

## Town Programs

The following programs are active lacrosse programs in the area that are proud supporters of the Rochester Knighthawks.

**Victor Lacrosse** – Town team of Victor NY

- <https://www.leaguelineup.com/welcome.asp?url=victoryouthlacrosse>

**Webster Lacrosse** – Town team of Webster NY

- <http://websterlacrosseclub.org/>

**Irondequoit Lacrosse** – Town team of Irondequoit NY

- <http://irondequoitlacrosse.com/Default.asp?org=IRONDEQUOITLACROSSE.COM>

**Fairport Lacrosse** – Town team of Fairport NY

- <http://fairportyouthlacrosse.org/Default.asp?org=M.W.FAIRPORTYOUTHLACROSSE.ORG>

**Penfield Lacrosse** – Town team of Penfield NY

- <http://penfielddyouthlacrosse.com/>

**Hilton Lacrosse** – Town team of Hilton NY

- <http://www.hiltonlacrosse.org/site/ClientSite/schedule>

**Spencerport Lacrosse** – Town team of Spencerport NY

- <http://spencerportyouthlacrosse.org/>

**Brighton Lacrosse** – Town team of Brighton NY

- <http://brightonlax.com/>

**Pittsford Lacrosse** – Town Team of Brighton NY

- <http://pittsfordlacrosse.org/>

**Penn Yan Lacrosse** – Town Team of Penn Yan NY

- <https://www.pylax.com/>

**Geneva Lacrosse** – Town Team of Geneva NY

- <http://www.genevayouthlacrosse.com/home.html>

**Canandaigua Lacrosse** – Town team of Canandaigua NY

- <https://www.calacrosse.org/home>

**Bloomfield Honeyoe Lacrosse**

- <https://www.leaguelineup.com/welcome.asp?url=bhylc>

**Rush Henrietta Lacrosse**

- <http://www.rhlax.com/>

**Churchville Chili Lacrosse**

- <https://www.leaguelineup.com/welcome.asp?url=cclax>

**Bath Youth Lacrosse**

- <http://www.bathlacrosse.org/teams/?u=brl&s=lacrosse>

**Club Programs**

**Sweetlax Lacrosse club** – Pittsford NY

- <http://www.sweetlaxlacrosse.com/upstate/teams/>

**Roots Box Lacrosse**

- <https://www.rootsboxlacrosse.com/>

**3D Lacrosse** – Henrietta NY

- <https://3dlacrosse.com/select/find-your-3d-market/upstate/3d-upstate-youth-boys-summer-2019-program>

**Harvest Lacrosse** – Webster NY

- <http://www.harvestlacrosse.com/>

**FCA Lacrosse** – University Ave

- <http://nefcax.org/>

**Grizzly Lax** – Rochester NY

- <http://grizzlylacrosse.com/>

**Rhino Lacrosse** – Manlius NY

- <https://www.rhinolacrosse.com/>

## **Girls Club Teams**

**Orange Crush Lacrosse** – Boys and Girls – Syracuse NY

- <http://www.orange crushlax.com/site/>

**Relentless Hustles** – Pittsford NY

- <https://www.relentlesshustle.org/>

**Monster Lacrosse** – Rochester NY

- <https://www.monsterelitelax.com/home>

**Common Goal Lacrosse** – Webster NY

- <http://cglax.org/Default.asp?org=DGGXMEYCXFWYWGY.CGLAX.ORG>

## **TRYLAX Clinics with US lacrosse**

<https://www.uslacrosse.org/programs/trylax>

## **US LACROSSE**

<https://www.uslacrosse.org/>

## **Rochester Chapter of US Lacrosse**

Rochester Chapter president – Al Mcliverty

Become a member -

Website - <http://www.uslacrossechapters.org/greaterrochester/Home.aspx>

## **US Box Lacrosse**

<https://www.usboxla.com/>

events - <https://www.usboxla.com/usboxla-events>

leagues - <https://www.usboxla.com/youth-leagues>

find a club near you - <https://www.usboxla.com/clubs>

## **Section V Lacrosse**

There are 35 high school boys lacrosse teams in section V for the 2020 season, and 30 girls teams.

<https://sportsfive.net/>

### **College Lacrosse**

RIT - <https://ritathletics.com/sports/mens-lacrosse>

Nazareth - <https://nazathletics.com/sports/mens-lacrosse/schedule/2019>

St. John Fisher - <https://athletics.sjfc.edu/sports/mens-lacrosse>

SUNY Geneseo - <https://www.geneseoknights.com/sports/mlax/index>

SUNY Brockport - <https://www.geneseoknights.com/sports/mlax/index>

GCC - <https://geneseethletics.com/sports/mlax/index>

MCC - <http://www.mcctribunes.com/sports/mlax/index>