (15+60), 492 loose ball recoveries and 139 caused turnovers in 128 career games ... Posted his best season during the 2014-15 campaign when he scored one goal and posted career-highs in assists (11) and points (12) in 18 games ... Departed the Mammoth ranked second in franchise history in caused turnovers (139), fourth in face-off wins (477) and games played (128) and seventh in loose balls (492) ... A four-year captain, also added six points (1+5) and 28 loose balls in 10 postseason contests while leading the team to an unprecedented eight straight playoff appearances from 2012-2019, including a pair of trips to the Western Division Final over a three-year span ... Prior to turning pro, played his collegiate lacrosse at nearby Canisius College ... Appeared in 50 games with the Griffins during his four-year career at Canisius (2008-11), helping the program capture its first Metro Atlantic Athletic Conference Tournament Championship ... The first defender in program history to garner All-MAAC First Team distinction, finished his collegiate career with 113 ground balls and 40 caused turnovers to go along with two goals and four assists.

| SEASON  | TEAM     | LEAGUE | REGULAR SEASON |   |    |     |     |    | PLAYOFFS |   |   |     |     |    |
|---------|----------|--------|----------------|---|----|-----|-----|----|----------|---|---|-----|-----|----|
|         |          |        | GP             | G | A  | PTS | PIM | LB | GP       | G | A | PTS | PIM | LB |
| 2011-12 | Colorado | NLL    | 16             | 3 | 7  | 10  | 18  | 94 | 1        | 0 | 1 | 1   | 0   | 2  |
| 2012-13 | Colorado | NLL    | 13             | 0 | 7  | 7   | 15  | 50 | 1        | 0 | 2 | 2   | 0   | 4  |
| 2013-14 | Colorado | NLL    | 18             | 2 | 14 | 16  | 14  | 71 | 1        | 1 | 1 | 2   | 0   | 3  |
| 2014-15 | Colorado | NLL    | 18             | 1 | 11 | 12  | 10  | 63 | 1        | 0 | 0 | 0   | 0   | 2  |



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# 2023-24 PLAYER BIOS



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|            |           |     |     |    |    |    |     |     |    |    |    |    |    |    |
|------------|-----------|-----|-----|----|----|----|-----|-----|----|----|----|----|----|----|
| 2015-16    | Colorado  | NLL | 16  | 3  | 6  | 9  | 25  | 66  | 1  | 0  | 0  | 0  | 0  | 2  |
| 2016-17    | Colorado  | NLL | 17  | 3  | 2  | 5  | 18  | 48  | 3  | 0  | 1  | 1  | 0  | 6  |
| 2018-19    | Colorado  | NLL | 18  | 1  | 10 | 11 | 10  | 68  | 2  | 0  | 0  | 0  | 2  | 9  |
| 2019-20    | Colorado  | NLL | 12  | 2  | 3  | 5  | 12  | 34  | -- | -- | -- | -- | -- | -- |
| 2021-22    | Rochester | NLL | 18  | 1  | 13 | 14 | 4   | 109 | -- | -- | -- | -- | -- | -- |
| 2022-23    | Rochester | NLL | 11  | 2  | 5  | 7  | 4   | 61  | 1  | 0  | 0  | 0  | 0  | 6  |
| PRO TOTALS |           |     | 157 | 18 | 78 | 96 | 130 | 664 | 11 | 1  | 5  | 6  | 2  | 34 |



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# 2023-24 PLAYER BIOS



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**93 | PENT EISTRAT | 6-0 | 195 lbs.**  
**FORWARD**

Shoots: Right | Toronto, Ontario | July 28, 1999 | Second-Year Pro

## ACQUIRED

Selected by the Rochester Knighthawks in the fourth round (50<sup>th</sup> overall) of the 2021 NLL Entry Draft. Re-signed a two-year deal with the Knighthawks on August 10, 2023.

## CAREER HIGHLIGHTS

Entering his second season in the NLL and second with the expansion-era Knighthawks ... Had 27 points (11+16) in 70 career games over a five-year collegiate career at Rochester Institute of Technology (R.I.T.) from 2018-2022 ... Helped the Tigers to back-to-back NCAA Division III National Championships in 2021 and 2022 ... During his tenure with the Tigers, he was twice named a USILA Honorable Mention All-American and was also a Second Team All-Liberty League selection in 2022 ... A three-time Liberty League All-Academic selection in each of his final three seasons ... Collected 125 points (51+74) in 48 games with the Mississauga Tomahawks while also posting 11 points (2+9) in five playoff contests ... Tallied 22 goals and 21 assists for 43 points with the Brampton Excelsiors in 2019 ... In 10 postseason contests, he registered 18 points (6+12).



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# 2023-24 PLAYER BIOS

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**5 | TURNER EVANS | 5-9 | 170 lbs.**  
**FORWARD**

Shoots: Left | Peterborough, Ontario | September 11, 1993 | Seventh-Year Pro

## DRAFTED

Originally selected by the Toronto Rock in the second round (10<sup>th</sup> overall) of the 2015 NLL Entry Draft.

## ACQUIRED

Re-signed two-year contract with the Rochester Knighthawks on September 9, 2022. Acquired by the Knighthawks from the San Diego Seals in exchange for Shane Simpson on July 12, 2019.

## CAREER HIGHLIGHTS

Entering his seventh season in the NLL and fourth with the expansion-era Knighthawks ... Recovered his 300<sup>th</sup> career loose ball against New York on 2/25/23 ... Surpassed the 200-point mark as part of a six-point effort against Panther City on 1/7/23 ... Established career-highs in both goals (14) and points (46) in 15 games with Rochester during the 2021-22 campaign ... ranked fifth in goals, assists and points while tying for second on the team with four power-play goals ... Earned his second five-point effort of the season with a hat trick and two assists in the 15-13 win over Albany on 2/12/22 ... Posted a team-high five points (2+3) at Toronto on 1/29/22 ... Surpassed 100 career assists as part of a five-point effort (1+4) at Albany on 12/18/21 ... Appeared in all 12 games with the Knighthawks during the 2019-20 season ... His 28 points and 16 assists ranked fourth on the team, while his career-high 20 penalty minutes ranked third ... Finished sixth on the San Diego Seals with 45 points ... Was the Seals' first selection in the 2018 Expansion Draft ... Spent his first three seasons with the Toronto Rock, where he posted 72 points and 103 loose balls in 26 career games ... The lefty forward missed the 2018 season with an injury ... In 2017, he posted career-highs in assists (37) and loose balls (74) ... Has posted 45 points in his last two seasons of action ... Played collegiately at Ohio State ... He played in 59 games for the Scarlet and Gray and ended his career with 97 points on 54 goals and 43 assists ... A 2014 First Team All-ECAC selection, he was honored as a USILA Scholar All-American in 2015 ... As a senior in 2015, he had 21 points, with nine goals and 12 assists, while playing in all 19 games ... He was a four-time Ohio State Scholar-Athlete and three-time Academic All-Big Ten choice ... He has played his entire junior and senior career in Peterborough ... In 2011, he was seventh scoring and a Second Team All-Star for the Junior "A" Lakers ... In 2013, he finished sixth in scoring and was selected as a First Team All-Star ... He would earn Second Team honors in 2014 as he finished fifth in scoring in the Junior "A" circuit ... At the Senior "A" level, he has won Mann Cups with the Peterborough Lakers in 2017, 2018, 2019 and 2022



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# 2023-24 PLAYER BIOS

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| SEASON     | TEAM      | LEAGUE | REGULAR SEASON |    |     |     |     |     | PLAYOFFS |    |    |     |     |    |
|------------|-----------|--------|----------------|----|-----|-----|-----|-----|----------|----|----|-----|-----|----|
|            |           |        | GP             | G  | A   | PTS | PIM | LB  | GP       | G  | A  | PTS | PIM | LB |
| 2016       | Toronto   | NLL    | 12             | 12 | 15  | 27  | 2   | 34  | --       | -- | -- | --  | --  | -- |
| 2017       | Toronto   | NLL    | 14             | 8  | 37  | 45  | 6   | 74  | --       | -- | -- | --  | --  | -- |
| 2018-19    | San Diego | NLL    | 18             | 19 | 26  | 45  | 5   | 63  | 1        | 3  | 1  | 4   | 0   | 1  |
| 2019-20    | Rochester | NLL    | 12             | 12 | 16  | 28  | 19  | 52  | --       | -- | -- | --  | --  | -- |
| 2021-22    | Rochester | NLL    | 15             | 14 | 32  | 46  | 2   | 49  | --       | -- | -- | --  | --  | -- |
| 2022-23    | Rochester | NLL    | 18             | 8  | 31  | 39  | 2   | 63  | 1        | 0  | 1  | 1   | 0   | 4  |
| PRO TOTALS |           |        | 89             | 73 | 157 | 230 | 37  | 336 | 2        | 3  | 2  | 5   | 0   | 5  |



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# 2023-24 PLAYER BIOS

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**41 | CONNOR FARRELL | 6-2 | 240 lbs.**  
**TRANSITION/FACE-OFF SPECIALIST**

Shoots: Right | Holtsville, New York | March 25, 1997 | Fourth-Year Pro

## DRAFTED

Originally selected by the

## ACQUIRED

Acquired by the  
Signed a two-year

## CAREER HIGHLIGHTS

Entering his first season with the expansion-era Knighthawks ... The face-off specialist completed his fifth campaign with the Club ... of the Premier Lacrosse League in 2023 ... Since the start of 2019, appeared in 32 games, showing eight points (1.25) to go with 334 loose ball recoveries and winning 532 of his 948 face-offs for a 56.1 winning-percentage ... A two-time PLL All-Star (2022, 2023) and recipient of the Dave Huntley Sportsmanship Award in 2019 ... Continued his prowess at the faceoff stipe during the 2020 PLL Championship Series in 2020, where he posted a .62% win percentage and picked up 34 ground balls ... Was named a finalist for the Paul Cantabene Faceoff Athlete of the Championship Series ... Finished the 2019 PLL season with the second-highest face-off percentage and fourth-highest ground balls (84) ... One of three finalists for the 2019 PLL Rookie of the Year after being selected 22<sup>nd</sup> overall by Chrome LC in the 2019 Collegiate Draft ... Prior to turning pro, completed a four-year collegiate career at Long Island University (NCAA) from 2016-2019, registering 23 points on 12 goals and 11 assists in 50 career games ... In addition to being a three-time All-ECC First Team honoree, he also added 507 ground balls while showing a .728 face-off winning percentage ... In his final season with the Pioneers, he finished first in the nation in face-off winning percentage (.814) as well as ground balls per game (16.75), both of which were new NCAA Division II records for a single season ... Established an NCAA Division II single-game record with 30 ground balls against Merrimack on Mar. 9, 2019.

**INACTIVE**  
**PHYSICALLY UNABLE TO PERFORM LIST**

August 4, 2023.



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# 2023-24 PLAYER BIOS

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**10 | CONNOR FIELDS | 6-0 | 180 lbs.**  
**FORWARD**

Shoots: Left | East Amherst, New York | October 10, 1995 | Fifth-Year Pro

## DRAFTED

Originally selected by the Buffalo Bandits in the first round (10<sup>th</sup> overall) of the 2018 NLL Entry Draft.

## ACQUIRED

Signed a three-year contract with the Rochester Knighthawks on August 11, 2022. Acquired by Rochester along with goaltender Riley Hutchcraft and the first overall pick in the 2022 NLL Entry Draft from the Las Vegas Desert Dogs during the 2022 Expansion Draft.

## CAREER HIGHLIGHTS

Enters his fifth season in the NLL and second with the expansion-era Knighthawks ... Set the single-game franchise record with a career-high 11 points (4+7) at Saskatchewan on 12/9/23, earning him Gatorade Canada Player of the Week honors for Week 2 ... Set the single-game franchise record with 18 shots on goal and had six points (4+2), including the game-winning goal, in the season-opening win over Calgary on 12/2/23 ... Named the Knighthawks Offensive MVP and a Second Team All-League selection ... Closed out his first season in Rochester leading the Knighthawks in all offensive categories, including goals (52), assists (60) and points (112) ... Finished second in the league in goals and fifth in scoring while leading all forwards with 142 loose ball recoveries ... One of just three players, joining New York's Jeff Teat and Saskatchewan's Robert Church, to have 50 goals and 50 assists, marking the first time since 2002 the NLL had three different players reach the marks in the same season ... Reached 300 career loose ball recoveries and became just the second American-born player (Roy Colsey, 2001) in league history to score 50 goals in a season against Georgia on 4/22/23 ... Also became just the third player ever and first since Athan Iannucci in 2008 to record more than 100 points and 130 loose balls in the same season ... Became the fifth player during the 2022-23 season and the first player in franchise history to record 100 points in a season following his third 10-point effort (2+8) of the season in the 14-12 loss to Albany on 4/8/23 ... Factored in on 10 of Rochester's 12 goals, including his 15<sup>th</sup> straight multi-goal effort of the season, to lead the team in scoring for the 13<sup>th</sup> time in 15 games ... Also became just the third American-born player to reach the 100-point mark in a season, a feat previously accomplished by only Joe Resetarits (2018 and 2021-22) and Tom Schreiber (2022-23) ... Recorded his 100<sup>th</sup> point of the season on his 100<sup>th</sup> career goal ... Surpassed 200 career points with two goals and three assists at Las Vegas on 3/25/23 ... Set the new single-season record for assists (42) with four in the 9-8 overtime loss to Philadelphia on 3/19/23 ... Recorded his second 10-point effort of the season with five goals and five assists in the 19-18 win at Georgia on 3/12/23 ... Established a new career-high in points (76) while setting the new single-season record in goals (38) and recording his 100<sup>th</sup> career assist ... Set the franchise's new single-season scoring record (66 points) following a seven-point performance at Toronto on 3/04/23 ... Scored four goals and averaged more than seven points per game through each of his first four games of the season ... Name the NLL's Player of the Week for Week 12 after recording a team-high 10 points (4+6) in his Knighthawks debut at Georgia on 12/03/22 ... Became the third player in team history to record 10 points in a game ... Completed his third NLL season in 2021-22 with 67 points (32+35) in 18 games for the Buffalo Bandits, good for third on the team in scoring ... Also added 16 points (7+9) in six playoff contests



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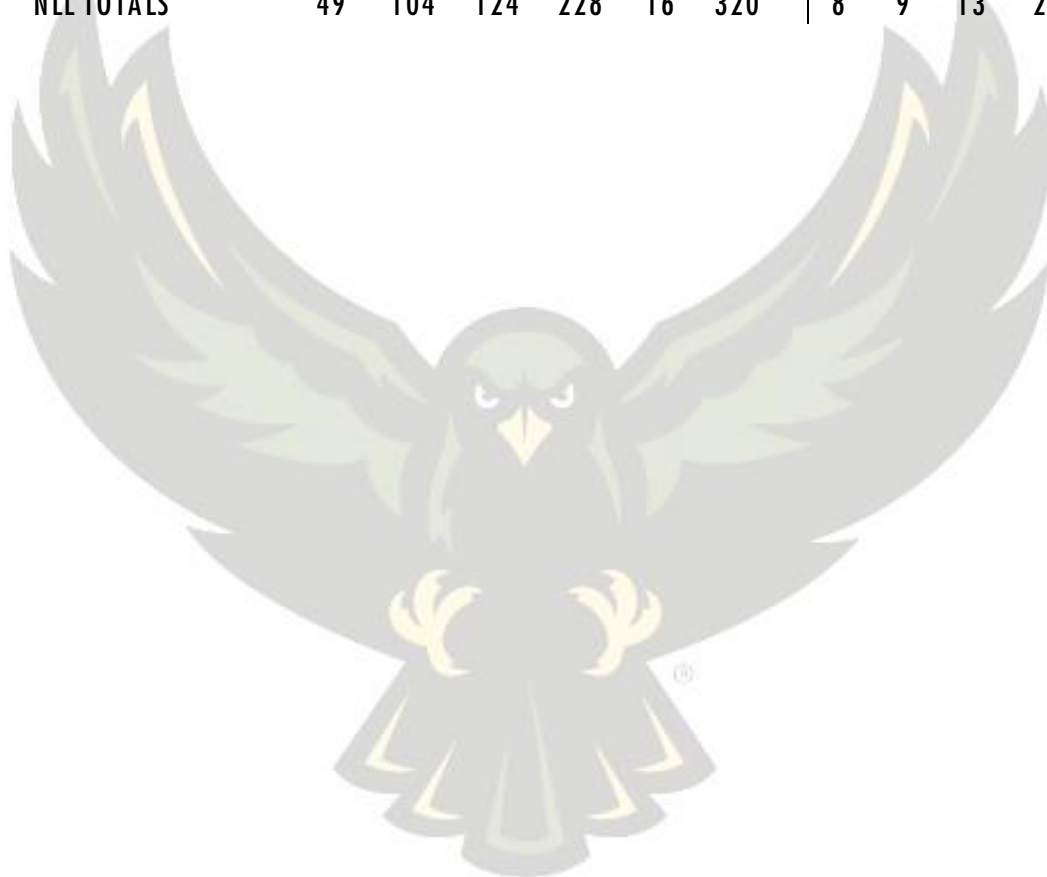
# 2023-24 PLAYER BIOS



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while leading the Bandits to their second NLL Finals appearance in three years ... In 32 career NLL games with Buffalo and San Diego, Fields has totaled 116 points (52+64) and 178 loose ball recoveries

| SEASON     | TEAM      | LEAGUE | REGULAR SEASON |     |     |     |     |     | PLAYOFFS |    |    |     |     |    |
|------------|-----------|--------|----------------|-----|-----|-----|-----|-----|----------|----|----|-----|-----|----|
|            |           |        | GP             | G   | A   | PTS | PIM | LB  | GP       | G  | A  | PTS | PIM | LB |
| 2018-19    | San Diego | NLL    | 2              | 2   | 3   | 5   | 0   | 8   | 1        | 1  | 0  | 1   | 0   | 4  |
| 2019-20    | San Diego | NLL    | 12             | 18  | 26  | 44  | 2   | 71  | --       | -- | -- | --  | --  | -- |
| 2021-22    | Buffalo   | NLL    | 18             | 32  | 35  | 67  | 2   | 97  | 6        | 7  | 9  | 16  | 0   | 29 |
| 2022-23    | Rochester | NLL    | 17             | 52  | 60  | 112 | 12  | 142 | 1        | 1  | 4  | 5   | 0   | 7  |
| NLL TOTALS |           |        | 49             | 104 | 124 | 228 | 16  | 320 | 8        | 9  | 13 | 22  | 0   | 40 |



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# 2023-24 PLAYER BIOS

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**6 | BRAD GILLIES | 6-1 | 200 lbs.**  
**DEFENSE**

Shoots: Right | Oakville, Ontario | June 14, 1991 | Eighth-Year Pro

## DRAFTED

Originally selected by the previous Rochester Knighthawks franchise in the first round (9<sup>th</sup> overall) of the 2015 NLL Entry Draft.

## ACQUIRED

Signed a three-year contract with the Rochester Knighthawks on August 17, 2022 as a free agent.

## CAREER HIGHLIGHTS

Enters his eighth season in the NLL and second with the expansion-era Knighthawks ... Reached 400 career loose ball recoveries with six at Philadelphia on 4/2/23 ... Appeared in his 100<sup>th</sup> professional game against Philadelphia on 3/19/23 ... Recorded his second career hat trick – and first in the regular season – in the 11-10 overtime win over New York on 2/25/23 ... Netted his third goal of the game with 58 seconds remaining in overtime, ending the second-longest game in NLL history ... Scored four goals and added five assists for nine points in 17 games with the Halifax Thunderbirds in 2021-22 ... In 59 games with previous Knighthawks, Gillies recorded 50 points (22+28) and was a three-time winner of the team's community service award ... Prior to turning pro, Gillies was a four-year starter at Rochester Institute of Technology (R.I.T.) from 2012-2015 ... A mainstay on the Tigers midfield, he tallied 97 career points on 27 goals and 70 assists in 83 career games, helping the Tigers to four Liberty League titles and four trips to the NCAA Division III Tournament, including a championship game appearance in 2013 ... A 2015 USILA Honorable Mention Division III All-American selection and a second team All-Liberty League pick, Gillies is tied for 28th all-time with 219 career ground balls ... A co-captain in 2015, Gillies played in all 22 games, tallying career highs in points with 53, goals with 11 and led the team with 42 assists, the eighth-best total in school history ... He left the program as a three-time Liberty League All-Academic selection and a USILA Academic All-America selection in 2015 ... Also a two-time Minto Cup winner at the junior level, winning championships in 2009 and 2012 with Orangeville, and played one game with the former Rochester Rattlers of Major League Lacrosse

## REGULAR SEASON

## PLAYOFFS

| SEASON     | TEAM      | LEAGUE | GP  | G  | A  | PTS | PIM | LB  | GP | G  | A  | PTS | PIM | LB |
|------------|-----------|--------|-----|----|----|-----|-----|-----|----|----|----|-----|-----|----|
| 2016-17    | Rochester | NLL    | 6   | 2  | 2  | 4   | 0   | 24  | -- | -- | -- | --  | --  | -- |
| 2017-18    | Rochester | NLL    | 18  | 8  | 7  | 15  | 6   | 90  | -- | -- | -- | --  | --  | -- |
| 2017-18    | Rochester | NLL    | 17  | 8  | 11 | 19  | 6   | 65  | -- | -- | -- | --  | --  | -- |
| 2018-19    | Rochester | NLL    | 18  | 4  | 8  | 12  | 0   | 89  | 5  | 4  | 1  | 5   | 0   | 22 |
| 2020-21    | Halifax   | NLL    | 11  | 2  | 3  | 5   | 4   | 33  | -- | -- | -- | --  | --  | -- |
| 2021-22    | Halifax   | NLL    | 17  | 4  | 5  | 9   | 4   | 49  | 1  | 1  | 0  | 1   | 0   | 1  |
| 2022-23    | Rochester | NLL    | 17  | 7  | 6  | 13  | 0   | 57  | 1  | 0  | 0  | 0   | 0   | 0  |
| NLL TOTALS |           |        | 104 | 35 | 42 | 77  | 20  | 408 | 7  | 5  | 1  | 6   | 0   | 23 |



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# 2023-24 PLAYER BIOS

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**81 | MATT GILRAY | 6-3 | 206 lbs.**  
**TRANSITION**

Shoots: Right | Oshaw a, Ontario | May 11, 1995 | Fifth-Year Pro

## DRAFTED

Originally selected by the Buffalo Bandits in the first round (third overall) of the 2018 NLL Entry Draft.

## ACQUIRED

Re-signed a three-year contract with the Rochester Knighthawks on August 29, 2022. Acquired by the Rochester Knighthawks along with a fourth-round pick in 2020 from the Buffalo Bandits in exchange for the 19<sup>th</sup> overall pick in the 2020 NLL Entry Draft, a first-round pick in 2021 and a second-round pick in 2023 on September 17, 2020.

## CAREER HIGHLIGHTS

Enters fifth season in the NLL and third with the expansion-era Knighthawks ... Set the single-season franchise record with 154 loose ball recoveries in 2022-23 ... Recovered his 300<sup>th</sup> career loose ball against New York on 2/25/23 ... Recorded a career-high six goals in 12 games during the 2021-22 season ... Totaled six of his nine points (3+3) over a four-game stretch during the final five games of the slate while also recovering 69 loose balls in his first year with the team ... Scored his first two goals as a Knighthawk against Georgia on 1/21 ... Made his Knighthawks debut at New York on 12/04 ... Had a banner year with the Buffalo Bandits in 2019-20, setting career-highs in goals (5), assists (7) and points (12) while also adding 81 loose ball recoveries in 11 games ... In 2018-19, he totaled five points (3+2) in all 18 games as a rookie for the Bandits before notching two assists during Buffalo's run to the NLL Finals ... Played his collegiate lacrosse at Bucknell University, where he was a two-time team captain and an All-Patriot League Second Team selection in each of his last three years ... In 53 games with the Bison, he totaled 10 points (5+5) and 149 ground balls, including eight points (4+4) during his sophomore season ... Before joining Bucknell, was a four-year letter-winner in both lacrosse and hockey while attending Brewster Academy in New Hampshire ... As a member of the lacrosse team, he was part of three NELL championship teams and was named a 2014 All-America selection after setting a single-season school record for points by a defenseman with 26 (10+16) ... Also named among Inside Lacrosse's top 100 recruits following his senior season, during which he served as team captain ... Pro lacrosse experience also includes two seasons with the Boston Cannons of Major League Lacrosse and an international appearance with Team Canada at the 2018 FIL World Lacrosse Championship



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| SEASON     | TEAM      | LEAGUE | REGULAR SEASON |    |    |     |     |     | PLAYOFFS |    |    |     |     |    |
|------------|-----------|--------|----------------|----|----|-----|-----|-----|----------|----|----|-----|-----|----|
|            |           |        | GP             | G  | A  | PTS | PIM | LB  | GP       | G  | A  | PTS | PIM | LB |
| 2018-19    | Buffalo   | NLL    | 18             | 3  | 2  | 5   | 11  | 69  | 4        | 0  | 2  | 2   | 0   | 15 |
| 2019-20    | Buffalo   | NLL    | 11             | 5  | 7  | 12  | 2   | 81  | --       | -- | -- | --  | --  | -- |
| 2021-22    | Rochester | NLL    | 12             | 6  | 3  | 9   | 16  | 69  | --       | -- | -- | --  | --  | -- |
| 2022-23    | Rochester | NLL    | 18             | 10 | 17 | 27  | 2   | 154 | 1        | 0  | 1  | 1   | 0   | 7  |
| PRO TOTALS |           |        | 59             | 24 | 29 | 53  | 31  | 373 | 5        | 0  | 3  | 3   | 0   | 22 |



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# 2023-24 PLAYER BIOS

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## 27 | TYLER HALLS | 6-0 | 200 lbs. TRANSITION

Shoots: Left | Caledon, Ontario | September 25, 1999 | Third-Year Pro

### ACQUIRED

Re-signed a two-year contract with the Rochester Knighthawks on July 17, 2023. Signed a two-year contract as an undrafted free agent with the Knighthawks on August 10, 2021.

### CAREER HIGHLIGHTS

Entering his third season in the NLL and third with the expansion-era Knighthawks ... Set the single-game franchise record with 18 face-off wins at Albany on 12/17/22 ... In his first season with Rochester, he posted three points on one goal and two assists as he appeared in 10 games ... Scored his first pro goal in the 15-12 loss to New York on 3/12 ... Made his professional debut at Toronto on 1/29 ... Halls was honored with the Knighthawks Teammate of the Year award following the 2021-22 season ... Spent the 2019-20 season on the practice squad with the Buffalo Bandits ... Played three seasons with the Orangeville Northmen of the Ontario Junior Lacrosse League (OJALL) from 2017-19 ... Registered 25 points on 11 goals and 14 assists in 51 career games ... Appeared in 34 playoff games with Orangeville, adding 10 points (3+7) ... In final season with Northmen in 2019, Halls posted a career-high six goals, six assists and 12 points while also helping the club win a Minto Cup.

| SEASON     | TEAM      | LEAGUE | REGULAR SEASON |   |   |     |     |     | PLAYOFFS |    |    |     |     |    |
|------------|-----------|--------|----------------|---|---|-----|-----|-----|----------|----|----|-----|-----|----|
|            |           |        | GP             | G | A | PTS | PIM | LB  | GP       | G  | A  | PTS | PIM | LB |
| 2021-22    | Rochester | NLL    | 10             | 1 | 2 | 3   | 13  | 41  | --       | -- | -- | --  | --  | -- |
| 2022-23    | Rochester | NLL    | 15             | 0 | 7 | 7   | 10  | 86  | 1        | 0  | 0  | 0   | 0   | 5  |
| PRO TOTALS |           |        | 25             | 1 | 9 | 10  | 23  | 127 | 1        | 0  | 0  | 0   | 0   | 5  |



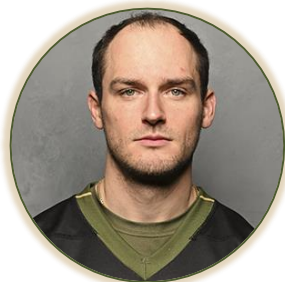
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ROCHESTER





# 2023-24 PLAYER BIOS

@ROCKNIGHTHAWKS



## 11 | GREH HARNETT | 6-0 | 190 lbs. DEFENSE

Shoots: Left | Orangeville, Ontario | June 30, 1990 | 10<sup>th</sup>-Year Pro

### DRAFTED

Originally selected by the Calgary Roughnecks

### ACQUIRED

Signed a one-

### CAREER HISTORY

Entering his 10<sup>th</sup> season in the NLL, Greh Harnett has having totaled 35 goals and 24 assists for 59 points and seven points (1+6) in 119 career games for the Calgary Roughnecks ... Also produced seven points (1+6) in 119 career games for the Calgary Roughnecks, with whom he spent his first nine seasons and won an NLL championship with in 2015 ... Signed a one-year contract with Buffalo in 2022-23 but did not appear in a game, finishing the season on the holdout list ... Posted 11 goals and 13 assists for 19 points in 37 games with the Victoria Shamrocks (WLA) from 2012-2015 ... Also logged 58 points (17+41) in 47 contests while helping the Orangeville Northmen (OJALL) to back-to-back Minto Cup Championships in 2008 and 2009.

INACTIVE  
INJURED RESERVE

### REGULAR SEASON

### PLAYOFFS

| SEASON     | TEAM         | LEAGUE | GP  | G  | A  | PTS | PIM | LB  | GP | G  | A  | PTS | PIM | LB |
|------------|--------------|--------|-----|----|----|-----|-----|-----|----|----|----|-----|-----|----|
| 2011-12    | Calgary      | NLL    | 12  | 0  | 1  | 1   | 25  | 25  | 1  | 0  | 0  | 0   | 0   | 2  |
| 2012-13    | Calgary      | NLL    | 14  | 3  | 4  | 7   | 22  | 47  | 2  | 0  | 1  | 1   | 4   | 9  |
| 2013-14    | Calgary      | NLL    | 18  | 1  | 4  | 5   | 17  | 35  | 7  | 1  | 0  | 1   | 0   | 6  |
| 2014-15    | Calgary      | NLL    | 18  | 0  | 5  | 5   | 30  | 49  | 4  | 0  | 0  | 0   | 2   | 10 |
| 2015-16    | Calgary      | NLL    | 15  | 3  | 3  | 6   | 26  | 48  | 3  | 0  | 3  | 3   | 4   | 18 |
| 2016-17    | Calgary      | NLL    | 8   | 1  | 1  | 2   | 50  | 25  | -- | -- | -- | --  | --  | -- |
| 2017-18    | Calgary      | NLL    | 10  | 2  | 1  | 3   | 10  | 26  | 2  | 0  | 0  | 0   | 4   | 8  |
| 2018-19    | Calgary      | NLL    | 14  | 1  | 3  | 4   | 15  | 33  | 4  | 0  | 2  | 2   | 4   | 13 |
| 2019-20    | Calgary      | NLL    | 10  | 0  | 2  | 2   | 10  | 28  | -- | -- | -- | --  | --  | -- |
| 2020-21    | No season    | COVID  | --  | -- | -- | --  | --  | --  | -- | -- | -- | --  | --  | -- |
| 2021-22    | Did Not Play | NLL    | --  | -- | -- | --  | --  | --  | -- | -- | -- | --  | --  | -- |
| 2022-23    | Did Not Play | NLL    | --  | -- | -- | --  | --  | --  | -- | -- | -- | --  | --  | -- |
| PRO TOTALS |              |        | 119 | 11 | 24 | 35  | 205 | 316 | 23 | 1  | 6  | 7   | 18  | 66 |



KNIGHTHAWKS  
ROCHESTER





# 2023-24 PLAYER BIOS

@ROCKNIGHTHAWKS



**49 | RYLAN HARTLEY | 5-11 | 165 lbs.**  
**GOALTENDER**

Shoots: Right | Orangeville, Ontario | May 23, 1998 | Fourth-Year Pro

## DRAFTED

Originally selected by the San Diego Seals in the second round (15<sup>th</sup> overall) of the 2018 NLL Entry Draft.

## ACQUIRED

Re-signed a two-year contract with the Rochester Knighthawks on August 15, 2023. Selected by Rochester in the third round of the 2019 NLL Expansion Draft.

## CAREER HIGHLIGHTS

Enters his fourth season in the NLL and fourth with the expansion-era Knighthawks ... Named the Knighthawks' Unsung Hero after starting all 18 games during the regular season ... One of just four netminders to play more than 1,000 minutes in the crease ... Finished third in minutes (1,049) and saves (713) while his 10 wins tied for fourth ... Surpassed the 1,000-save mark for his pro career with 45 against Philadelphia on 3/19/23 ... Set the franchise's single-game saves record with a season and career-high 55 saves at Toronto on 3/04/23 ... Posted a career-long six-game win streak from 12/03 to 1/20 ... Named the NLL's Player of the Week for Week 2 after making a career-high 50 saves in an 11-7 win over Toronto on 12/10/22 ... Completed his second season with the Knighthawks in 2021-22, showing a 2-6 record and 312 saves with a .770 save percentage in 10 games ... Missed the last five games (3/12-4/09) of the season due to injury ... Made a season-high 48 saves at Buffalo on 2/5/22 ... Earned his first start/win of the season while also racking up 17 PIM at Albany on 12/18/21 ... Posted a 1-3 record with 171 saves along with a 14.70 goals-against average and a .767 save percentage in four appearances in 2019-20 ... Earned his first pro win with a 47-save effort in Rochester's 13-12 victory over the New York Rip Tide on 2/29/20 ... Made his professional debut on 1/19/20 against the Philadelphia Wings ... Appeared in five games during his rookie campaign and racked up 212:17 minutes in the crease ... Went 1-3 over his five appearances with a 14.7 goal-against average and a .767 save percentage ... Was a member of the San Diego Seals during the 2018-19 season ... Declared early for the 2018 NLL Entry Draft ... Played with the Junior "A" Orangeville Northmen for the past five summers (2015-19) ... Led the Northmen to back-to-back berths in the Ontario Finals (2008 and 2019) ... In 2019, he led the OLA in wins (16) and saves (550) ... Finished third in goals-against average (6.15) and fourth in save percentage (.822) ... Backstopped the team to a 2019 Minto Cup title ... Was the 2018 Dennis McIntosh Award winner as the Ontario Lacrosse Association (OLA) Junior "A" Most Valuable Player ... Led the league in wins (12), goals-against average (6.63), saves (585) and save percentage (.817) ... During his Junior "B" career, he posted an .862 save percentage and 4.13 goals against average during the 2016 regular season ... Led Orangeville to a Founders' Cup championship with an .839 save percentage and a 5.27 goals-against average in the playoffs.



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ROCHESTER





# 2023-24 PLAYER BIOS

@ROCKNIGHTHAWKS



| SEASON        | TEAM        | LEAGUE   | REGULAR SEASON |    |    |   |       |      |       | PLAYOFFS |    |    |       |      |
|---------------|-------------|----------|----------------|----|----|---|-------|------|-------|----------|----|----|-------|------|
|               |             |          | GP             | W  | L  | T | GAA   | SV%  | SVS   | GP       | W  | L  | GAA   | SV%  |
| 2015          | Orangeville | OLA Jr A | 1              | 0  | 0  | 1 | 6.00  | .000 | 0     | 13       | 8  | 5  | 6.33  | .818 |
| 2016          | Orangeville | OLA Jr A | 3              | 1  | 0  | 0 | 7.16  | .842 | 48    | 15       | 11 | 2  | 5.27  | .839 |
| 2017          | Orangeville | OLA Jr A | 19             | 9  | 7  | 1 | 7.70  | .772 | 437   | 2        | 0  | 2  | 11.09 | .000 |
| 2018          | Orangeville | OLA Jr A | 20             | 12 | 8  | 0 | 6.63  | .817 | 585   | 13       | 8  | 5  | 5.95  | .837 |
| 2019          | Orangeville | OLA Jr A | 20             | 16 | 3  | 1 | 6.15  | .822 | 550   | 13       | 11 | 2  | 6.22  | .838 |
| 2019-20       | Rochester   | NLL      | 6              | 1  | 3  | 0 | 14.70 | .767 | 171   | --       | -- | -- | --    | --   |
| 2021-22       | Rochester   | NLL      | 10             | 2  | 6  | 0 | 12.29 | .770 | 312   | --       | -- | -- | --    | --   |
| 2022-23       | Rochester   | NLL      | 18             | 10 | 7  | 0 | 11.61 | .778 | 713   | 1        | 0  | 1  | 17.76 | .694 |
| JUNIOR TOTALS |             |          | 63             | 38 | 18 | 3 | 6.78  | .808 | 1,620 | 56       | 38 | 16 | 6.12  | .824 |
| PRO TOTALS    |             |          | 34             | 13 | 16 | 0 | 12.19 | .775 | 1,196 | 1        | 0  | 1  | 17.76 | .694 |



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# 2023-24 PLAYER BIOS

@ROCKNIGHTHAWKS



**18 | AUSTIN HASEN | 6-0 | 215 lbs.**  
**FORWARD**

Shoots: Right | Brampton, Ontario | October 18, 2000 | Second-Year Pro

## ACQUIRED

Re-signed a two-year contract with the Rochester Knighthawks on September 12, 2023. Selected by the Rochester Knighthawks in the first round (18<sup>th</sup> overall) of the 2022 NLL Entry Draft.

## CAREER HIGHLIGHTS

Enters his second season in the NLL and second with the expansion-era Knighthawks ... Recorded a career-high five points (1+4) in the 14-13 season-opening win over Calgary on 12/2/23 ... Finished sixth in rookie scoring with 25 points (4+21) while appearing in all 18 games in 2022-23 ... Notched four assists at Albany on 12/17/22 ... Named the NLL's Rookie of the Week for Week 1 after scoring twice in his professional debut at Georgia on 12/03/22 ... Completed a four-year collegiate career at Belmont Abbey College, totaling 154 points (113+41) and 45 groundballs ... Finished his senior season Crusaders in 2022 with career-highs in goals (41), assists (17) and points (58) while starting all 15 games ... Named the 2022 Conference Carolinas Offensive Player of the Year after leading the Crusaders in scoring in addition to recording 81.5 percent of his shots on goal ... He also had seven caused turnovers and 14 groundballs, earning him a spot in the 2022 USILA Senior All-Star Game ... During his first season with the Peterborough Lakers of MSL in 2022, notched 23 points on 11 goals and 12 assists in 12 games while leading the team to its fourth straight Mann Cup championship ... He also played five seasons of Junior 'A' ball with his hometown Brampton Excelsiors, recording 207 points (105+102) over 69 career games as well as 66 points (28+38) in 30 playoff appearances. He was an OLA Junior A Second Team All-Star selection following the 2019 season

## INTERNATIONAL

Won a gold medal representing Team Canada at the 2019 World Junior Lacrosse championship.

## PERSONAL

His father, Mike Hasen, is the current head coach of the Rochester Knighthawks.

| SEASON     | TEAM      | LEAGUE | REGULAR SEASON |   |    |     |     |    | PLAYOFFS |   |   |     |     |    |
|------------|-----------|--------|----------------|---|----|-----|-----|----|----------|---|---|-----|-----|----|
|            |           |        | GP             | G | A  | PTS | PIM | LB | GP       | G | A | PTS | PIM | LB |
| 2022-23    | Rochester | NLL    | 18             | 4 | 21 | 25  | 2   | 26 | 1        | 0 | 1 | 1   | 0   | 1  |
| PRO TOTALS |           |        | 18             | 4 | 21 | 25  | 2   | 26 | 1        | 0 | 1 | 1   | 0   | 1  |



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# 2023-24 PLAYER BIOS

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**96 | CORY HIGHFIELD | 6-2 | 200 lbs.**  
**TRANSITION**

Shoots: Left | Born: Brampton, Ontario | May 16 1997 | Fourth-Year Pro

## ACQUIRED

Re-signed a two-year contract for the 2021-22 season with the entry draft. S

ct for the 2021-  
f the 2019 NLL

## CAREER H

Enters his fourth season with the Rock Knighthawks in 2021-22 ... Missed the last five games (3/12-4/09) due to injury ... Totaled 13 points (9+4) in 42 shots ... Play ... third on Knighthawks roster with four power-play goals and led all first-year players with 42 shots ... Playing collegiately at UMass-Lowell, posting 39 goals and 41 assists in 56 games from 2015-19 ... Coming off his finest season, as he registered career-highs in goals (18), assists (20) and points (38) in 2019 ... In 2015, he was named to the America East All-Rookie Team ... In the summer of 2019, he appeared in 17 regular-season and four playoff games with the Oakville Rock, collecting 14 goals and 16 assists for 30 points ... He also suited up in two games for the Senior "B" Oakville Titans ... Had a breakout season in 2017, winning the Minto Cup with the Six Nations Arrows ... He notched 52 regular season and 37 playoff points ... In the Minto Cup, he recorded five goals and nine assists in six games ... Played Junior "B" and Junior "C" for the Halton Hills Bulldogs ... Was the first overall pick in the 2013 Junior "A" Entry Draft.

**INACTIVE**  
**PRACTICE SQUAD**

## REGULAR SEASON

## PLAYOFFS

| SEASON     | TEAM         | LEAGUE | GP | G  | A  | PTS | PIM | LB | GP | G  | A  | PTS | PIM | LB |
|------------|--------------|--------|----|----|----|-----|-----|----|----|----|----|-----|-----|----|
| 2019-20    | Rochester    | NLL    | 12 | 9  | 4  | 13  | 4   | 41 | -- | -- | -- | --  | --  | -- |
| 2021-22    | Rochester    | NLL    | 8  | 3  | 3  | 6   | 0   | 25 | -- | -- | -- | --  | --  | -- |
| 2022-23    | Did Not Play |        | -- | -- | -- | --  | --  | -- | -- | -- | -- | --  | --  | -- |
| PRO TOTALS |              |        | 20 | 12 | 7  | 19  | 4   | 66 | -- | -- | -- | --  | --  | -- |



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# 2023-24 PLAYER BIOS

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## 1 | RILEY HUTCHCRAFT | 6-0 | 210 lbs. GOALTENDER

Shoots: Right | Toronto, Ontario | June 5, 1997 | Sixth-Year Pro

### DRAFTED

Originally selected by the Toronto Rock in the second round (30<sup>th</sup> overall) of the 2017 NLL Entry Draft.

### ACQUIRED

Re-signed a two-year contract with the Rochester Knighthawks on July 14, 2023. Inked a one-year contract for the 2022-23 NLL season on August 2, 2022. Acquired by Rochester along with forward Connor Fields and the first overall pick in the upcoming 2022 NLL Entry Draft from the Las Vegas Desert Dogs

### CAREER HIGHLIGHTS

Entering his sixth season in the NLL and second with the expansion-era Knighthawks ... Earned his first pro win with a 28-save effort in the 14-13 season-opening win over Calgary on 12/2/23 ... Made his Knighthawks debut when he entered the game with 10:27 remaining in the fourth quarter at Halifax on 1/27/23, finishing with four saves on eight shots against ... Posted an 0-1 record with 19 saves along with a 7.89 goals-against average and a .826 save percentage during the 2021-22 season with the Toronto Rock ... In four seasons with the Rock, he recorded a 6.43 goals-against average and a .698 save percentage

| SEASON     | TEAM      | LEAGUE | REGULAR SEASON |   |   |   |       |      |     | PLAYOFFS |    |    |       |      |
|------------|-----------|--------|----------------|---|---|---|-------|------|-----|----------|----|----|-------|------|
|            |           |        | GP             | W | L | T | GAA   | SV%  | SVS | GP       | W  | L  | GAA   | SV%  |
| 2017-18    | Toronto   | NLL    | 3              | 0 | 0 | 0 | 8.00  | .846 | 11  | --       | -- | -- | --    | --   |
| 2018-19    | Toronto   | NLL    | 18             | 0 | 0 | 0 | 5.27  | .861 | 31  | --       | -- | -- | --    | --   |
| 2019-20    | Toronto   | NLL    | 11             | 0 | 0 | 0 | 5.18  | .667 | 2   | --       | -- | -- | --    | --   |
| 2021-22    | Toronto   | NLL    | 15             | 0 | 1 | 0 | 7.89  | .826 | 19  | 3        | 0  | 0  | 0     | 0    |
| 2022-23    | Rochester | NLL    | 18             | 0 | 1 | 0 | 11.02 | .735 | 25  | 1        | 0  | 0  | 32.20 | .545 |
| PRO TOTALS |           |        | 65             | 0 | 2 | 0 | 7.84  | .815 | 88  | 3        | -- | -- | --    | --   |



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ROCHESTER







# 2023-24 PLAYER BIOS



@ROCKNIGHTHAWKS



**32 | TAYLOR JENSEN | 6-2 | 180 lbs.**  
**DEFENSE**

Shoots: Right | New Westminster, British Columbia | Dec. 20, 1998 | Rookie

## ACQUIRED

Signed a one-year contract with the Rochester

## CAREER

Enters his first  
Rochester Insti  
gathered 211 lo  
2022 ... Two-tim  
Long Stick Midfiel  
student in 2023, J  
ground balls and 41  
Tigers with 47 caused  
player of the Liberty League Tournament ... Named Co-Defensive Player of the Year in 2022 ... Also played two years of lacrosse at Nassau Community College.

**INACTIVE**  
**PRACTICE SQUAD**

iate career at  
(9+18) and  
championships in 2021 and  
ayer of the Year ... Also named the USILA  
League honors in back-to-back seasons ... As a graduate  
Paced the team with a career-best 91  
with nine points (3+6) in while starting in all but one game ... In 2022, he led all  
ranked second with 78 loose ball recoveries before closing out the season as the most outstanding  
player of the Liberty League Tournament ... Named Co-Defensive Player of the Year in 2022 ... Also played two years of lacrosse at



**KNIGHTHAWKS**  
ROCHESTER







# 2023-24 PLAYER BIOS

@ROCKNIGHTHAWKS



**28 | STEPHEN KEOGH | 5-10 | 200 lbs.**  
**FORWARD**

Shoots: Right | Toronto, Ontario | February 16, 1987 | 12<sup>th</sup>-Year Pro

## DRAFTED

Originally selected by the previous Rochester

NLL Entry Draft.

## ACQUIRED

Signed a one-

## CAREER HISTORY

Enters his 12<sup>th</sup> season with the franchise, having previously missed 451 points (227+224) in 151 career games with Toronto. A prolific goal scorer and five-time 50-point getter ... Has 44 points on 21 goals and 23 assists for 244 points in 101 games ... Returns to Rochester for his eighth season having totaled 121 goals and 123 assists for 244 points in 101 games ... Rejoins the previous Knighthawks organization from 2012-2019 ... Gathered 285 ground ball recoveries while also scoring 31 points (15+18) in 15 postseason contests ... Helped the franchise win three straight NLL championships between 2012 and 2014, the only team in league history to three-peat ... As a rookie in 2012, ranked third amongst all Rochester players as he tallied 26 goals and 32 assists for 58 points in 16 games ... Added four points (0+4) in three playoff games during Rochester's first of three league titles ... During the 2022-23 campaign, recorded 26 goals and 54 points in 17 games with the Toronto Rock, ranking fourth in all offensive categories amongst all forwards ... Prior to turning pro, completed a four-year collegiate career at Syracuse University, totaling 154 points (115+39) and 88 groundballs in 68 games ... Finished his senior season with the Orange in 2011 ranked ninth on the program's all-time list in goals with 133, which included 11 game-winning tallies ... Posted 21 career hat tricks and won back-to-back Division I NCAA National Championships with Syracuse in 2008 and 2009 ... Was a two-time USILA Honorable Mention All-American ... Following his senior season, he was named the BIG EAST Player of the Year and a USILA Second Team All-American ... Also played eight seasons with the Six Nations Chiefs (MSL) from 2010-2017, scoring 131 points (59+72) in 65 regular season games ... Added 135 points (69+66) in 75 playoff games while helping the team claim the Mann Cup Championship in 2013, 2014 and 2016.

**INACTIVE**  
**HOLDOUT LIST**



**KNIGHTHAWKS**  
ROCHESTER





# 2023-24 PLAYER BIOS

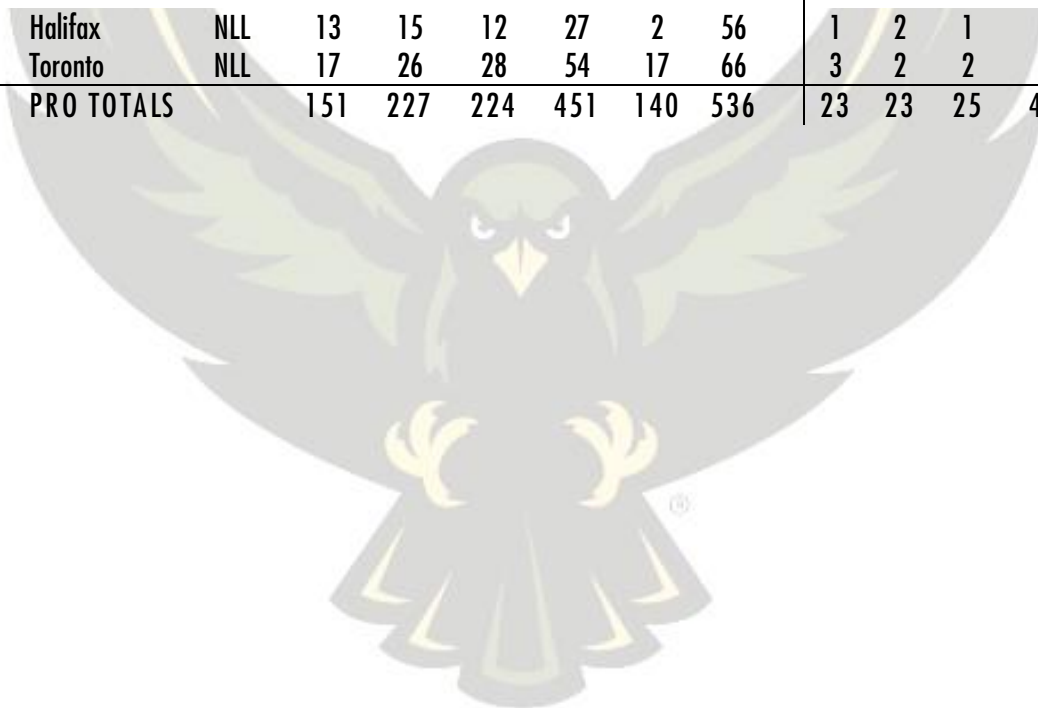
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## REGULAR SEASON

## PLAYOFFS

| SEASON     | TEAM      | LEAGUE | GP  | G   | A   | PTS | PIM | LB  | GP | G  | A  | PTS | PIM | LB |
|------------|-----------|--------|-----|-----|-----|-----|-----|-----|----|----|----|-----|-----|----|
| 2011-12    | Rochester | NLL    | 16  | 26  | 32  | 58  | 14  | 43  | 3  | 4  | 4  | 8   | 0   | 11 |
| 2012-13    | Rochester | NLL    | 12  | 13  | 11  | 24  | 14  | 25  | 2  | 1  | 4  | 5   | 0   | 5  |
| 2013-14    | Rochester | NLL    | 16  | 33  | 38  | 71  | 28  | 63  | 6  | 6  | 4  | 10  | 5   | 17 |
| 2014-15    | Rochester | NLL    | 11  | 13  | 9   | 22  | 7   | 32  | 4  | 7  | 1  | 8   | 2   | 11 |
| 2015-16    | Rochester | NLL    | 18  | 30  | 26  | 56  | 16  | 95  | -- | -- | -- | --  | --  | -- |
| 2016-17    | Rochester | NLL    | 4   | 5   | 7   | 12  | 0   | 18  | -- | -- | -- | --  | --  | -- |
|            | Colorado  | NLL    | 10  | 14  | 18  | 32  | 24  | 22  | 3  | 0  | 7  | 7   | 0   | 7  |
| 2017-18    | Colorado  | NLL    | 15  | 30  | 24  | 54  | 6   | 58  | 1  | 1  | 2  | 3   | 2   | 3  |
| 2018-19    | Colorado  | NLL    | 4   | 3   | 3   | 6   | 0   | 8   | -- | -- | -- | --  | --  | -- |
|            | Rochester | NLL    | 3   | 1   | 0   | 1   | 4   | 9   | -- | -- | -- | --  | --  | -- |
| 2019-20    | Halifax   | NLL    | 12  | 18  | 16  | 34  | 8   | 41  | -- | -- | -- | --  | --  | -- |
| 2020-21    | No season | COVID  | --  | --  | --  | --  | --  | --  | -- | -- | -- | --  | --  | -- |
| 2021-22    | Halifax   | NLL    | 13  | 15  | 12  | 27  | 2   | 56  | 1  | 2  | 1  | 3   | 0   | 6  |
| 2022-23    | Toronto   | NLL    | 17  | 26  | 28  | 54  | 17  | 66  | 3  | 2  | 2  | 4   | 2   | 9  |
| PRO TOTALS |           |        | 151 | 227 | 224 | 451 | 140 | 536 | 23 | 23 | 25 | 48  | 11  | 69 |



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# 2023-24 PLAYER BIOS

@ROCKKNIGHTHAWKS



**9 | CURTIS KNIGHT | 5-10 | 175 lbs.**  
**FORWARD**

Shoots: Right | Oshawa, Ontario | February 20, 1992 | 10<sup>th</sup>-Year Pro

**ALTERNATE CAPTAIN**

## DRAFTED

Originally selected by the Edmonton Rush in the first round (eighth overall) of the 2013 NLL Draft.

## ACQUIRED

Re-signed a two-year contract with the Rock Knighthawks in the fifth round of the 2021 NLL Draft.

## CAREER

Entering his 10<sup>th</sup> season with the Rock Knighthawks, Knight has recorded 10 goals, seven assists, and 17 points in 18 games. He finished second on the team in goals with 10 goals and 17 points in the 2021-22 campaign. Knight was named the team's Most Valuable Player (MVP) for the 2021-22 season. Notched four points in his debut game against the Colorado Rapids on 2/12. Recorded his 400<sup>th</sup> pro point with an assist at Halifax on 4/01. Had five assists against the Colorado Rapids on 2/12. Scored a natural hat trick in a span of 8:20 against Buffalo on 12/11. In 2019-20, Knight finished second on the team with 15 goals, 31 assists and 46 points while appearing in all 12 games with the Knighthawks. He ranked third with 114 shots while serving as an assistant captain for the team in their inaugural season. Spent his entire career with the Rush organization (2013-19). Missed the 2015 season with an injury. During the 2018-19 campaign, he won his second NLL championship in three years. Potted two goals, including fourth-quarter unassisted marker, to go with two assists and seven loose ball scoops in Rush's 15-10 win vs. Rochester in Game 3 of the NLL Cup. He collected a career-high 76 loose balls. Was sixth on the team in points with 48 points. In 2017-18, he was tied for the team lead with three game-winning goals. Notched a hat trick, including back-to-back goals 32 seconds apart with the second being the game-winner, to go with one assist and four loose balls in Rush's 17-12 win at Colorado on 1/13/18. He posted five points on two goals, including the game-winner, and three assists on 12/16/17. In 2017, he tied his career-high with 37 assists. Named Rush's Team MVP for 2014 season. Finished 10<sup>th</sup> in the NLL in goals (35) and eighth in power-play goals (9) in 2014. Notched career-highs in goals, assists (37) and points (72). During his Junior "A" career, he was named MVP of 2011 Minto Cup which was won by Knight's Whitby Warriors. Canadian Lacrosse Association Player of the Year in 2012 after collecting 95 points in 20 regular-season games. Voted a Second Team All-Star. Winner of the Gaylord Powless Memorial Award as Most Sportsmanlike Player in the Junior "A" series. In 2013, he finished fourth in scoring in the Ontario Lacrosse Association. Voted a Second Team All-Star. Won his second Minto Cup with Whitby. In his Major Series Lacrosse career, he has played with Brooklin since the 2014 season. In 2014, he was fifth in scoring in Major Series Lacrosse while playing for Brooklin.

**INACTIVE**  
**INJURED RESERVE**



**KNIGHTHAWKS**  
ROCHESTER





# 2023-24 PLAYER BIOS

@ROCKNIGHTHAWKS



| SEASON     | TEAM         | LEAGUE | REGULAR SEASON |     |     |     |     |     | PLAYOFFS |    |    |     |     |    |
|------------|--------------|--------|----------------|-----|-----|-----|-----|-----|----------|----|----|-----|-----|----|
|            |              |        | GP             | G   | A   | PTS | PIM | LB  | GP       | G  | A  | PTS | PIM | LB |
| 2013       | Edmonton     | NLL    | 16             | 19  | 27  | 46  | 0   | 51  | 1        | 1  | 1  | 2   | 0   | 4  |
| 2014       | Edmonton     | NLL    | 18             | 35  | 37  | 72  | 4   | 74  | 3        | 3  | 5  | 8   | 0   | 7  |
| 2016       | Saskatchewan | NLL    | 15             | 22  | 20  | 42  | 4   | 51  | 4        | 2  | 6  | 8   | 2   | 12 |
| 2017       | Saskatchewan | NLL    | 18             | 18  | 37  | 55  | 6   | 56  | 4        | 3  | 9  | 12  | 0   | 13 |
| 2017-18    | Saskatchewan | NLL    | 14             | 15  | 29  | 44  | 0   | 42  | 3        | 3  | 3  | 6   | 0   | 16 |
| 2018-19    | Saskatchewan | NLL    | 18             | 13  | 35  | 48  | 2   | 76  | 1        | 2  | 1  | 3   | 2   | 4  |
| 2019-20    | Rochester    | NLL    | 12             | 15  | 31  | 46  | 2   | 52  | --       | -- | -- | --  | --  | -- |
| 2021-22    | Rochester    | NLL    | 18             | 23  | 38  | 61  | 4   | 83  | --       | -- | -- | --  | --  | -- |
| 2022-23    | Rochester    | NLL    | 16             | 15  | 42  | 57  | 6   | 73  | 1        | 1  | 0  | 1   | 0   | 2  |
| PRO TOTALS |              |        | 145            | 175 | 296 | 471 | 28  | 558 | 17       | 15 | 25 | 40  | 4   | 58 |



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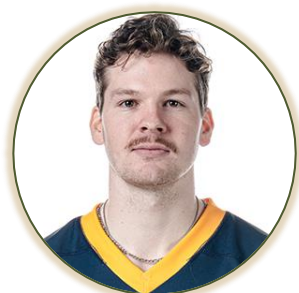






# 2023-24 PLAYER BIOS

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## 7 | RYAN LANCHBURY | 6-1 | 175 lbs. FORWARD

Shoots: Left | Burlington, Ontario | April 6, 1998 | Second-Year Pro

### DRAFTED

Originally selected by the Georgia Swarm in the first round (second overall) of the 2021 NLL Entry Draft.

### ACQUIRED

Acquired by the Rochester Knighthawks from the Georgia Swarm in exchange for a 2024 first-round pick as well as conditional first-round compensatory pick on December 7, 2023.

### CAREER HIGHLIGHTS

Enters his second season in the NLL and first with the expansion-era Knighthawks ... Scored twice and added two assists in his Knighthawks debut at Saskatchewan on 12/9/23 ... Comes to Rochester after spending his rookie season with the Georgia Swarm, recording 16 points (6+10) in 10 games in 2022-23 ... The most decorated player in history to come out of the University of Richmond, where he set school records for goals (162), assists (131) and points (293) over five seasons with the Spiders and was a two-time First Team All-Southern Conference selection ... Lanchbury, who started in 69 of his 70 career games at Richmond, recorded a point in 54 straight games, the fourth-longest point streak in the nation, on his way to becoming Richmond's all-time scoring leader ... He totaled 247 points (134+114) during that span, earning a nomination for the Tewaaraton Award as the nation's top collegiate player ... As a senior in 2021, led the team and ranked second in scoring in the Southern Conference with 67 points (28+39) while serving as team captain ... His 67 points were the third-most all-time in school history in a single season ... For his efforts, Lanchbury would be named a First Team All-Conference selection as well as the Southern Conference Player of the Year, becoming the first player in program history to earn the honors ... He was also named an Honorable Mention All-America by both Inside Lacrosse and the United States Intercollegiate Lacrosse Association ... During his sophomore season, set Richmond's single-season records with 52 goals and 72 points ... He finished the season ranked sixth nationally in goals and 14<sup>th</sup> in points en route to earning SoCon All-Tournament Team accolades ... Prior to attending Richmond, was an accomplished two-sport high school athlete in both lacrosse and hockey at Avon Old Farms preparatory school in Connecticut ... A 2017 Under Armour All-American, he set single-season records with 62 goals and 38 assists as a senior while captaining the Winged Beavers to Founders League championships in 2014, 2015 and 2017 as well as a Western New England title in 2015 ... He also won a New England Championship in hockey in 2017 ... Resume also includes two seasons of Senior 'A' ball in Major Series Lacrosse with Oakville and Brooklin, over which he's produced 102 points on 36 goals and 66 assists in 18 combined games ... Additionally, he's amassed an astounding 298 points (97+201) in 69 appearances at the Junior 'A' level with the Burlington Chiefs between 2015 and 2019.

| SEASON     | TEAM    | LEAGUE | REGULAR SEASON |   |    |     |     |    | PLAYOFFS |    |    |     |     |    |
|------------|---------|--------|----------------|---|----|-----|-----|----|----------|----|----|-----|-----|----|
|            |         |        | GP             | G | A  | PTS | PIM | LB | GP       | G  | A  | PTS | PIM | LB |
| 2022-23    | Georgia | NLL    | 10             | 6 | 10 | 16  | 0   | 32 | --       | -- | -- | --  | --  | -- |
| PRO TOTALS |         |        | 10             | 6 | 10 | 16  | 0   | 32 | --       | -- | -- | --  | --  | -- |



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# 2023-24 PLAYER BIOS

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**61 | DAN LOMAS | 5-11 | 196 lbs.**  
**FORWARD**

Shoots: Left | Burlington, Ontario | June 1, 1993 | Seventh-Year Pro

## DRAFTED

Originally selected by the previous Rochester Knighthawks franchise in the second round (16<sup>th</sup> overall) of the 2016 NLL Entry Draft.

## ACQUIRED

Acquired by the Rochester Knighthawks from the New York Riptide in exchange for a fourth-round selection (55<sup>th</sup> overall) in the 2023 NLL Entry Draft.

## CAREER HIGHLIGHTS

Enters his seventh season in the NLL and first with the expansion-era Knighthawks ... Collected an assist in his debut with the expansion-era Knighthawks in the 14-13 season-opening win over Calgary on 12/2/23 ... Returns to Rochester after totaling 76 points (44+32) and 89 loose ball recoveries in 31 games with the Riptide over the past three seasons ... His best season with the Riptide came during the condensed 2019-20 campaign when he led the team in goals (21) and finished second in points (42) in 13 games before the remainder of the season was canceled due to the COVID-19 pandemic ... Both his goals and points were career-bests while he also added 46 loose ball recoveries on the season ... Amassed 118 points (61+57) and 146 loose ball recoveries in 50 career NLL regular-season games, including 15 appearances with the previous Knighthawks franchise ... Recorded 38 points — including a career-best 23 assists as a rookie — over parts of two seasons (2017-18) with the original Knighthawks organization ... Played his collegiate lacrosse at Division I High Point University in North Carolina, where he was a three-year captain and a two-time All-Southern Conference First Team selection ... Scored a school-record 159 goals and tallied 183 points while starting 59 of 61 career games for the Panthers, surpassing the 40-point mark in all four seasons and scoring more than 40 goals in back-to-back years ... As a senior in 2016, Lomas started all 14 games while scoring at least one goal in each on his way to being named to the All-Southern Conference First Team for the second straight year. He paced the league with 38 goals, leading to his selection by the Ohio Machine 38<sup>th</sup> overall at that year's Major League Lacrosse Draft, the highest in program history ... Also named to the Tewaaraton Watch List for the second consecutive year ... Named the Southern Conference Offensive Player of the Year following a productive junior campaign which saw him lead the conference and break his own school record with 43 goals ... Also tied his own personal single-game record on two separate occasions with a pair of six-goal efforts before leading the Panthers to a conference championship over Richmond to close out the 2015 season.



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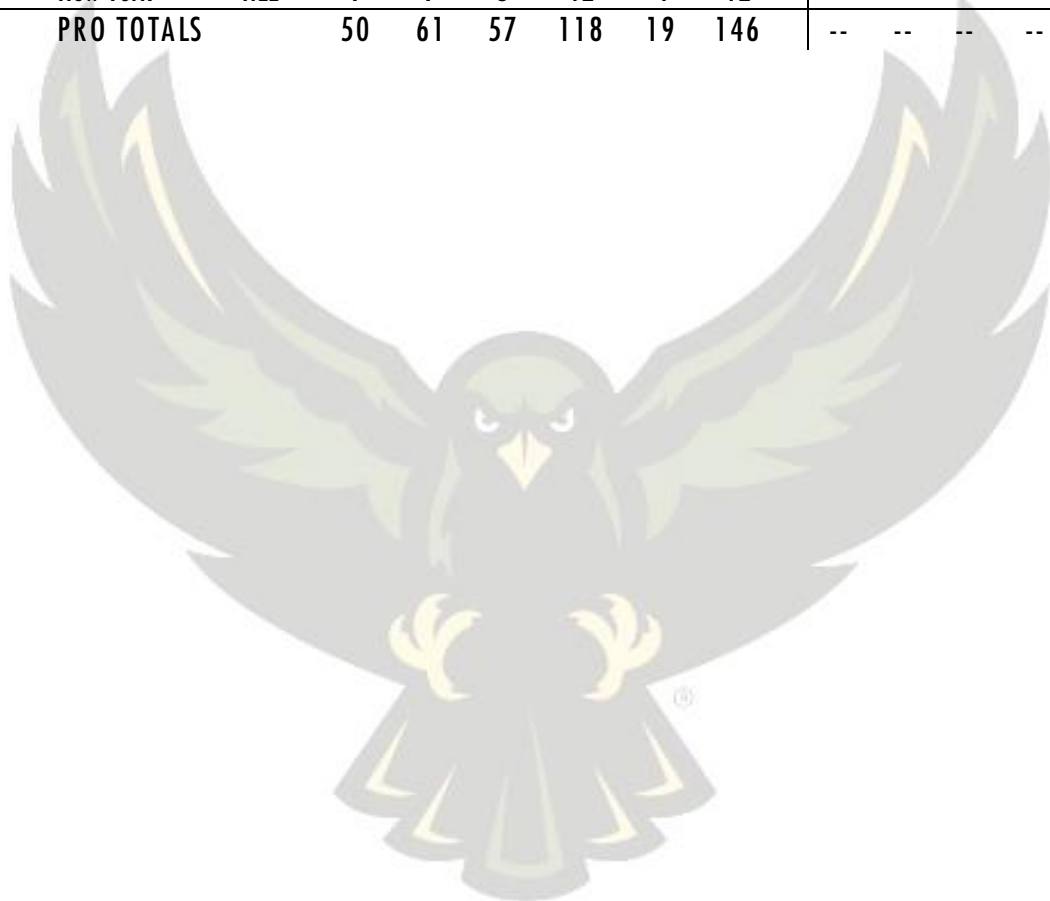


# 2023-24 PLAYER BIOS

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| SEASON     | TEAM      | LEAGUE | REGULAR SEASON |    |    |     |     |     | PLAYOFFS |    |    |     |     |    |
|------------|-----------|--------|----------------|----|----|-----|-----|-----|----------|----|----|-----|-----|----|
|            |           |        | GP             | G  | A  | PTS | PIM | LB  | GP       | G  | A  | PTS | PIM | LB |
| 2016-17    | Rochester | NLL    | 14             | 15 | 23 | 38  | 2   | 51  | --       | -- | -- | --  | --  | -- |
| 2017-18    | Rochester | NLL    | 1              | 0  | 0  | 0   | 2   | 1   | --       | -- | -- | --  | --  | -- |
| 2018-19    | Vancouver | NLL    | 4              | 2  | 2  | 4   | 0   | 5   | --       | -- | -- | --  | --  | -- |
| 2019-20    | New York  | NLL    | 13             | 21 | 21 | 42  | 11  | 46  | --       | -- | -- | --  | --  | -- |
| 2020-21    | No season | COVID  | --             | -- | -- | --  | --  | --  | --       | -- | -- | --  | --  | -- |
| 2021-22    | New York  | NLL    | 9              | 16 | 6  | 22  | 0   | 31  | --       | -- | -- | --  | --  | -- |
| 2022-23    | New York  | NLL    | 9              | 7  | 5  | 12  | 4   | 12  | --       | -- | -- | --  | --  | -- |
| PRO TOTALS |           |        | 50             | 61 | 57 | 118 | 19  | 146 | --       | -- | -- | --  | --  | -- |



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# 2023-24 PLAYER BIOS



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**2 | BEN MacDONNELL | 6-2 | 195 lbs.**  
**DEFENSE**

Shoots: Left | Oshawa, Ontario | September 11, 2002 | Rookie

## ACQUIRED

Selected by the Rochester Knighthawks in the first round of the 2023 NHL Draft. Signed a one-year contract with the Knighthawks on September 27, 2023.

Year contract with

## CAREER

Entering his first year at the University of Ontario of Applied Sciences during his college hockey career. He was a member of the Oshawa Outlaws of the American Hockey League in Major Series Lacrosse. He played lacrosse at Maxwell Heights high school and the Oshawa Outlaws of the American Hockey League (OHL) and the Oshawa Outlaws of the American Hockey League (OHL).

**INACTIVE**  
**INJURED RESERVE**

Robert Morris University during his college hockey career. He was a member of the Oshawa Outlaws of the American Hockey League in Major Series Lacrosse. He played lacrosse at Maxwell Heights high school and the Oshawa Outlaws of the American Hockey League (OHL) and the Oshawa Outlaws of the American Hockey League (OHL). In 2019, he captured a pair of titles with the Ontario Federation of School Athletic Associations (OFSAA) and the U18 National Championship.



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# 2023-24 PLAYER BIOS

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**12 | THOMASD McCONVEY | 6-4 | 210 lbs.**  
**FORWARD**

Shoots: Left | Toronto, Ontario | October 21, 2000 | Rookie

## ACQUIRED

Selected by the Rochester Knighthawks in the first round (first overall) of the 2020 NLL Entry Draft. Signed a two-year contract with the Knighthawks on July 25, 2023.

## CAREER HIGHLIGHTS

Entering his first season in the NLL and first with the expansion-era Knighthawks ... Scored his first three goals in the 16-14 win at Saskatchewan on 12/9/23 ... Recorded six shots in his professional debut against Calgary on 12/2/23 ... The recipient of the Lt. Donald MacLaughlin Jr. Award as the nation's top midfielder, was one of three University of Virginia players to be named a United States Intercollegiate Lacrosse Association (USILA) First Team All-American in 2023 ... He was also an Inside Lacrosse First Team All-American as well as a USA Lacrosse Magazine Second Team All-American selection ... The seventh player in program history to garner the honor and second under the tutelage of head coach Lars Tiffany ... Carried a 52-game point streak into his graduate season at Virginia, the longest in the nation ... Started all 17 games for the Cavaliers, scoring 28 goals and adding 24 assists for 52 points ... Named an All-ACC selection ... Prior to transferring to Virginia, played four years at the University of Vermont, where he was a three-time USILA and Inside Lacrosse All-American ... One of the most decorated players in program history, assembled one of the most dominant offensive performances as a senior in 2022, setting a program-record with 60 goals, becoming the first player in school history to score more than 50 in a season ... He also added 14 assists for a career-high 74 points while starting in all 19 games for the Catamounts, earning him America East Offensive Player of the Year and ECAC Offensive Player of the Year honors ... Just the second player in Vermont history to be tabbed the top player by America East ... Scored 12 goals in the America East championship on his way to being named the Most Outstanding Player during Vermont's run to its second straight conference championship ... In 52 career games with Vermont, totaled 174 points (127+47), finishing seventh all-time in scoring in program history ... Recorded at least one point in every game over his four-year career, including a hat trick in eight straight games during his final season ... A two-time America East All-Conference First Team selection (2021-22) and a two-time All-New England First Team selection (2021-22), McConvey was also named to the America East All-Rookie Team following a productive 32-point campaign as a freshman in 2019 ... Before attending Vermont, helped St. Michael's College School to four straight Ontario provincial championships ... A two-year team captain, he amassed 207 points over his final two seasons and was named team MVP as a senior in 2018 ... Also played three seasons of Junior 'A' ball with the Mimico Mountaineers from 2017 to 2019, during which he totaled 188 points (82+106) in 60 games ... In 2019, led the Ontario Junior Lacrosse League in goals (48) and points (105) in only 20 games ... Selected eighth overall by the Waterdogs in the 2023 PLL Collegiate Draft, recording six points (4+2) in four games during his rookie season

## INTERNATIONAL

Internationally, he captained Team Canada to a silver medal at the 2022 World Lacrosse Men's U-21 Championship in Limerick, Ireland



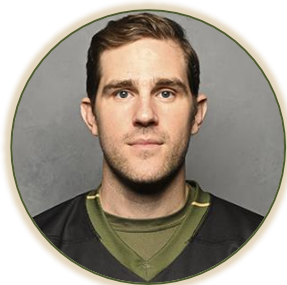
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# 2023-24 PLAYER BIOS

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## 21 | ETHAN O'CONNOR | 6-1 | 185 lbs. TRANSITION

Shoots: Right | Milton, Ontario | March 15, 1991 | Ninth-Year Pro

### DRAFTED

Originally selected by the Toronto Rock in the first round (ninth overall) of the 2013 NLL Entry Draft.

### ACQUIRED

Signed a two-year deal with the Rochester Knighthawks on August 8, 2023.

### CAREER HIGHLIGHTS

Enters his ninth season in the NLL and first with the expansion-era Knighthawks ... Scored his first goal as a Knighthawk at Saskatchewan on 12/9/23 ... Made his Knighthawks debut in the season-opening win over Calgary on 12/2/23 ... Two-time NLL champion ... Spent the previous three seasons with the Buffalo Bandits, recording 22 points (7+15) and 147 loose-ball recoveries in 50 career regular-season contests ... He also added four assists in 15 playoff contests while twice leading the Bandits to an appearance in the NLL Finals and winning his second NLL championship in 2023 ... Also a member of the Swarm's 2017 championship squad ... Played his Junior 'A' ball with the Burlington Chiefs, where he was a two-time team captain and earned First Team All-League honors in his final season ... Played four seasons of collegiate lacrosse at Hobart College, scoring one goal and adding five assists for six points in 50 games for the Statesmen ... A three-time ECAC All-Academic Team selection, he was the recipient of the Van Arsdale Award following his senior season in recognition of his superior leadership and determination.

### REGULAR SEASON

### PLAYOFFS

| SEASON     | TEAM                | LEAGUE       | GP  | G  | A  | PTS | PIM | LB  | GP | G  | A  | PTS | PIM | LB |
|------------|---------------------|--------------|-----|----|----|-----|-----|-----|----|----|----|-----|-----|----|
| 2013-14    | Toronto             | NLL          | 17  | 5  | 4  | 9   | 26  | 133 | 1  | 0  | 0  | 0   | 2   | 4  |
| 2014-15    | Minnesota           | NLL          | 18  | 3  | 7  | 10  | 8   | 98  | -- | -- | -- | --  | --  | -- |
| 2015-16    | Georgia             | NLL          | 18  | 2  | 9  | 11  | 32  | 105 | 1  | 0  | 1  | 1   | 0   | 7  |
| 2016-17    | Georgia             | NLL          | 18  | 4  | 6  | 10  | 15  | 93  | 4  | 0  | 3  | 3   | 2   | 25 |
| 2017-18    | Georgia             | NLL          | 14  | 0  | 3  | 3   | 8   | 29  | 1  | 0  | 0  | 0   | 0   | 3  |
| 2018-19    | Buffalo             | NLL          | 18  | 6  | 7  | 13  | 4   | 35  | 3  | 0  | 1  | 1   | 2   | 10 |
| 2019-20    | <i>Did Not Play</i> |              | --  | -- | -- | --  | --  | --  | -- | -- | -- | --  | --  | -- |
| 2020-21    | <i>No season</i>    | <i>COVID</i> | --  | -- | -- | --  | --  | --  | -- | -- | -- | --  | --  | -- |
| 2021-22    | Buffalo             | NLL          | 16  | 1  | 4  | 5   | 8   | 67  | 6  | 0  | 2  | 2   | 0   | 17 |
| 2022-23    | Buffalo             | NLL          | 16  | 0  | 4  | 4   | 6   | 45  | 6  | 0  | 1  | 1   | 2   | 12 |
| PRO TOTALS |                     |              | 135 | 21 | 44 | 65  | 107 | 605 | 22 | 0  | 8  | 8   | 8   | 78 |



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# 2023-24 PLAYER BIOS

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## 8 | MITCH OGILVIE | 5-9 | 200 lbs. DEFENSE

Shoots: Left | Peterborough, Ontario | June 25, 1995 | Third-Year Pro

### ACQUIRED

Re-signed a two-year contract with the Rochester Knighthawks on August 29, 2023. Selected by the Rochester Knighthawks in the fourth round (54<sup>th</sup> overall) of the 2020 NLL Entry Draft

### CAREER HIGHLIGHTS

Entering his third season in the NLL and third with the expansion-era Knighthawks ... Finished with two goals while appearing in eight games during the 2021-22 campaign ... Scored his first pro goal at Halifax on 4/01 ... Made his pro debut at Albany on 12/18 ... Combined for an 18-point season with his hometown Peterborough Lakers of the Ontario Junior Lacrosse League (OJALL) in 2019, including a career-high eight goals ... Spanning over three seasons from 2017-19 with Peterborough, Ogilvie collected 51 points (15+36) over 56 games.

| SEASON     | TEAM      | LEAGUE | REGULAR SEASON |   |   |     |     |     | PLAYOFFS |    |    |     |     |    |
|------------|-----------|--------|----------------|---|---|-----|-----|-----|----------|----|----|-----|-----|----|
|            |           |        | GP             | G | A | PTS | PIM | LB  | GP       | G  | A  | PTS | PIM | LB |
| 2021-22    | Rochester | NLL    | 8              | 2 | 0 | 2   | 4   | 40  | --       | -- | -- | --  | --  | -- |
| 2022-23    | Rochester | NLL    | 18             | 1 | 7 | 8   | 4   | 116 | 1        | 0  | 0  | 0   | 0   | 6  |
| PRO TOTALS |           |        | 26             | 3 | 7 | 10  | 8   | 156 | 1        | 0  | 0  | 0   | 0   | 6  |



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# 2023-24 PLAYER BIOS

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**33 | JOE POST | 6-0 | 200 lbs.**

**TRANSITION/FACE-OFF SPECIALIST**

Shoots: Right | Canandaigua, New York | December 20, 1998 | Second-Year Pro

## ACQUIRED

Re-signed a two-year contract with the Rochester Knighthawks on August 9, 2023. Inked a one-year contract with the Knighthawks as an undrafted free agent on March 6, 2023.

## CAREER HIGHLIGHTS

Enters his second season in the NLL and second with the expansion-era Knighthawks ... Set the single-game franchise record with 24 face-off wins in the 16-14 win at Saskatchewan on 12/9/23 ... Made his professional debut at Georgia on 3/12/23, winning 13-of-37 face-off attempts while adding six loose ball recoveries in Rochester's 19-18 win ... One of the most decorated players to come out of Division III St. John Fisher University in Rochester, where he was a two-time USILA All-America First Team selection and holds NCAA Division III all-time records for career face-off wins (1,250) and groundball recoveries (854) ... A four-time Empire 8 All-Conference honoree, he also owns the distinction of becoming just the second player in program history to be crowned Empire 8 Conference Player of the Year ... In 78 career games with the Cardinals, Post scored 17 goals and added 10 assists for 27 points. He also won 1,250-of-1,755 face-off attempts, good for a .704 winning percentage ... Won more than 200 face-offs in four of his five seasons and topped the 300-mark twice, including 336 during his sophomore campaign, while helping Fisher to three straight NCAA National Championship tournament appearances ... As a graduate student in 2022, tied career-highs in goals (5) and points (7) while dominating inside the face-off circle, winning 313-of-433 face-offs for a career-best .723 winning percentage, which ranked seventh in the country ... Finished the season ranked second nationally with 237 ground balls, becoming the first player in D-III history to surpass the career 800-mark, on his way to earning USA Lacrosse Magazine and USILA All-America First Team honors for the second straight year ... Earned more than 20 face-off wins on four occasions during the season, including going 24-for-30 while recording two points (1+1) in the 30-11 win over Nazareth in the Empire 8 Championship game on May 7, 2022 ... Helped the Cardinals finish the season with a 16-3 record, leading to his selection as USILA's Co-Faceoff Specialist of the Year and Empire 8 Conference Player of the Year ... During his senior season, set career-highs in goals (5) and points (7) while winning 267-of-378 face-off attempts ... For his efforts, he was named a USILA All-America First Team and USA Lacrosse Magazine All-America Third Team selection in addition to being named to the Empire 8 All-Conference First Team and All-Tournament Team ... As a sophomore, was named to the Empire 8 All-Conference First Team after setting the program's all-time single-season record with 244 ground balls leading Empire 8 with 336 face-off wins with a .707 winning percentage ... Emerged as Fisher's primary face-off specialist as a freshman in 2019 when he led the conference in face-off wins (236) and ground balls (143) en route to earning Empire 8 All-Conference Second Team honors ... Prior to joining Fisher, was an accomplished three-sport athlete in hockey, lacrosse and football at Canandaigua Academy ... Named Canandaigua's Male Athlete of the Year in 2017 and garnered All-Greater Rochester accolades for all three sports as a senior ... Was also a two-time All-Monroe County Division II selection, including a First Team nod as a senior.



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# 2023-24 PLAYER BIOS



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| SEASON     | TEAM      | LEAGUE | REGULAR SEASON |   |   |     |     |    | PLAYOFFS |   |   |     |     |    |
|------------|-----------|--------|----------------|---|---|-----|-----|----|----------|---|---|-----|-----|----|
|            |           |        | GP             | G | A | PTS | PIM | LB | GP       | G | A | PTS | PIM | LB |
| 2022-23    | Rochester | NLL    | 5              | 0 | 0 | 0   | 0   | 28 | 1        | 0 | 0 | 0   | 0   | 6  |
| PRO TOTALS |           |        | 5              | 0 | 0 | 0   | 0   | 28 | 1        | 0 | 0 | 0   | 0   | 6  |



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**17 | RYLAND REES | 6-2 | 195 lbs.**  
**TRANSITION**

Shoots: Right | Port Coquitlam, British Columbia | June 7, 1997  
Fourth-Year Pro

## ALTERNATE CAPTAIN

### ACQUIRED

Selected by the Rochester Knighthawks in the first round (second overall) of the 2019 NLL Entry Draft. Re-signed a two-year contract with the Knighthawks on September 1, 2022.

### CAREER HIGHLIGHTS

Entering his fourth season in the NLL and fourth with the expansion-era Knighthawks ... Name the team's Defensive MVP for the third straight year in 2022-23 ... Led all Knighthawks defensive players with a career-high 11 goals and 15 points while being one of four players to appear in all 18 games last season for Rochester ... He also finished eighth among all NLL transition players with a team-best 118 loose ball recoveries on his way to earning team Defensive Player of the Year honors for the second straight year ... Matched his career-high with his fourth goal of the season in just five games at Philadelphia on 1/22 ... Played last three summers (2020-2022) in the Premier Lacrosse League (PLL) with the Waterdogs Lacrosse Club, winning a PLL Championship in 2022 ... With the Waterdogs in 2021, Rees appeared in nine games and picked up 30 ground balls with seven caused turnovers and three two-point goals ... In the quarterfinal game against the Whipsnakes Lacrosse Club, Rees had two caused turnovers and four groundballs with one penalty ... In the summer of 2020, Rees appeared in five games with the Waterdogs in their inaugural season, collecting four points and 16 ground balls ... In his first season with the Knighthawks in 2019-20, Rees recorded 11 points on four goals, seven assists and a team-high 75 loose ball recoveries while being one of just four rookies to appear in all 12 games with Rochester during their inaugural season ... Tied for 10<sup>th</sup> in scoring among all NLL rookies and second behind only teammate Corey Highfield for most points among all first-year transition players ... Earned All-Rookie Team Honors for the 2019-20 season ... Named Rochester's Defensive Player of the Year in their inaugural season ... In the summer of 2019, he played for the Burnaby Lakers of the Western Lacrosse Association (WLA) ... In 2019, he also played professional field lacrosse with the Boston Cannons of Major League Lacrosse (MLL) ... Named to the 2019 MLL All-Star team ... Was selected by the Boston Cannons of the 2019 MLL Entry Draft with the 27th overall pick ... Played his college lacrosse at Stony Brook University ... The two-time team captain was the 2019 America East Defensive Player of the Year and a First Team All-Conference selection in both 2018 and 2019 ... As a senior, he led the Seawolves in both ground balls (40) and caused turnovers (16) ... In 2018, he was also named to the America East All-Championship Team ... Led the team in ground balls (45) and caused turnovers (24) ... During his sophomore campaign, he played in and started 10 games ... Named to the All-America East First Team ... Finished the year with a team-best 44 ground balls and 11 caused turnovers. ... In 2016, he appeared in all 16 games, starting as a long-stick midfielder ... Recorded 45 ground balls and 15 caused turnovers en route to America East All-Rookie Team honors ... Had an outstanding Junior "A" career with Port Coquitlam, where he played from 2014-18 ... In his final season of junior ball, he was traded to Coquitlam and helped the Adanacs win the 2018 Minto Cup ... Internationally, he played for Team Canada at 2018 World Field Lacrosse Championship and won a silver medal ... He also won silver with Team Canada at the 2016 U19 World Field Lacrosse Championship ... Before college, he was a 2015 graduate of Terry



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# 2023-24 PLAYER BIOS



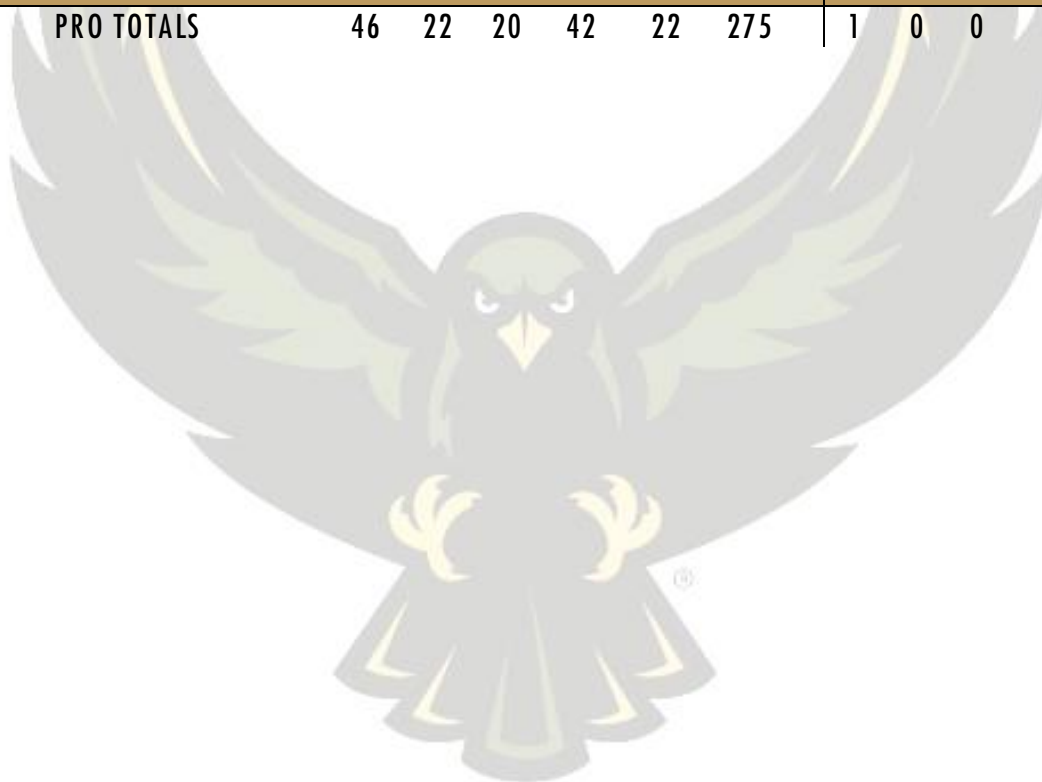
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Fox Secondary ... Youngest member of U19 Team British Columbia ... Adrenaline All-American ... Earned school's Award of Distinction ... One of 63 players invited to U19 Team Canada camp ... U16 and U19 Tournament All-Star Team.

## PERSONAL

His uncle, Jordan Gagner, played in the Canadian Football League ... Grandfather, Ronald Hemmerling, is in the BC Lacrosse Hall of Fame

| SEASON     | TEAM      | LEAGUE | REGULAR SEASON |    |    |     |     |     | PLAYOFFS |    |    |     |     |    |
|------------|-----------|--------|----------------|----|----|-----|-----|-----|----------|----|----|-----|-----|----|
|            |           |        | GP             | G  | A  | PTS | PIM | LB  | GP       | G  | A  | PTS | PIM | LB |
| 2019-20    | Rochester | NLL    | 12             | 4  | 7  | 11  | 0   | 75  | --       | -- | -- | --  | --  | -- |
| 2021-22    | Rochester | NLL    | 18             | 11 | 4  | 15  | 14  | 118 | --       | -- | -- | --  | --  | -- |
| 2022-23    | Rochester | NLL    | 16             | 7  | 9  | 16  | 8   | 82  | 1        | 0  | 0  | 0   | 2   | 2  |
| PRO TOTALS |           |        | 46             | 22 | 20 | 42  | 22  | 275 | 1        | 0  | 0  | 0   | 2   | 2  |



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# 2023-24 PLAYER BIOS

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**36 | DYLAN SPRENTZ | 6-1 | 190 lbs.**  
**GOALTENDER**

Shoots: Right | Hamilton, Ontario | April 7, 1997 | Rookie

## DRAFTED

Undrafted

## ACQUIRE

Signed a one-year

## CAREER HISTORY

Entering his first season with the Rock Knighthawks ... Compiled a 23-11 record with 194 saves and a .765 goals-against average in 2022-23 ... Career between the Burlington Chiefs and Hamilton Bengals from 2015-2019 ... He also made 96 appearances ... In two seasons with the Six Nations Snipers of the Arena Lacrosse League, recorded a 7-4 mark in 20 games to go with a 12.73 goals-against average from 2020-2022 ... Played in three games with the Hamilton Bengals in Junior "B", showing a 1-0 record and 4.00 goals-against average and a .911 save percentage in 2019.

**INACTIVE**  
**PRACTICE SQUAD**



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# 2023-24 PLAYER BIOS

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**43 | RYAN SMITH | 6-2 | 220 lbs.**  
**FORWARD**

Shoots: Right | Burlington, Ontario | December 23, 1997 | Third-Year Pro

## ACQUIRED

Signed a two-year contract with the Knighthawks on June 2, 2021. Selected by the Rochester Knighthawks in the first round (third overall) of the 2020 NLL Entry Draft.

## CAREER HIGHLIGHTS

Enters his third season in the NLL and third with the expansion-era Knighthawks ... Opened the 2023-24 campaign with back-to-back six-point performances, including a hat trick in each ... Finished the 2022-23 season second on the team in scoring with 75 points on 33 goals and 42 assists ... Reached the 30-goal mark for the second straight year ... Tied the single-game franchise record for shots with 16 at Philadelphia on 4/2/23 ... Recorded his 100<sup>th</sup> pro point as part of a three-point effort against Halifax on 2/11/23 ... Scored a career-high five goals, becoming the third player in franchise history to do so, and added four assists to match a career-best nine points in the 15-12 win over Buffalo on 1/20/23 ... Finished second among NLL rookies in goals (35) and third in points (59) while also leading all first-year players with a franchise record eight power-play goals ... He ranked third among rookies in power-play scoring with 15 points ... Named to the NLL All-Rookie Team for the 2021-22 season ... Scored four times and added an assist in the 15-7 win over Calgary on 4/22/22 ... Recorded his sixth hat trick of the season along with a team-high 16 shots on goal against Toronto on 4/09/22 ... Had four points (2+2) and a team-high 12 loose ball recoveries against New York on 3/12/22 ... Named the NLL Rookie of the Week for the second time this season after recording a season-high nine points, including his first four-goal game, in the 17-16 overtime loss at Georgia on 3/04/22 ... Notched his second hat trick of the season and added an assist in the 15-13 win over Albany on 2/12/22 ... Recorded his first career hat trick and added two assists in the 16-7 win at Albany on 12/18/21 ... Made his professional debut at New York on 12/04/21 ... The most decorated player in history to come out of Robert Morris University ... As a fifth-year graduate student in 2021, set career-highs with 48 goals and 71 points, while also establishing single-season records for points (71), points-per-game (5.46) and goals-per-game (3.69) ... Recorded hat tricks in 11 of his 13 appearances and registered multiple-assist outings on seven different occasions ... Finished the season ranked second nationally in goals-per-game and fourth in points-per-game en route to earning All-America Honorable Mention accolades from USILA, Inside Lacrosse, US Lacrosse Magazine and College Crosse ... Over his illustrious five seasons with the Colonials, Smith, who was on the Tewaaraton Award Watch List for much of the season, scored 142 goals and totaled 217 points in 69 career games, all of which are most in program history ... Ranks second all-time in career points-per-game (3.14) and games started (59) and third in goals-per-game (2.06) and assists (75) ... Three-time All-Northeast Conference selection and remains the only player in RMU history to win NEC Rookie of the Year honors ... During his senior campaign in 2020, Smith posted a team-leading 28 points (17+11) while appearing in all six games prior to the cancellation of the season due to the COVID-19 pandemic ... In the 2020 season opener, Smith broke the RMU single-game record for points (10) and tied it for goals (8) in the 22-10 win at Canisius ... For his efforts, he was named a 2020 USILA Scholar All-America ... Between 2018 and 2019, Smith totaled 90 points (57+33) while starting in 35 of 36 games over that span and earning back-to-back All-NEC Second Team honors ... Finished his junior season with 10 hat tricks and ranked fifth in the NEC in goals-per-game (2.35) and points-per-game (3.53) while ranking third overall in team scoring ... One of



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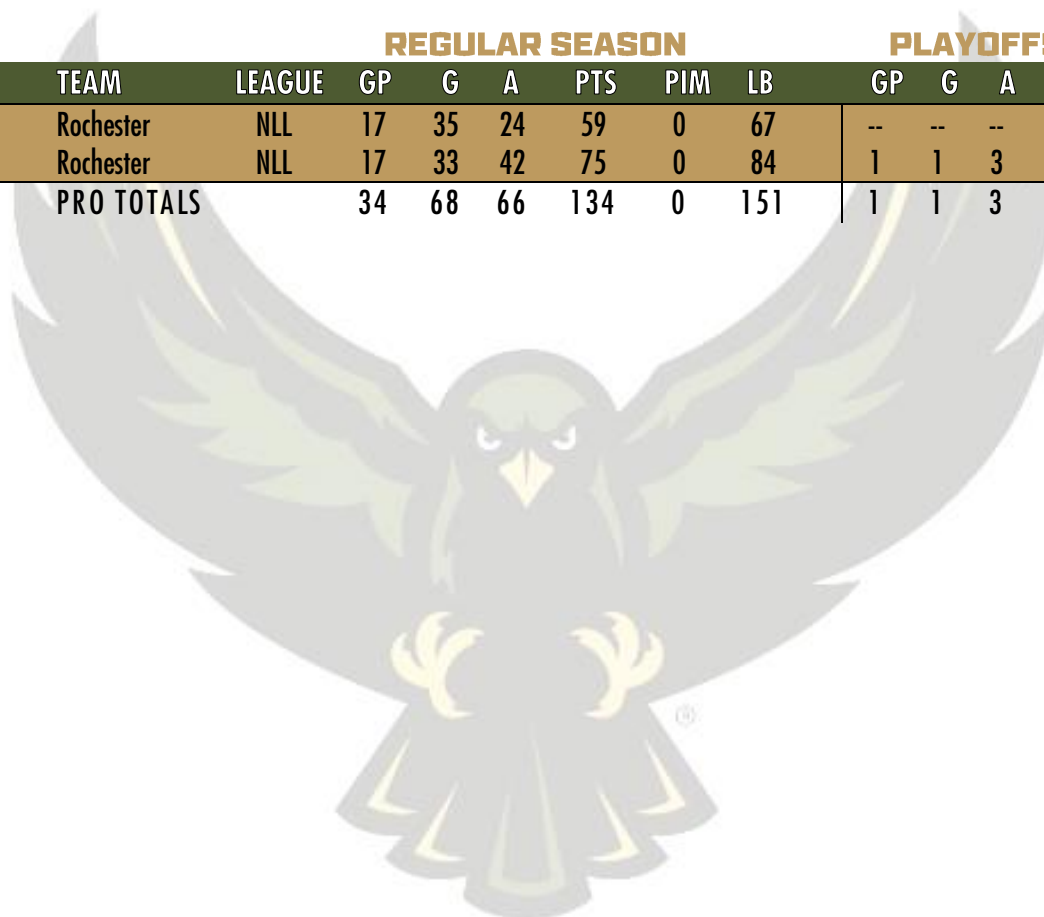
# 2023-24 PLAYER BIOS

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his most impressive seasons came in 2017 as a freshman after leading all RMU rookies in scoring and ranking third on the team in goals (20) and fourth in points (28) ... Smith would later be named the NEC Rookie of the Year, becoming just the first player in program history to win the award, while also earning a selection to the NEC All-Rookie Team that year ... In 2019, Smith also saw action in 18 games for the Oakville Rock of Major Series Lacrosse, recording 49 points with 22 goals and 27 assists, including two game-winning goals and four power-play goals ... Drafted by the Chaos Lacrosse Club in the fourth round (30<sup>th</sup> overall) of the 2021 Premier Lacrosse League College Draft ... During his rookie season, scored seven goals with two assists in five games before scoring a two-point goal in three playoff contests to lead Chaos to its first PLL championship

| SEASON     | TEAM      | LEAGUE | REGULAR SEASON |    |    |     |     |     | PLAYOFFS |    |    |     |     |    |
|------------|-----------|--------|----------------|----|----|-----|-----|-----|----------|----|----|-----|-----|----|
|            |           |        | GP             | G  | A  | PTS | PIM | LB  | GP       | G  | A  | PTS | PIM | LB |
| 2021-22    | Rochester | NLL    | 17             | 35 | 24 | 59  | 0   | 67  | --       | -- | -- | --  | --  | -- |
| 2022-23    | Rochester | NLL    | 17             | 33 | 42 | 75  | 0   | 84  | 1        | 1  | 3  | 4   | 0   | 1  |
| PRO TOTALS |           |        | 34             | 68 | 66 | 134 | 0   | 151 | 1        | 1  | 3  | 4   | 0   | 1  |



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# 2023-24 PLAYER BIOS

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**42 | KYLE WATERS | 6-4 | 236 lbs.**

**FORWARD**

Shoots: Right | Orangeville, Ontario | March 27, 1999 | Third-Year Pro

## DRAFTED

Originally selected by the Calgary Roughnecks in the first round (sixth overall) of the 2021 NLL Entry Draft.

## ACQUIRED

Acquired by the Rochester Knighthawks along with the 16<sup>th</sup> and 35<sup>th</sup> overalls picks in the 2023 NLL Entry Draft from the Calgary Roughnecks in exchange for Thomas Hoggarth and Thomas Vela. Signed a two-year contract with the Knighthawks on September 21, 2023.

## CAREER HIGHLIGHTS

Enters his third season in the NLL and first with the expansion-era Knighthawks ... Recorded four points (1+3) in his Knighthawks debut in the season-opening win against his former team on 12/2/23 ... Completed his second pro season with the Calgary Roughnecks in 2022-23, recording 25 points on eight goals and 17 assists while appearing in all but two games ... He also added 14 loose ball recoveries and 48 shots on goal ... In 28 career NLL games, all with Calgary, has totaled 42 points (15+27) and 37 loose balls ... Prior to turning pro played two years of collegiate lacrosse at the University of Detroit Mercy, where he notched 16 points (5+11) in five games for the Titans ... Led the team with five goals and finished second in assists and points before the remainder of the season was canceled due to the COVID-19 pandemic ... In his collegiate debut, he scored five goals, including the game-winner, and added six assists in the 15-14 win over Jacksonville ... The five goals were the most scored by a Titan in his collegiate debut, earning him MAAC Rookie and Offensive Player of the Week honors ... Also a two-time MAAC Honor Roll selection and named to the 2020 MAAC All-Academic Team ... Two-time Founders Cup champion, having guided his hometown Orangeville Northmen to Junior 'B' titles in 2016 and again in 2018 ... In 80 career games with Orangeville over the course of seven seasons, he totaled 221 points (111+110) while also adding 155 points (77+78) in 56 postseason appearances ... Concluded his junior career by winning a Minto Cup in 2019 after scoring 42 goals for the second straight year and amassing 97 points in 20 games for Orangeville.

| SEASON     | TEAM    | LEAGUE | REGULAR SEASON |    |    |     |     |    | PLAYOFFS |    |    |     |     |    |
|------------|---------|--------|----------------|----|----|-----|-----|----|----------|----|----|-----|-----|----|
|            |         |        | GP             | G  | A  | PTS | PIM | LB | GP       | G  | A  | PTS | PIM | LB |
| 2021-22    | Calgary | NLL    | 12             | 7  | 10 | 17  | 2   | 23 | --       | -- | -- | --  | --  | -- |
| 2022-23    | Calgary | NLL    | 16             | 8  | 17 | 25  | 2   | 14 | 4        | 1  | 4  | 5   | 0   | 6  |
| PRO TOTALS |         |        | 28             | 15 | 27 | 42  | 4   | 37 | 4        | 1  | 4  | 5   | 0   | 6  |



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# 2023-24 PLAYER BIOS

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## 3 | THOMAS WHITTY | 6-1 | 185 lbs. TRANSITION

Shoots: Left | St. Catharines, Ontario | January 23, 1999 | Fourth-Year Pro

### ACQUIRED

Re-signed a two-year contract with the Knighthawks on September 16, 2022. Re-signed a one-year contract for the 2021-22 season with Rochester on July 12, 2021. Signed a two-year deal with the Knighthawks on September 24, 2019. Selected by the Knighthawks in the third round (35<sup>th</sup> overall) of the 2019 NLL Entry Draft.

### CAREER HIGHLIGHTS

Entering his fourth season in the NLL and fourth with the expansion-era Knighthawks ... Missed the entire 2022-23 season due to injury ... Posted one goal and seven assists for eight points in 28 career games during his first two seasons with the Knighthawks ... Recorded two assists in the 15-7 win over Calgary on 4/22 ... In his rookie season in 2019-20, Whitty registered five points (1+4) while being one of only three transition players to appear in all 12 games during Knighthawks inaugural season ... Led all Knighthawks first-year players with 12 penalty minutes while making 52 loose ball recoveries ... Declared early for the NLL Draft ... In his fourth season with the St. Catharines Athletics in 2019, posting career-highs in assists (10) and points (11) while appearing in all 20 games ... In 74 career games with St. Catharines, he amassed 26 points (5+21), including a career-best four goals during the 2017 season ... Played in the Canadian University Field Lacrosse Association (CUFLA) with the University of Guelph.

### REGULAR SEASON

### PLAYOFFS

| SEASON     | TEAM                | LEAGUE | GP | G  | A  | PTS | PIM | LB  | GP | G  | A  | PTS | PIM | LB |
|------------|---------------------|--------|----|----|----|-----|-----|-----|----|----|----|-----|-----|----|
| 2019-20    | Rochester           | NLL    | 12 | 1  | 4  | 5   | 12  | 54  | -- | -- | -- | --  | --  | -- |
| 2021-22    | Rochester           | NLL    | 16 | 0  | 3  | 3   | 17  | 84  | -- | -- | -- | --  | --  | -- |
| 2022-23    | <i>Did Not Play</i> |        | -- | -- | -- | --  | --  | --  | -- | -- | -- | --  | --  | -- |
| PRO TOTALS |                     |        | 28 | 1  | 7  | 8   | 29  | 138 | -- | -- | -- | --  | --  | -- |



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